#### What is this course about?

This is a university approved academic subject with a full achievement standard course. Subject endorsements are available in this subject. Health is an academic subject which allows learners to investigate the various issues which are affecting teenagers in our world currently. It will allow learners to take responsibility for health initiatives around Albany Senior High School and in the local community.

The level two course will further develop knowledge relating to current youth issues in New Zealand society and how these impact both on individual and community well-being. Students will challenge myths, assumptions and stereotypes in relation to mental health and sexuality, will learn about social justice and continue to reflect on the nature of well-being. There is also a strong focus on how to promote and contribute to the well-being of our community. This could be done in a variety of forms such as producing a magazine, developing a website, creating a short film or even holding school or community workshops.

### What sorts of things will I do?

You will have the opportunity to take action to influence the well being of others in the school or community environment. You will investigate the factors that may influence issues of gender identity and sexuality, and the potential consequences on relationships and social justice. You will investigate factors that affect a person's ability to deal with change and be resilient. You will identify ways in which people's personal safety are put at risk e.g bullying, discrimination, harassment and strategies to overcome these situations.

#### What standards can I enter?

NCEA Level	Standard Number	Name of standard	Version number	Credits	Assessment	Approximate assessment date
2	91236 A.S.2.2	Evaluate factors that influence people's ability to manage change.	2	5	Internal L	Term 1 Week 9
2	91239 A.S.2.5	Analyse issues related to sexuality and gender to develop strategies for addressing the issues	2	5	Internal L	Term 2 Week 6
2	91237 A.S.2.3	Take action to enhance an aspect of people's well-being within the school or wider community	2	5	Internal L	Term 3 Week 8
2	91238 A.S.2.4	Analyse an interpersonal issue(s) that places personal safety at risk	2	4	External L	Term 4

Key for assessment column:

## Frequently asked questions

#### Will there be any reassessment opportunities in this subject?

No, you need to ensure you are well prepared for each assessment.

#### Are there exams at the end of the year?

Yes, there is 1 external exam for Health.

#### Where might health lead?

The skills developed in health will be useful for all students and especially those who are interested in careers such as: Ambulance officer, Chiropractor, Dietitian, Diagnostic Radiologist, First Aid Instructor, Health and Safety Officer, Hospital Nurse/Orderly, Massage Therapist, Mental Health Nurse, Midwife, Natural Health Therapist, Occupational Therapist, Physical Education or Health Teacher, Primary School Teacher, Police Officer, Rest Home Worker, Social Worker.

#### Is there a lot of writing?

Yes, but there will be opportunities to practice your writing skills in class. Each Internal has a set of checkpoints, which provide important feedback essential for success in the subject.

# Subject requirements for assessment authenticity

All work submitted for achievement or unit standards must be your own. There is a process for appeals of internal grades in the student handbook.