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**Group Number 1**

Cave diving	Student 1	Student 2	Student 3	Student 4
Name	A	B	C	D

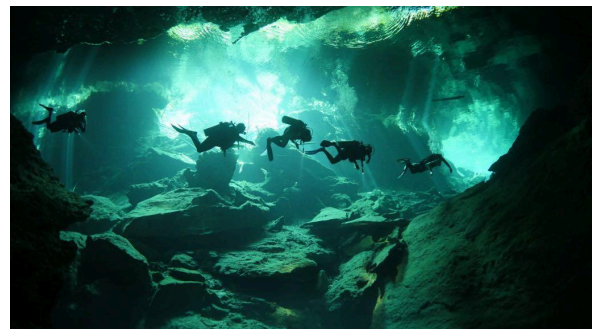
**STEP 1:** Choose an extreme sport from the box or think of your own.

bungee jumping	extreme skiing	ironman triathlon
cave diving	free-diving	kite boarding
class 5 river rafting	hang gliding	parasailing
cliff diving	ice climbing	rappelling
deep-sea diving	Iditarod	sky diving

**STEP 2:** Work with your group. Research the sport on the Internet. Find a picture of the sport & answer the questions.

**1. What do you do in this sport?**

One thing that needs to be understood first is that diving in caves is different from normal diving, with cave diving skills developed from normal cave exploration. And because the cave exploration is not only beautiful But still difficult and full of obstacles With a complex and diverse cave landscape Some spots are cliffs. Some



points are deep holes. And important issues to know are "The cave is often the way through the water."

## **2. What is dangerous about this sport ?**

**3 such danger factors include**

### **3.1.) Long distance**

Diving in complex caves with this distance is not easy. Even for professionals who have already dived in the water

### **3.2.) Tidal currents**

Water inside the cave is not still water. But it is the water that is constantly flowing And with the characteristics of caves that are very narrow Is equal to that some currents will intensify as well

### **3.3.) Darkness**

Visibility is one of the most necessary things to dive. But within the dark cave Plus the water inside the cave that is not clear water If it is turbid water and muddy water Making it almost impossible to see underwater And this is another important obstacle to diving.

## **3.Why do people like this sport?**

because unexplored nature, and present divers with a technical diving challenge. Underwater caves have a wide range of physical features, and can contain fauna not found elsewhere.

**4.What other information can you find about this sport? (Add a video clip and a website)** [How to cave diving](#)

## Group Number 2

Hang gliding	Student 1	Student 2	Student 3	Student 4
Name	E	F	G	H

**STEP 1:** Choose an extreme sport from the box or think of your own.

bungee jumping	extreme skiing	ironman triathlon
cave diving	free-diving	kite boarding
class 5 river rafting	hang gliding	parasailing
cliff diving	ice climbing	rappelling
deep-sea diving	Iditarod	sky diving

**STEP 2:** Work with your group. Research the sport on the Internet. Find a picture of the sport & answer the questions.

1. What do you do in this sport ?



Me and trained pilots fly glider using only the wind and thermals to stay aloft. There is no motor involved, not even to get into the air. Pilots can land where and when they want and travel big distances.

**2. What is dangerous about this sport?**

It's an adventure sport, not an extreme one. So yes, there is an element of danger and sadly accidents do happen. Accidents happen mainly on take off and landing. It is very rare for people to "fall out of the sky" for no reason Good training, experience, and flying within our limits all help reduce accidents. Some of the pilots at this competition have been flying safely for 30 years or more. Unfortunately, when accidents do happen, they tend to be serious ones. It's the nature of the sport and all pilots know that, and accept the risks involved.

**3. Why do people like this sport?**

Because they can see over view like a bird eyes and feel freedom when they fly in the air.

**4. What other information can you find about this sport? (Add a video clip and a website)**

[how to hang gliding](#)

[hang gliding](#)

**Group Number 3**

ice climbing	Student 1	Student 2	Student 3	Student 4
Name	I	J	K	L

**STEP 1:** Choose an extreme sport from the box or think of your own.

bungee jumping	extreme skiing	ironman triathlon
cave diving	free-diving	kite boarding
class 5 river rafting	hang gliding	parasailing
cliff diving	ice climbing	rappelling
deep-sea diving	Iditarod	sky diving

**STEP 2:** Work with your group. Research the sport on the Internet . Find a picture of the sport & answer the questions.

**1. What do you do in this sport?**

Ice climbing is exactly what its name suggests - climbing on ice. There are two types of ice climbing. The first type involves climbing on frozen water, like waterfalls. The other kind is climbing on snow that is frozen on a mountain. Ice climbing is very difficult and dangerous because of the extreme conditions a climber is faced with. Besides the weather conditions, they have to climb up sheer, slippery ice walls.



**2.What is dangerous about about this sport ?**

ice climbing comes with several risks including falling rock and ice, avalanches and slipping on the ice, If you fail you will get hurt such as neck broken, Crack head, broken legs or worst thing is death.

**3.Why do people like this sport?**

Ice climbing is a fun athletic challenge and lead ice climbing is very intense and helps you focus your energy and forget all else.

**4.What other information can you find about this sport? (Add a video clip and a website)**

[Ice climbing VDO](#)

[Ice climbing Website](#)

#### Group Number 4

Bungee jumping	Student 1	Student 2	Student 3	Student 4
Name	M	N	O	P

**STEP 1:** Choose an extreme sport from the box or think of your own.

bungee jumping	extreme skiing	ironman triathlon
cave diving	free-diving	kite boarding
class 5 river rafting	hang gliding	parasailing
cliff diving	ice climbing	rappelling
deep-sea diving	Iditarod	sky diving

**STEP 2:** Work with your group. Research the sport on the Internet. Find a picture of the sport & answer the questions.





**1. What do you do in this sport?**

**Bungee Jumping is a sport which players have to jump from a high place with a rope attached. Generally jumping from an immobile location, Such as bridges.**

**2.What is dangerous about about this sport ?**

**Bungee jumping may give you great thrills, but also may leave you with great injuries. After you free fall, the bungee cord tugs you back upward with a sudden and great force. The combination of this extreme force and dangling from a cord can cause varying degrees of injuries your eyes, spine and neck that can even be severe enough to result in death.**

**3. Why do people like this sport?**

**Bungee jumping is a fun, exciting sport, challenge yourself.**

**4.What other information can you find about this sport? (Add a video clip and a website)**

<https://www.livestrong.com/article/382832-injuries-from-bungee-jumping/>

[https://en.m.wikipedia.org/wiki/Bungee\\_jumping](https://en.m.wikipedia.org/wiki/Bungee_jumping)

<https://youtu.be/l9m4cW2xy0>



## 2. What is dangerous about this sport?

This sport is dangerous, Distance and cold

## 3. Why do people like this sport?

The greatest challenge of the Iditarod is putting together a team of 12–16 dogs and a musher capable of overcoming all the obstacles and unexpected problems that present themselves along the course.

## 4. What other information can you find about this sport? (Add a video clip and a website)

<https://www.youtube.com/watch?v=dAHa-6VkUQY>

## Group Number 5

kiteboarding	Student 1	Student 2	Student 3	Student 4
Name	Q	R	S	T

**STEP 1:** Choose an extreme sport from the box or think of your own.

bungee jumping	extreme skiing	ironman triathlon
cave diving	free-diving	kite boarding
class 5 river rafting	hang gliding	parasailing
cliff diving	ice climbing	rappelling
deep-sea diving	Iditarod	sky diving

**STEP 2:** Work with your group. Research the sport on the Internet . Find a picture of the sport & answer the questions.



1. What do you do in this sport ? **Kiteboarding is a sport that uses wind to move by players on the board.**

2. What is dangerous about this sport ? **If the wind is strong, it can be difficult to control the board**

3. Why do people like this sport? **Because it feels free when you are on the board that can float up to 10 meters or more**

4. What other information can you find about this sport? (Add a video clip and a website)

[What's Kiteboarding??](#)

[How to Kiteboarding??](#)



**STEP 1:** Choose an extreme sport from the box or think of your own.

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**STEP 2:** Work with your group. Research the sport on the Internet. Find a picture of the sport & answer the questions.

1. What do you do in this sport ?

**Skiers choose the right mountain by climbing up to the top of the mountain or sitting on a helicopter and then slipping down along the hill to the ground.**

2. What is dangerous about this sport ?

Extreme skiing is exceptionally dangerous because of the obvious- crazy slopes, unknown terrain, avalanches, high falls and deep snowpossibly concealing huge rocks.

3. Why do people like this sport?

The people think extreme skiing have themselves taken on newer and bigger challenges.

4. What other information can you find about this sport? (Add a video clip and a website)

[How to Ski Steeps](#)

[What is extreme skiing ?](#)