

Hezekiah: the Lord is My Strength

Lesson 5 : I Am the God Who Heals

Welcome and Opening Prayer

Review Lessons 1-4. If you have time, share any notes from Lesson 4. If anyone wrote a prayer and brought it, pray the prayer together. Or, if you wish, pray the sample prayer together.

Introduce Lesson 5: Jesus healed many people during his ministry on the earth. In the Old Testament times, people were healed by God, too, at different times and in different ways. Yahweh has always been a God of healing. In Exodus 15:26, God told Moses, “I am the Lord who heals you!” Many times, the healing occurred in the presence of a prophet... Moses, Elijah, Elisha, Isaiah, Samuel, and so on. In this lesson, Hezekiah falls deathly ill. What would you do if you were in this situation? Let’s see what Hezekiah did!

Play Video 5: (12:26) Also, extra videos listed on the web page.

Discussion Questions:

1. Hezekiah's healing shows us that our prayers can change God's mind. How does this turn of events encourage you?
2. Why do you think Hezekiah wished for a sign to validate the prophecy for his physical healing?
3. Take time as a group to read Hezekiah’s song out loud. After reading the song, what new things do we know about King Hezekiah? (Isaiah 38:9-20) What was King Hezekiah most concerned about? Why is it important that each generation write new songs?
4. In the song, Hezekiah says he was also healed of a bitter soul, and his sins were forgiven. What sins might those have been? (Jesus healed the soul and the body, too!)
5. Read the page in the Hebrew Words book on “Remember.” How does this Hebrew word have more meaning than our word remember in English?(In Hebrew, to zakar (זָכַר), to remember, is not merely a head activity but a body activity. Remembrance is an action, a doing, not just a recollection of something we've forgotten.)
6. God blessed Hezekiah with physical healing, and another miracle, a sign in the heavenlies. Have you ever experienced a miracle? Tell what happened.
7. What is a miracle you would like to see happen for our nation?

Closure: Often times we do need to cry out to God to, “Undertake for me...” Think of something in your life you need to ask God to undertake for you! Cry out, as Hezekiah did, Undertake for me! Spend a silent moment to write your prayer down. Then, switch prayers with another group member and promise to pray for each other this week! Close with a prayer for our nation, crying out to Yahweh to “undertake” for us, and heal our nation, bringing us Godly leaders and revival across the land.

Scriptures for Homework: 2 Kings 20, Isaiah 38.

also: Exodus 15:26, Isaiah 8:7-8, Psalm 32:6-7, Isaiah 43:2, 2 Chronicles 32: 20-23

Hezekiah's Song

9 This is the writing of Hezekiah king of Judah, when he had been sick and had recovered from his sickness:

10

I said,
“In the prime of my life
I shall go to the gates of Sheol;
I am deprived of the remainder of my years.”

11

I said,
“I shall not see ^[b]YAH,
The LORD in the land of the living;
I shall observe man no more ^[c]among the inhabitants of ^[d]the world.

12

My life span is gone,
Taken from me like a shepherd's tent;
I have cut off my life like a weaver.
He cuts me off from the loom;
From day until night You make an end of me.

13

I have considered until morning—
Like a lion,
So He breaks all my bones;
From day until night You make an end of me.

14

Like a crane *or* a swallow, so I chattered;
I mourned like a dove;
My eyes fail *from looking* upward.
O ^[e]LORD, I am oppressed;
^[f]Undertake for me!

15 (After Hezekiah hears he is going to be healed)

“What shall I say?

^[g]He has both spoken to me,

And He Himself has done *it*.

I shall walk carefully all my years

In the bitterness of my soul. (Hezekiah admits he had become bitter)

16

O Lord, by these *things men* live;

And in all these *things is* the life of my spirit;

So You will restore me and make me live.

17

Indeed *it was* for *my own* peace

That I had great bitterness;

But You have lovingly *delivered* my soul from the pit of corruption,

For You have cast all my sins behind Your back. (sins of bitterness, pride)

18

For Sheol cannot thank You,

Death cannot praise You;

Those who go down to the pit cannot hope for Your truth.

19

The living, the living man, he shall praise You,

As I *do* this day;

The father shall make known Your truth to the children.

20

“The LORD *was ready* to save me;

Therefore we will sing my songs with stringed instruments

All the days of our life, in the house of the LORD.”