



Emanuel Food Pantry

Mission: The mission of the Emanuel Food Pantry is to provide fresh, nutritious food to families facing food insecurity, with a particular focus on underserved communities. By providing healthy food, we are addressing the multiple detrimental effects of food insecurity, enhancing personal dignity, and improving health outcomes.

Website: [Emanuel Food Pantry](#)

READ AND REFLECT

Psalm 146: 5-7: Blessed is he whose help is the God of Jacob, whose is in the LORD his God, the Maker of heaven and earth, the sea, and everything in them- the LORD, who remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry.

Isaiah 58: 9, 10: Then you will call, and the LORD will answer; you will cry for help, and he will say: Here I am. If you do away with the yoke of oppression, with the pointing finger and malicious talk, and if you spend yourselves on behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your light will become like the noonday.

Matthew 25: 34-36: Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'

PRAY

- For the safety of the families who visit the food pantry - for comfort for their anxiety and fear.
- For more protein donations-canned chicken, tuna, protein bars, and peanut butter
- For increased financial contributions to keep this ministry thriving, especially as the number of families accessing the Food Pantry has increased.
- Prayers of gratitude for wonderful volunteers and our great partnering agencies.

ACTION

- Make bags of beans and rice
 - Many families purchase the rice or beans on their own. These can be purchased at Costco or El Camino for 50 pound bags or elsewhere
 - Put the beans and/ or rice into quart size zip lock bags and secure them tightly (the freezer bags are stronger). It is wise to do this in uncarpeted areas or use a sheet for any spillage. Then return at your convenience Monday-Wednesday 10-4 or by appointment. The Food Pantry can provide crates for transport.
 - A "packing party" where a group comes in and packs for 1 1/2 to 2 hours can also be warranted. Joy (director) and Margaret would supply the bins, scoops, tables, music. etc. They could also provide the rice and beans and you could then offer a donation for the supplies as you feel able. Typically these packing parties are on a Thursday or Friday, however, they could have one outside on a Saturday (depending on how that works for Iglesia Emanuel).
- [Volunteer](#) to pack bags/boxes of food items or distribute them.

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