

# FORCE Summer Programming 2023

## **USA Cup Program** - U9-U10 (2015-2013) - [Register for Tryouts Here](#)

- Tournament details
    - July 14-16
    - Blaine, MN
  - Training
    - 6 x 90 minute practices
    - Weeknight practices starting mid June
    - Training location Crystal Lake
  - Proposed teams:
    - 2015 Boys/Girls
    - 2014 Boys/Girls
    - 2013 Boys/Girls (will also have a 2013 Super Y team)
  - Registration fees
    - Approx **\$250** per player
  - Uniform
    - Regular Force uniform
  - Tryouts
    - Saturday March 11 @ the MAC (Stadium)
      - 2013, 2014 & 2015 Girls - 3-4:30PM
      - 2013, 2014 & 2015 Boys - 4:30-6PM
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## **Super Y Program** - U11-U15 (2013-2009) - [Register for Tryouts Here](#)

- Season details
  - Partnering again with FC Lake County
  - Typically an 8 game season including 2-3 tournament weekends from the following:
    - June 17-18, June 24-25
    - July 1-2, July 8-9, July 15-16, July 22-23, July 29-30
  - Tournament locations for 2023 are TBD
    - Expect at 1-2 weekends to be out of state (Indiana, Ohio or Michigan)
  - Tournament weekends finalized in April.
- Training
  - 12 x 90 minute practices
  - June 12 - July 29
  - Weeknight practices
  - Training locations Crystal Lake & Grayslake
- Registration fees
  - Approx **\$550** per player
- Uniform
  - Force FCLC uniform package
    - \$70-75 for kit
    - Returning players can use 2022 kit
- Tryouts

- Saturday March 11 @ the MAC (Stadium)

## **Summer Showcase Program** - U16-U19 (2008-2005) - [Register for tryouts here!](#)

- College Showcase Details
    - 1. Chicago International showcase
      - July 7-9
      - Lockport, IL
    - 2. College Search Kickoff showcase
      - July 28-29
      - Muscatine, IA
  - Training
    - 2 weeks of training (2 x 90 per week) leading up to each event
    - Training could be mix of weekday evenings or weekday mornings
    - Training Locations - Crystal Lake and Grayslake
      - Teams heavy on the Force side will only train in Crystal Lake
  - Teams
    - Partnering with FCLC to create FORCE FCLC teams
    - Expected teams:
      - 2-3 High School Girls teams
      - 2-3 High School Boys teams
  - Registration fees
    - Approx **\$290** per player
  - Uniform
    - Force FCLC uniform package
      - \$70-75 for kit
      - Returning players can use 2022 uniform
      - For teams heavy on Force players, regular Force uniform will be worn in place of Super Y uniform.
  - Tryouts
    - February 21 & 23 (Girls) / Late March (Boys)
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## **U23 Program** - U19-U23 (2004-2000)

- Game details
  - Tuesday nights - 7-8 games
    - Early June to late July
  - Home games at Lippold Park / Away games all within 30-75 mins drive
- Training
  - 2 nights per week plus morning conditioning
- Registration fees
  - Approx \$370 (paid in 3-4 installments)
  - Includes 2 x game jerseys
- Tryouts
  - Tryout registration will open early April