

Beginner to Beast: 50 lbs of Muscle in 3 Months

Are you tired of not seeing progress in the gym?

Do you try new workouts you see online only to stay at the same level week after week?

You have 3 options here...

You could figure it out yourself,

But that would take YEARS.

You could hire a personal trainer from LA fitness,

But they won't get you the sustainable results you're looking for.

Most of them don't even know what they are doing!

You could even try performance enhancing drugs,

But once you stop taking them your results are gone.

If you want your dream physique as quickly as possible...

The best thing you can do is...

Use a proven plan that has worked time and time again.

That plan is the Beginner to Beast: 50 lbs of Muscle in 3 Months workout plan...

"50 lbs of muscle in 3 months that's impossible..."

"Are you sure you're not on steroids?"

I know, it sounds too good to be true...

Trust me, I've heard it all before.

But it's true.

This is the exact workout plan that took me from skinny fat to jacked...

Without losing or gaining any weight,

Without changing my diet,

And without any help from performance enhancing drugs.

If you want fast, sustainable results like mine...

Buy the Beginner to Beast: 50 lbs of muscle in 3 Months workout plan today!

WWP:

1. Who am I writing to?

Beginners in the gym with 0-1 year worth of real experience.

2. Where are they at right now?

They have probably seen 0 results or some results but no where near the results I saw in my first 3 months. They know some exercises but not nuances like full ROM etc and they lack knowledge of the needed volume and separation of muscles.

3. Where do I want them to go?

I want them to be confident with their workouts and exercises and see the results that I did my first 3 months by buying my workout program

4. What are the steps I need to take them through to get them to where I want them to go?

Relating to the reader, showing them the traditional routes to solving their problem and why they don't work, showing the reader my solution, using their curiosity to close the sale