



## The Secret: Dare to Dream

Complete the following questions as you view the case study. You may need to access your notes for some of the prompts.

1. Keep a running list of all the life messes that happen or have happened to Miranda's family.
2. Keep a running list of risk factors you see with Miranda and/or her children.
3. Keep a running list of protective factors you see with Miranda and/or her children.
4. In the beginning of the story, would you label this family's situation as chaos or balance? Explain why.

5. At the end of the story, was your chaos or balance prediction correct? Explain.

6. Give evidence, using examples from the story, of resiliency traits you see.  
**Note:** not all of the resiliency traits may be referenced. In the event that occurs, please indicate “not referenced or NR” so I know you didn’t just forget to complete it.

Relationships	
Service	
Humor	
Inner Direction	
Perceptiveness	
Independence	
Positive View of Personal Future	
Flexibility	
Love of Learning	
Self-Motivation	
Competence	

Self-Worth	
Spirituality	

7. Identify each of the resiliency domains as **weak or strong** as they pertain to this family and include an example from the movie to support your answer.

Physical	
Intellectual	
Emotional	
Social	
Spiritual	
Financial	

8. Would you say that the outcome of this life mess for this family was more like the toothpick or the rubber band? In other words, was this family resilient or not? Explain your response by writing a minimum one solid paragraph (5 sentences) that includes evidence to support your answer.