



Plymouth Chapter Ride out Notes dd/mm/yyyy

Destination	
Road Captain	
Contact Number	
Ride start location	
Time of Briefing/ ride	
End Location	
Location of toilets	
Food/drink available?	
Ride Summary	
Approximate mileage	
Approximate ride time	
Ride Register	Please ensure you are recorded on the Ride Register either before you start the ride or at the destination, prior to the return journey