Relationships, Sexual Health & Parenthood Education at Hatton (Cruden) School Refresh

Parental Feedback and final progression decisions

This academic session, our staff have reviewed a new Health and Well-being resource called RSHP Scotland (website link - Home - RSHP) and this stands for Relationships, Sexual Health & Parenthood. Mrs Stewart has been using her one day out a week to develop HWB progression plans to update our RSHP curriculum here at Hatton (Cruden) School. As a staff, we felt it was important to also get your views on various aspects of this new resource and below is some feedback from the discussions Mrs Beattie had with a parent working group last week as well as discussions held with staff.

I have included a link to the resource/ powerpoint slide for each topic area. Please have a look at each resource as many of these topic areas are only discussed at a brief level.

Topic Area	Resource Link	Stage recommended within Resource	Our school progression decision	Staff & Parental Feedback
Naming of Body Parts	My-Body-Prop.pdf (rshp.scot)	Early Level (P1)	Early Level (P1)	All other organs are fine to teach at this stage but only introduce the sexual organs that you can see from P1, the rest could be taught later. Discussion held on the importance of teaching the word vulva as many adults aren't aware of this, however when should this be introduced? Other sexual organs are taught at second level
Pants are Private	Privacy-Part-2.-Private-and PANTS-rule-June 2020.pptx	First Level (P2)	Early Level (P1)	Found that this was an appropriate resource and good way of introducing this concept so would like this to be kept at this stage Some parents feel this can be taught earlier – decision made to begin this in P1 whilst continuing it on in P2 also

	(live.com)			
How Human Life Begins	Part-1.-How human-life begins-pregnancy and-birth	First Level (P4)	First Level (P4) Except for slides 31,	It is part 3 of this powerpoint slide which we are unsure should be taught at P4 level (slide 32 in particular). Some feel that it is important to have it in as if you teach parts 1 & 2 then the children will naturally ask about this part, however some felt it would be better to introduce part 3 later and slide 32 is repeated in P7. Mrs

	Updated-March 2020.pptx (live.com)		32 & 33 which will be shared in P7	Beattie would welcome further views on this during Curriculum Refresh event (29th March 2023) Good to have a section explaining that some families need help to get pregnant (IVF) Decision made to keep this at P4 level but only up to slide 30. Slides 31, 32 & 33 will be taught in P7.
Breastfeeding	Part-2.-What babies-need.pptx (live.com)	First Level (P4)	First Level (P4) for specific ppt but to speak about it as early as P1	Feedback is that this is a good resource and important to normalise breastfeeding. Would like to focus on the nutrition side and felt that the video wasn't entirely necessary other than helping to normalise breastfeeding. Many parents feel that breastfeeding should be introduced as early as P1. Decision made in order for it to be normalised to speak about breastfeeding if it comes up from P1 but specific powerpoint in P4. Decision made that the video isn't necessary to show & teachers can source a better video suited for the resource.
Online Safety (pornography slide only)	Part-1.-Where-do we-go-online Slides.pptx (live.com)	Second Level (P6)	Second Level (P6)	As a staff we wanted parents views on Slide 10 only as all other slides were pertinent. Discussions held on how it was just the basic principles of what it is. Found it important for children to understand the points raised in the slides so that they know what to do if it comes on their phone/ ipad (i.e., to inform an adult) Possibly P7, possibly p5, P6 or P7 Decision made to keep at P6 level.

My Body is Changing	My-Body-Part-2-My-body-is changing 2.2020-June-2020.pptx (live.com)	Second Level (P5)	Second Level (P5)	This resource is about puberty which can begin from age 9, it was felt that this resource was at the right level. Menstruation goes into more detail in P6. One person in wider parent group said P6 but rest agreed with P5 so we will keep it at this level
Menstruation	Menstruation June-2020.pptx (live.com)	Second Level (P6)	Second Level (P6)	This resource goes into more detail than the one above and as the average age for getting a period is from the ages of 10 – 16 it was felt that this is also at the right level One person in wider parent forum said to do this in P5 however as we are doing My Body is Changing in P5, we will do this one at P6 level
Transgender Discussion	Part-3.-Being transgender Slides.pptx (live.com)	Second Level (P5)	Second Level Term 4 of P6	Some felt that the resource was basic enough to have this at P5 level as it doesn't go into any detail and a discussion was held on what pupils can see on social media in relation to this and that it is important to speak about this in a secure environment such as school. Other felt that P5 was too early and should be shared either in P6 or P7.

				During wider parental consultation a parent noted that it would be good to introduce this either before hormones are raging, it can become more confusing to do it during their rise in hormones. To make kids aware it's ok to be a girl & like boys activities and vice versa. Playing football as a girl doesn't mean you might be transgender. This is the one which held more discussion and many felt that it should be taught later than P5, either late P6 or P7. A few also asked for parental consent on this topic area being taught. As a staff we decided to share this powerpoint in term 4 of P6. It will be very basic and only the information on the powerpoint slide will be shared.

Being a Parent and Carer	Being-a-parent Part-1.-What does-a-parent carer-need-to know-and-to-do Slides-June 2020.pptx (live.com)	Second Level (P7)	Second Level (P7)	The information in this slide is all relevant for this age and stage Some parents recommended that this is taught at P4 and other agreed that this was ok for P5 An error was made & this is actually down for P7 in the RSHP resource. Due to this we will keep it as the recommended stage instead of having it earlier.
How do People have Sex	Sex-How-do people-have sexSlides.pptx (live.com)	Second Level (P7)	Second Level (P7)	Discussion held on adapting these slides slightly to add more emphasis on consent and also having sex when ready. Also, discussion held on whether there should be a part in about introducing contraception. Some mentioned having this in P6 to go along with menstruation. We will need to look at the slides between here and the P4 resource (part 3 section of slides) to decide how we teach sex to the pupil. Decision made to keep this at P7 level and share the same slides (31, 32 & 33 from Part-1.-How-human-life-begins-pregnancy-and-birth-Updated-March-2020.pptx (live.com)