



Research Article

Article Title (Capitalized each word, Bold, Times New Roman 14 pt, no more than 20 words)

FirstName LastName¹, FirstName LastName¹, and FirstName LastName²  (Blue color, Bold, Times New Roman 11 pt)

¹Department of Pharmacy, Universitas Pakuan, Bogor, Indonesia, 16143. (Times New Roman 10 pt)

²Department of Pharmaceutical Chemistry, Universitas Pakuan, Bogor, Indonesia, 16143.

 first.name@unpak.ac.id (Times New Roman 10 pt)

 <https://doi.org/10.33751/jf.vxxix.xxxx>

Article info:

Submitted D-M-202X
Accepted D-M-202X
Published D-M-202X



This work is licensed under a
Creative Commons
Attribution-ShareAlike 4.0
International License

Copyright © 2026

Fitofarmaka : Jurnal Ilmiah Farmasi

Published by:

Universitas Pakuan

Abstract

Abstract is written in English using Times New Roman 9 pt and single space. The abstract describes the entire contents of the article. Abstract should tell the prospective reader what you did and highlight the key findings. This abstract should provide a brief background of the problem (preferably 1-2 sentences). The objective research must be sharp, method is written concisely, results and conclusions are present briefly but displays detailed data. The abstract should be 200-250 words.

Keywords: Alphabetis; Capitalized each word; Five keywords;
Separated by semi colons; Without full stop

INTRODUCTION (Capital Letters/uppercase, Bold Characters, Times New Roman 11 pt)

Introduction written in Times New Roman 11 pt. and 1.15 spacing. Introduction should be written clearly comprising general background, state of the art, novelty and originality, problems and hypotheses (if any), purposed of problem solving (if any), and the objectives and benefits of study. In addition, the introduction shoulds present supporting data based on from previous researches that are relevant to the current research. Introduction is recommended to be written in 3-5 paragraphs length, each paragraph may contain 5 sentences includes an introductory sentence (or the main idea of a paragraph), one to three supporting sentences, and a concluding sentence. All sentences should be typed as descriptive paragraph format.

The citation should be written in APA style using reference manager software[important]. Citation in text is written using author's surname followed by year. If the citation involves two authors, symbol "&" used to connect author surname. If citation involves more than two authors, then the first surname is followed by "et al." as follows:
Single Author: (Pribadi, 2021)

Double authors: (Pribadi & Latifah, 2020)

More than two authors: (Latifah et al., 2020)

More than two citations: (Pribadi & Latifah, 2022; Kusuma et al., 2021; Pribadi et al., 2020)

Author along with similar name and year: (Pribadi et al., 2025a; Pribadi et al., 2025b)

METHODS (Uppercase, Bold, Times New Roman 11 pt)

Methods consist of the tools, materials, and working methods used to achieve the research objectives. Tools, materials, and working methods can be placed in separate subsection and/or sub subsection.

Materials (Sub heading, Bold, Times New Roman 11 pt)

The origin of the research materials used must be clearly stated. If plant material is used, the determination number must be included. If test animals are used, the ethical code number must be stated. The chemicals qualification and formula are described in detail including the manufacturer as follows: H₂SO₄ (MERCK). Tools and analytical instruments should be written completely including name, type and its origin/headquarter e.g. a Shimadzu U-2900 spectrophotometer (Tokyo, Japan).

Methods

The working methods should be written briefly but should provide precise information regarding the research stages. If the method refers to a standard operational procedure (SOP) published by a specific institution, SOP can be cited as a reference without describing the working procedure in detail.

Ethical Considerations

This study was conducted in accordance with the ethical principles of the World Medical Association Declaration of Helsinki (2024 revision) for medical research involving human participants (World Medical Association, 2025). The research protocol was reviewed and approved by the [name of the Health Research Ethics Commission, an institution] under ethical clearance number [number], dated [ddmmyyyy]. Before enrolment, all participants received a full explanation of the study's objectives, procedures, potential risks and benefits, and their right to withdraw at any time without consequence, after which written informed consent was obtained. To protect confidentiality, all personal data were de-identified using unique participant codes, stored securely, and accessed only by the research team. The ethical approval letter is provided in the Supplementary File.

Unit and Symbols (Sub subheading, capitalized each word, Italic, Bold, Times New Roman 11 pt)

Unit of measurement and its abbreviation must use the international system of units e.g. **second** (symbol s, the unit of **time**), **metre** (m, **length**), **kilogram** (kg, **mass**). abbreviations and symbols when they are first introduced in the text. If abbreviations and symbols are used repeatedly in the text, information about the abbreviations and symbols is provided at the beginning of the text. **Bullet** and **numbering** within body text are not allowed.

Equations

Equations should be numbered in sequence with parentheses as shown in Equation (1). Equation should be prepared using MS Equation Editor (not in image format). The equation number is to be placed on the far right side.

$$\text{water content} = \frac{w_1 - w_0}{w_2 - w_0} \quad (1)$$

Where, w_0 = weight of container

w_1 = weight of container + weight of moist soil

w_2 = weight of container + weight of dry soil

RESULTS AND DISCUSSION

Results and Discussion should be written in Times New Roman 11 pt with 1.15 spacing. Results and Discussion sections should be combined. Results should be clear and concise. The results should summarize scientific findings rather than providing data in detail. Please highlight distinction and novelty between your results or findings and the previous publications by other researchers. Results can be shown in form of table and/or figure (redundant in displaying the results either in figure or table is not appropriate).

Discussion must analyse and explain results and not repeat the results section. The following components should be covered in discussion: (a) (*What/How?*) How do your results relate to the original question or objectives outlined in the Introduction section? What is your finding of research? (b) (*Why?*) Discussion should answer and analyze the correlation between the results and basic fundamentals of concept. Do you provide interpretation scientifically for each of your results or findings presented? This scientific interpretation must be supported by valid analysis and characterization; (c) (*What else?*) Are your results consistent with what other investigators have reported? Is there any correlation and contradiction with a previous report. Implication of the results either in theory or application is highly recommended to discuss.

Tables must be in editable form and not as images. Table numbering uses Arabic numbers and it is written in bold characters. In addition, the table caption is printed out by Times New Roman 10 pt and not bold characters. Text in the table should be written in 10 pt Times New Roman along with single space. Only horizontal-border lines can be appeared in Table.

Figures can be given in JPG/JPEG/PNG/TIFF formats along with a minimum resolution of 300 dpi. Molecular structure should be prepared using .cdx format (ChemDraw). Figure numbering uses Arabic number and it is printed out by bold characters using Times New Roman 10 pt and single space. Figure should be clear and readable and grayscale figure is appropriate but colored figure is more preferable. As same as the table name, the reference on figure written in figure caption. Number of tables and figures should be mention in text body

Table 1. Knowledge and attitudes of adolescents regarding acne and its treatment

Variable		Acne Cases		% Total (N = 100)	P Value
		None (%)	Acne (%)		
Knowledge	High	40	24	64	0.044*
	Sufficient	15	21	36	
	Low	-	-	-	
Attitude	High	39	40	79	0.028*
	Low	16	5	21	

*: significant value

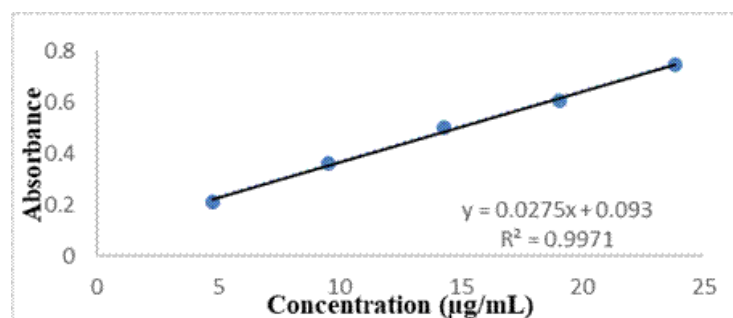


Figure 1. Figure must be cited in the appropriate section

CONCLUSION

Conclusion section should provide brief and clear answer related to the purpose of study, and not repeat abstract section or results. Conclusion section should be written in Times New Roman 11 pt along with spacing of 1.15. Author should write the conclusion logically and orderly. Conclusion also contain an evaluation of the shortcomings, advantages, and recommendations of the research that has been done. Provide a clear scientific justification for your work, and indicate possible applications and extensions. Author can write the limitation of this research and suggestion for further research. Conclusion should be written in paragraph not in list/numbering.

ACKNOWLEDGMENT

Author can provide an **acknowledgement for funding** or personal who help in discussion or technical support. In addition, acknowledgement can be conveyed to the industry how help in providing materials in research. Acknowledgement is not given to other authors in the manuscript. Acknowledgement section should be written in Times New Roman 11 pt along with spacing of 1.15.

AUTHORS CONTRIBUTION

Example: [Initial of Author1] conceptualized the study, designed the methodology, and supervised the overall research process. [Initial of Author 2] conducted the investigation, including sample collection, extraction, and laboratory analyses. [Initial of Author 3] performed the formal analysis, data curation, and visualization of the results. [Initial of Author 1] and [Initial of Author 2] wrote the original draft of the manuscript, while [Initial of Author 3] critically reviewed and edited it for important intellectual content. [Initial of Author 4] secured the funding and provided resources and project administration. All authors have read and approved the final version of the manuscript and agree to be accountable for all aspects of the work.

CONFLICT OF INTEREST

Author should state clearly if there was no conflict of interest in the manuscript, “All authors declared that there was no conflict of interest. If of authors has a conflict of interest e.g. an author (Author X) work in industry A, and research subject is a product from A industry, therefore it should be stated “Author X worked in A industry, All author declared that there was no conflict of interest. Conflict of interest section should be written in Times New Roman 11 pt along with spacing of 1.15.

DECLARATION OF AI USE

Declaration of AI Use: During the preparation of this manuscript, the authors used [tool name, version] to [purpose, e.g., improve grammar and readability] in [section(s)]. After using this tool, the authors reviewed and edited the content as needed and take full responsibility for the content of the publication.

TRANSFER AGREEMENT (CTA) FORM

Please provide the consent document, including the signatures of all authors, in the **Copyright Transfer Agreement (CTA)** form provided below the references.

REFERENCES

References section should be written in Times New Roman 11 pt with single space. The writing style of the reference must refer to the *American Psychological Association (APA) 7th Edition style*. The reference list must correspond to the citations listed in the text and should be checked in the original source. References consist of **minimum 20 references published in the last 10 years for original research article, and 30 references for review articles.**

Unpublished results and personal communication are not recommended. Author/Authors is highly recommended to use reference citation management for manuscript preparation e.g. **Zotero, Mendeley etc.**

Book

El-Shemy, H. A. (Ed.). (2022). Natural medicinal plants. IntechOpen.
<https://doi.org/10.5772/intechopen.91542>

Book sections

Fongang Fotsing, Y. S., Bankeu Kezetas, J. J., El-Saber Batiha, G., Ali, I., & Lenta Ndjakou, B. (2022). Extraction of bioactive compounds from medicinal plants and herbs. In H. A. El-Shemy (Ed.), Natural medicinal plants (pp. xx–xx). IntechOpen.
<https://doi.org/10.5772/intechopen.98602>

Book Published by Organization

World Health Organization. (2022). Accelerating access to genomics for global health: Promotion, implementation, collaboration, and ethical, legal, and social issues: A report of the WHO Science Council. <https://www.who.int/publications/i/item/9789240052857>

Kementerian Kesehatan Republik Indonesia. (2024). Suplemen III Farmakope Indonesia edisi VI. Direktorat Jenderal Farmasi dan Alat Kesehatan.
<https://farmalkes.kemkes.go.id/2024/09/suplemen-iii-farmakope-indonesia-vi-2024/>

Journal (DOI include)

Anyasor, G. N., Okanlawon, A. A., & Ogunbiyi, B. (2019). Evaluation of anti-inflammatory activity of *Justicia secunda* Vahl leaf extract using in vitro and in vivo inflammation models. *Clinical Phytoscience*, 5(1): xx-xy. <https://doi.org/10.1186/s40816-019-0137-8>.

Thesis/Dissertation

Yalo, M. N. (2022). Phytochemical studies on extracts of selected South African indigenous medicinal plants [Doctoral dissertation, University of the Western Cape].
<https://hdl.handle.net/10566/14658>

Proceedings

Sukmawati, A., Risdiyanti, I.V., Marthadilla, C.C. (2022) Release profile of betanin from chitosan microparticle containing beetroot (*Beta vulgaris* Linn) extract. *Proceedings of the 4th International Conference Current Breakthrough in Pharmacy (ICB-Pharma 2022)*. Universitas Muhammadiyah Surakarta, Indonesia

Website

World Health Organization. (2025, June 2). WHA78: Traditional medicine takes centre stage.
<https://www.who.int/news/item/02-06-2025-wha78--traditional-medicine-takes-centre-stage>

COPYRIGHT TRANSFER AGREEMENT (CTA) FORM

All authors confirm their agreement to and compliance with the terms and conditions of this Copyright Transfer Agreement (CTA). By signing below, all authors acknowledge and agree to the following: authorship, originality of the manuscript, transfer of copyright, permission for publication, and responsibility for the content of the manuscript to be published in *Fitofarmaka: Jurnal Ilmiah Farmasi (FJIF)*.

Author Name/Phone	Signature
Author 1 (full name) Phone:	
Author 2 (full name) Phone:	
Author 3 (full name) Phone:	
And so on.....	