THE MASTER WAR MODE DAY PLAN + REPORT

□ The Mastery Checklist Explained to achiev...

☑/ ×	D /10	I/10	/20	Master Checklist:	Task Time:
✓/ ×	10 -	10 -	20 -	Sleep.✓	6 hours.
V / X	10 -	10 -	20 ·	Workout. ✓ (140 push-ups and 3 others exercises for 1 hour, 22 minutes and 06 seconds.)	1 hour and 30 minutes.
V / X	10 -	10 -	20 -	Review the chats.✓	20 minutes.
▽/ ×	10 -	10 -	20 -	MPC.	10 minutes.
☑ /×	10 -	5 -	15 -	Regular job.	9 hours.
☑/ ×	5 -	10 -	15 -	Prospecting.	1 hour.
✓/ ×	5 -	10 -	15 •	Outreach and FV.	3 hours.
▽/ ×	10 -	10 -	20 -	Watch the latest Copy review from 04.05.✓	1 hour.
▽/ ×	10 -	10 -	20 -	Family time.✓	2 hours.
☑/ ×	10 -	10 -	20 ·		
☑/ ×	10 -	10 -	20 ·		
☑/ ×	10 -	10 -	20 ·		
☑/ ×	10 -	10 -	20 ·		
☑/ ×	10 -	10 -	20 -		
☑/ ×	8 -	10 -	20 -		
☑/ ×	10 -	10 -	20 ·		
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▽/ ×	10 -	10 -	20 ·		
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☑/ ×	10 -	10 -	20 ·		

	DAY NUMBER + DATE + TIME
Day Number:	25
Date:	05.04.2023.
Start Time:	14:00 pm.

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Family.
2.	TRW.
3.	Discipline.

1.	Outreach.
2.	Family time.
3.	Workout.



\$ Task: \$ Task = Set The Task That I Intend To Complete This Hour?

🔔 Sub-Task:	⚠ Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
	MY MORNING WAR PLAN
	⊚What Is The Main Goal For This Morning?⊚
	Phow Will I Start My Morning With Power?

DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

1 ama Magis é	
1 am: Task \$	

Sub-Task's			
Reflection			
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2 am: Task	\$		
Sub-Task's			
Reflection			
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3 am: Task	\$		
Sub-Task's	4		
Reflection			
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4 am: Task	\$		
Sub-Task's			
Reflection			
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5 am: Task	\$		
Sub-Task's	<u> </u>		

Reflection /	
6 am: Task \$	
Sub-Task's 🔔	
Reflection /	
7 am: Task \$	
Sub-Task's 🔔	
Reflection /	
8 am: Task \$	
Sub-Task's 🔔	
Reflection /	
9 am: Task \$	
Sub-Task's 🔔	
Reflection /	

Reflection /		
Reflection /		
Sub-Task's 🔔		
11 am: Task \$		
	1	
Reflection /		
Sub-Task's 🔔		
10 am: Task \$		
10 am Tagli ¢		

	XWhat Problems Did I Face This Morning?X
	Phow Will I Solve These Problems For This Afternoon? P
7	MY AFTERNOON WAR PLAN
	≪What Do I Plan To Accomplish This Afternoon? ≪
	⊚What Is The Main Goal For This Afternoon?⊚
	PHow Will I Start My Afternoon With Power? P
1 pm: Task \$	
Intention 🔔	
Reflection /	

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2 pm: Task \$		
Intention 🔔		
Reflection /		
	1	
		-
3 pm: Task \$		
Intention 🔔		
Reflection /		
		-
4 pm: Task \$		
Intention 🔔		
Reflection /		
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5 pm: Task \$		
Intention 🔔		
Reflection /		
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6 pm: Task \$	
Intention 🔔	
Reflection /	
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7 pm: Task \$	
Intention 🔔	
Reflection /	
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8 pm: Task \$	
Intention 🔔	
Reflection /	
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9 pm: Task \$	
Intention 🔔	
Reflection /	
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10 pm: Task \$	

Intention 🔔		
Reflection /		
11 pm: Task \$		
Intention 🔔		
Reflection /		
12 pm: Task \$		
Intention 🔔		
Reflection /		
	End-Of-The-Day Report:	
	∞What Did I Learn Today?◎	
I'm not tired if	I put my mind to it.	
	XWhat Problems Did I Face In The Day?X	
Lack of time be	cause of family business.	

Phow Will I Solve These Problems Tomorrow?
By freeing my time tomorrow.
www.what Do I Plan To Do Differently Tomorrow?
Work even harder on my purpose.
🗘 What Do I Plan To Do The Same Tomorrow? 🗘
Workout more and outreach more.
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
I need to start going to the GYM more.
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None.

Brain Dump: