

Wheaton Warrenville South High School

Cross Country

2018

Practice Schedule

Week #11

October 15th to October 20th

[Full Season Calendar](#)

[Wheaton Weather](#)

Monday, October 15th

Location - [WWS Back Circle](#)

2:30-4:30 PM - Practice

6:00-7:30 - [Pasta Dinner/Senior Recognition](#) - [Naperville Running Company](#), Naperville, IL

Tuesday, October 16th

Palatine "Last Chance" Invitational - [Meet Information](#)

State Team - Location - [WWS Back Circle](#)

TBA - Practice

Wednesday, October 17th

Location - [Blackwell Forest Preserve](#)

18th Annual "Run the Hill" Day

2:45-5:15 - Practice

The Tiger XC team will be hosting the 18th Annual Run the Hill day on Wednesday, October 17th. This is expected for anyone who is not on the State Team. We will have a school bus to transport the team **TO** Blackwell. Any girl who drives to school may drive to Blackwell with permission of Coach Harvey. Those girls may **ONLY** transport themselves. **ALL** other team members must ride the school bus. You are expected to participate unless you are injured. Everyone is expected to attend. The team will have 30 minutes to run as many hills as they can. **Pick up from Blackwell will be at 5:15. This is the last day of cross country for everyone except the state team.**

Thursday, October 18th

Location - [WWS Back Circle](#)

2:45-5:15 - Practice

Friday, October 19th

Location - [WWS Back Circle](#)

2:45-5:15 - Practice



Wheaton Warrenville South High School

Cross Country

2018

Saturday, October 20th

IHSF Regional Championships, Lake Park High School-East Campus, Roselle, IL

TBA - Meeting Time/Location

Meet Information

