

Privacy Policy

App Name: Breathing Guide

App Version: 1.0.0

Last Updated: June 28, 2026

1. Introduction

Breathing Guide is a lifestyle application designed to help users practice guided breathing exercises for relaxation, stress relief, improved focus, mindfulness, and better sleep through visual animations, and haptic feedback.

Your privacy is important to us. We are committed to protecting your privacy by ensuring that your personal information is never collected, stored, or shared.

2. Information We Collect

2.1 No Personal Data Collection

This app does not collect, store, or share any personally identifiable information, including:

- * Name
- * Email address
- * Phone number
- * Location
- * Contacts
- * Photos or media files
- * Any other personal identifiers

2.2 Device Information

We do not collect:

- * Device identifiers
- * Android Advertising ID
- * IP address
- * Hardware information
- * Operating system details
- * Any device tracking information

2.3 Usage Data

We do not use analytics, crash reporting, user behavior tracking, or any monitoring services. Your breathing sessions and activity remain completely private on your device.

3. Internet Usage

- * The app functions completely offline.
- * No internet connection is required to use any core features.
- * No information is transmitted to external servers.
- * No cloud synchronization is performed.

4. Third-Party Services

Breathing Guide does not integrate with third-party services for data collection or user tracking, including but not limited to:

- * Google Analytics
- * Firebase Analytics
- * Firebase Crashlytics
- * Advertising networks
- * Social media SDKs
- * Tracking or data collection SDKs

5. Local Data Storage

The app stores certain information locally on your device using technologies such as Shared Preferences and SQLite.

This may include:

- * Custom breathing routines
- * Completed breathing sessions
- * Daily streaks
- * Progress statistics
- * Theme preferences

This information:

- * Remains only on your device
- * Is never uploaded to any server
- * Is never shared with third parties
- * Can be permanently removed by clearing the app's data or uninstalling the app

6. Children's Privacy

Breathing Guide is suitable for users of all ages, including students and children.

We do not knowingly collect, store, or process any personal information from children under the age of 13 or from any other users.

7. Security

Because the app operates entirely offline and does not transmit user information, your privacy is inherently protected.

We help safeguard your data by:

- * Keeping all user data on your device
- * Avoiding external servers and cloud storage
- * Not collecting personal information

* Not using tracking technologies

8. Changes to This Privacy Policy

We may update this Privacy Policy from time to time to reflect improvements or legal requirements.

Any updates will be reflected within the app or on the Google Play Store listing, along with the revised "Last Updated" date.

9. Contact Us

If you have any questions, suggestions, or concerns regarding this Privacy Policy, please contact us at:

✉ Email: definingpvtltd@gmail.com