Trends in Optimal Medical Outcomes

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Research Article

Title should be the fewest possible words that accurately describe the content of the paper (bold, sentence case, 16pt)

Author Name^{1*}, Author Name² (11 pt)

- ¹ Affiliation 1
- ² Affiliation 2

*Corresponding author: author@email.com

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ABSTRACT (10 PT)

A well-prepared abstract enables the reader to identify the basic content of a document quickly and accurately, to determine its relevance to their interests, and thus to decide whether to read the document in its entirety. The Abstract should be informative and completely self-explanatory, provide a clear statement of the problem, the proposed approach or solution, and point out major findings and conclusions. The Abstract should be 150 to 250 words in length. The abstract should be written in the past tense. Standard nomenclature should be used and abbreviations should be avoided. No literature should be cited. The keyword list provides the opportunity to add keywords, used by the indexing and abstracting services, in addition to those already present in the title. Judicious use of keywords may increase the ease with which interested parties can locate our article (9 pt).

Keywords: (Minimum of five and maximum of six keywords)



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INTRODUCTION (Capital, bold, 11 pt)

The introduction contains (1) research background; (2) research objectives; and (3) research contributions (benefits); and (4) includes a review of the previous literature followed by the novelty of the research or the originality of the article; try to have references to articles from journals from the last 10 years that strengthen the justification for originality. The introduction should not be divided into sub-chapters of background, problem formulation, and objectives. The beginning of the paragraph is one time tab. Citations are written in body note format and are relevant to the bibliography (it is recommended to use the Mendeley application or other reference management application programs such as EndNote, Reference Manager, or Zotero) (11 pt, before after 0).

RESEARCH METHOD

The research method includes the type of research, research population, research sample/subject, and technical data analysis. You can use multilevel numbering if necessary. Don't forget to provide a title and picture number (below the picture and serial number starting from number 1), as well as the title and table number (above the table with a serial number starting from number 1). (11 pt, before after 0).

RESULTS AND DISCUSSION

The results and discussion contain the findings of the research and scientific discussion. Research findings must be supported by adequate data. This section should answer the research hypothesis, and describe the comparison with the results of previous studies. The results and discussion at least contain (1) (what/how elements) whether the data presented has been processed (not raw data), set forth in the form of tables or figures, and given

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easy-to-understand explanations; (2) (the why element) in this discussion section shows a link between the results obtained and the basic concepts and/or hypotheses. The discussion must be supported by real and clear facts, whether there is conformity or contradiction with the results of previous research. Avoid writing in the form of bullet numbering or list item models; preferably, even though it is a list item, it is still written in the form of descriptive paragraphs. Articles can be written in Indonesian or English. Articles must be written according to the template. The maximum number of pages is 20 pages with an A4 writing field size and a normal margin format (2.54 cm x 2.54 cm). Foreign words or terms use italics. (11 pt, before after 0). When loading tables and figures, the numbering is a continuation of the previous number. Each table and figure must be given a title. (11 pt, before and after 0)

Table

The table is in the middle. Use font size of 8 to 11. Horizontal lines in the middle of the table do not need to be displayed; only the headings and the last part should be displayed, nor should there be vertical lines. Make sure you create the table correctly via the Insert Table menu. Tables should be referenced in the text by writing something like: "Tables are written with a big 'T'."

Table 1 The Title of The Table

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Table contents, author is allowed to reduce the font size to 8 points.	Regular table fill font
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Try not to truncate the table on different pages, unless the size exceeds one page. If you have to truncate, don't forget to rewrite the header row for each column, given the same table serial number, and replace the title with Continuation. The table title does not end with a period. Tables do not need to use vertical lines.

Figure

As with tables, make sure each figure has a sequence number and a title. Make the images you use look like they're professionally made and don't need to be framed. Make sure to use black-and-white images.

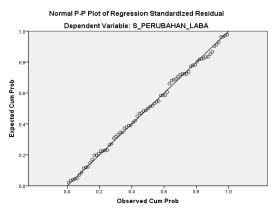


Figure 1 The Title of The Image (Capitalize Each Words and bold)

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CONCLUSION

Write down the findings or conclusions in a concise, concise, and clear manner. Conclusions are not recommended to be written into several parts or points.

REFERENCES

Follow the Vancouver Style:

- Contain the following elements in order: Author(s), Article title, Journal Title Abbreviation, Date of Publication, Volume and Issue number, Location (Pagination).
- Author or Authors, last name and initial(s) separated by a comma and space and ending with a period.
- List names in the order they appear in the text
- Convert given (first) names and middle names to initials, for a maximum of two initials following each surname
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- Article title in sentence case followed by a period.
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- Page range, hyphenated, followed by a period. (Page numbers are not repeated. For example, 452-468 would become 452-68 or 241-248 would become 241-8).
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Example of citation from journal article:

1. Nike F, Anandasari PPY. Vertebral anomalies associated with anorectal malformations incidentally found on contrast studies: a case series. Bali Med J. 2022 Oct 23;11(3):1430–5. doi:10.15562/bmj.v11i3.3679