



## **MEMBERSHIP INFORMATION 2018 - 2019**

### **MISSION STATEMENT**

*The goal of the Strathmore Silver Sharks Swim Club ("SSSSC") is to provide each swimmer an opportunity to reach their maximum potential through a positive experience in the sport of swimming. To also encourage individual athletic performance and a positive team spirit within the sport.*

### **MEMBERSHIP AND RESPONSIBILITIES TO SSSSC**

Membership to SSSSC has its privileges AND its responsibilities. In order to ensure continued success for our swimmers, we require a commitment from not only the swimmers but the coaches and parents as well.

ALL members of SSSSC are required to participate in the volunteer operations of the swim club including but not limited to Officiating, Fundraising and Volunteer commitments.

Your swimmer(s) need your support. As parents we do not just provide moral support, a ride to the pool and nutritious meals for our swimmers. There are many more ways to get involved to help support your swimmer and the entire SSSSC team.

**SSSSC challenges YOU to motivate and inspire ALL club members to become actively involved and participate in the activities of this amazing swim club!**



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

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## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### MESSAGE FROM THE SSSSC BOARD

Welcome back to all of our returning swimmers and a warm welcome to our new members. Last season was another successful year for SSSSC and we hope that the upcoming season brings our swimmers continued achievements in the pool.

There were many accomplishments in the pool this past season - from some of our younger swimmers participating in their first swim meets, swimmers attending Age Group Trials, others going on to the Age Group Championships with some also qualifying for Age Group Nationals! It is truly amazing to see the SSSSC swimmers continually swimming harder and faster meet after meet.

The SSSSC Board of Executive would like to take this opportunity to encourage all families to get involved with our volunteer committees. Many parents new and returning may not realize that aside from our coaches, this club is run entirely by **SSSSC Parent Volunteers**. We are always looking for new parents to join our team and look for new and innovative ideas to make SSSSC an even bigger success that it already is.

Please visit our website regularly at **[www.strathmoresharks.com](http://www.strathmoresharks.com)**. Simply login to the website using your user ID (email address) and password to access the 'MEMBERS ONLY' portion of the site. Our website contains great information for all swim families, including information on nutrition, events, upcoming swim meets, training schedules, the SSSSC Handbook, SSSSC board meeting schedules and much, much more. The SSSSC website will continue to be the main source of communication throughout the competitive swim season. You will also receive regular emails from your swimmer's coach, SSSSC committee members and SSSSC board members. Ensure that your email and contact information is correct and up to date on the website to avoid any missed emails from your swimmer's coach or any of our SSSSC committee members.

There are many ways to get involved and the SSSSC Board of Executives encourages you to ask questions, become involved and participate in as many volunteer activities that you can. You never know, you might just have FUN doing it!

**Thank you from the SSSSC Board of Executives,  
see you on deck!**



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### TRAINING SCHEDULE

Lane	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Platinum</b>	5:30-7:30p		5:30-7:30p	6:00-7:15a	4:30-6:30p	7:00-9:00a
<i>(Jen)</i>						
<b>Gold</b>	5:30-7:30p		5:30-7:30p		4:30-6:30p	7:00-9:00a
<i>(Jen)</i>						
<b>Silver</b>	5:00-6:30p		5:00-6:30p		4:30-6:30p	
<i>(Diane)</i>						
<b>Bronze</b>	4:30-5:30p		4:30-5:30p			
<i>(Wendy)</i>						
<b>White</b>	4:30-5:30p		4:30-5:30p			
<i>(Tricia)</i>						
<b>Sport4Life</b>	6:30-7:30p		6:30-7:30p			
<i>(Heather)</i>						
<b>Minnows</b>	4:30-5:00p		4:30-5:00p			
<i>(Diane)</i>						

\*\* full details can be viewed on [www.strathmoresharks.com/Member](http://www.strathmoresharks.com/Member) Zone/Lane Descriptions  
**Platinum** – 5 practices / week required, highest level of competitive training and racing that our club offers, swimmers committed to their provincial level goals, attend any Senior competitions

**Gold** – 4 practices / week required, first level of provincial competition and training, optimum level of body awareness, strength, and fitness, set provincials goals and plan to achieve them through skill development

**Silver** – 3 practices / week required, second level of competitive, build on skills, set personal goals and plan to achieve them, improve on endurance, commitments, and goals, attend Junior and some Senior meets

**Bronze** – 2 practices / week required, set goals, learning race tactics, begin to build race techniques, attend regular practices and junior swim meets

**White** – 2 practices / week required, working on improving skills, increasing endurance and confidence as they start to compete, first level of competitive, attend regular practices and junior meets

**Sport4Life** – 2 practices / week required, developmental (non-competitive), maintain fitness levels while understanding the importance of having activity in our daily lives

**Minnows** - 8 week sessions, 2 x ½ hr / week, builds endurance and sport awareness



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### DATES TO REMEMBER

<b>Strathmore Silver Sharks TENTATIVE Schedule 2018 - 2019</b>			
<b>Dates</b>	<b>Swim Meet</b>	<b>Location</b>	<b>Lanes</b>
<b>September</b>	<b>Club Fundraiser</b>		<b>ALL</b>
Nov 3-4	NCSA Fall Invitational	Airdrie	Platinum/Gold/Silver
Nov 17-18	AMAC Invitational	Medicine Hat	Platinum/Gold/Silver
Nov 17 or 18	Junior Circuit Meet	TBA	Bronze/White
Nov 30-Dec 2	Cascade Age Group Challenge	Calgary	Platinum/Gold/Silver
<b>Dec 5</b>	<b>Christmas Mini Meet</b>	<b>Strathmore 4:30-7:30</b>	<b>ALL</b>
<b>December</b>	<b>Club Fundraiser</b>		<b>ALL</b>
Dec 13-16	JP Fiset	Edmonton	Qualifiers
<b>Dec 21 – Jan 7</b>	<b>Christmas Break</b>	<b>NO SWIMMING</b>	
Jan 25-27	Pugsley's Plunge	Calgary	Platinum/Gold/Silver
Feb 2 or 3	Junior Circuit - Crazy Hat	Calgary	Bronze/White
Feb 9-10	NCSA Timmermans	Airdrie	Platinum/Gold/Silver
March 2-3	Southern AB Provincials	TBA	Qualifiers
March 9 or 10	Junior Circuit - Wild Hair		Bronze/White
March 14-17	Spring Championships - LC	Edmonton	Qualifiers - LC
March 30-31	Pronghorn Classic	Lethbridge	Platinum/Gold
April 6-7	Junior Circuit Meet	TBA	Bronze/White
April ?	Western Championships	TBA	Qualifiers
2 day Meet	Senior Meet	TBA	Platinum/Gold/Silver
<b>April 17</b>	<b>Swim-A-Thon</b>	<b>Strathmore</b>	<b>ALL</b>
<b>April 19 – 28</b>	<b>Spring Break</b>	<b>NO SWIMMING</b>	
<b>May 8</b>	<b>Spring Mini Meet</b>	<b>Strathmore 4:30-7:30</b>	<b>ALL</b>
May 11-12	Junior Circuit - Spring Fling	TBA	Bronze/White
May 11-12	AMAC LC	Medicine Hat	Platinum/Gold/Silver
<b>May</b>	<b>Club Fundraiser</b>		<b>ALL</b>
TBD	CSI: 2019 LC	Calgary	Qualifiers
TBD	TREX or Steven Brown	TBD	Platinum/Gold /Silver
June 14-16	Southern AB Provincials	TBD	Qualifiers
July 4-7	Summer Championships	TBD	Qualifiers
July	Canadian Jr Championships	TBD	Qualifiers
Aug	Canadian Swimming Champs	TBD	Qualifiers



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### REGISTRATION PROCESS

The online commitment process will be open **until June 1, 2018** for our returning swimmers. **Your swimmer's SSSSC coach will notify you as to which lane to register in.** You **MUST** commit online by Friday, June 1 and submit your registration package **IN PERSON** on the following registration night:

- Monday, June 11, 2018– 4:30 to 7:30 pm

**\*\* When all post-dated cheques and documents have been submitted, your swimmer will be considered registered for next season.**

### NEW SWIMMERS

You **MUST** submit your registration package **IN PERSON** on the following registration night:

- Monday, June 11, 2018– 4:30 to 7:30 pm

**\*\* When all post-dated cheques and documents have been submitted, your swimmer will be considered registered for next season.**

***\*NOTE - There is NO mail-in option OR pool mail-box drop off option for the 2018-2019 season.***

***You MUST present your registration package IN PERSON with ALL required forms and payments on the appropriate registration night(s) in order to deem your swimmer registered.***

**\*\* NO EXCEPTIONS \*\***



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### FEE SCHEDULE 2018 - 2019

Lane	Program Fees*	4 Installment Payments (Sept/Dec/Feb/Apr)	Swim Alberta Fees		Member Fees	Athlete Account <i>Competitive (estimate/year)</i>
			<i>Competitive 10 &amp; under</i>	<i>Competitive 11 &amp; over</i>		
Platinum	1200	300	N/A	185	25	600
Gold	1100	275	N/A	185	25	600
Silver	900	225	165	185	25	350
Bronze	760	190	165	185	25	200
White	660	165	165	185	25	200
Sport4Life	700	175	28	28	25	N/A
Minnows	120/session	N/A	28	N/A	N/A	N/A

**\*Note that Program Fees cover regular swim season which is October until May. Athletes swimming after June 2<sup>nd</sup>, 2019 will be assessed additional fees.**

**\*Fees are based on full registration and may be subject to change if club registration is lower than expected.**

#### Annual Fees (**payable to SSSSC**)

- Swim Alberta Fees
  - Competitive (10 & under) = \$165/year
  - Competitive (11 & over) = \$185/year
  - Sport4Life / Minnows = \$28/year
- Member Fees: \$25 per swimmer
- Due June 30, 2018

#### Program Fees – Payment Options (**payable to SSSSC**)

- Full Payment – September 1, 2018
- 4 Installments – Sept 1, 2018 / Dec 1, 2018 / Feb 1, 2019 / April 1, 2019

#### Volunteer Cheque (**payable to SSSSC**)

- **Competitive = \$300 (100 points)**
- **Sport4Life = \$100 (40 points)**
- Post-dated for May 31, 2019
- Cheques will be deposited if Volunteer Requirements are **NOT** met by May 30, 2019

#### Fundraising Cheques (**payable to SSSSC**)

- Please refer to Fundraising Commitments on Page 15



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### Athlete Account (*payable to SSSSC*)

- Platinum = \$600/athlete
  - Gold = \$600/athlete
  - Silver = \$350/athlete
  - Bronze = \$200/athlete
  - White = \$200/athlete
- 
- amounts listed are **ESTIMATES** to cover meet entries for the entire season
  - amounts will vary depending on level of competition and number of meets;
  - must carry a negative (-) balance in Team Unify to have available funds
  - if Athlete Account is not in good standing, you will not be able to commit online to a meet
  - funds must be available to register for meets
  - **A post-dated cheque must be provided at Registration for HALF of the estimated cost/year/athlete, dated for October 1, 2018**
  - Each family is responsible to check their Team Unify account often and provide additional funds if running low.

**\*\* Family is responsible to check Team Unify account often and provide funds if running low.**

**\*\*NO EXCEPTIONS\*\***

### EQUIPMENT REQUIREMENTS

**Team Gear Requirements:** *SSSSC to coordinate order at the beginning of the season – cost/athlete to be determined at time of ordering*

- SSSSC Competitive Swim Suit
- SSSSC Jersey

### **Lane Requirements**

- Practice Swim Suit
- Practice Cap
- Goggles
- Lane coach will notify swimmers of any additional requirements (i.e. snorkel, stretch cords)





## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### ONLINE COMMITMENT (returning athletes)

#### Step 1

- ONLINE Commitment at [www.strathmoresharks.com](http://www.strathmoresharks.com) under TEAM EVENTS
- Click **ATTEND** or **DECLINE** to make your commitment for the 2018-19 season

#### Step 2

- Print off Swimmer Registration Package
- Complete all forms

This package is available on the SSSSC website [www.strathmoresharks.com/Member Zone/Membership Info & Registration Package](http://www.strathmoresharks.com/MemberZone/Membership%20Info%20&%20Registration%20Package)

#### Step 3

Submit the following payments with your registration package during the appropriate walk-in registration date(s):

- Annual Fees - June 30, 2018
- Program Fee Options:
  - Full Payment – Sept 1, 2018 **or**
  - 4 Installments – Sept 1, 2018 / Dec 1, 2018 / Feb 1, 2019 / April 1, 2019
- Volunteer Cheque - May 31, 2019
- Fundraising Commitment Cheques
  - Bottle Drive; Sept 15, 2018
  - Miscellaneous - Winter; Dec 15, 2018
  - Miscellaneous - Spring; May 1, 2019
- Athlete Account - October 1, 2018



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### ATHLETE ACCOUNT BALANCES / PAYMENTS

In addition to the yearly program fees and member fees that you pay, each swim meet your swimmer is entered in will be charged to your Athlete Account. The amount that is charged to your Athlete Account varies depending on the meets your swimmer attends. Before the deadline specified, families are required to subscribe online if they wish to attend a meet. If changes are made to the entries after this deadline has passed, all fees associated with the meet are still the responsibility of the family.

There must be a negative (-) balance showing in your Team Unify Athlete Account the month prior to a swim meet in order for a swimmer to be registered for a meet. Additional money can be added to an Athlete Account by submitting a cheque. The cheques can be placed in SSSSC mailbox at the pool with **Attention: SSSSC Treasurer - Athlete Account** clearly marked on the envelope.

**\*\* Family is responsible to check Team Unify account often and provide funds if running low.**



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### WITHDRAWAL POLICY

Swim season is divided into two sessions: Session 1 – October to January

Session 2 – February to May

After the swim season has started, the **ONLY TIME** a member may withdraw from SSSSC **AND** be re-imbursed program fees, is January 31<sup>st</sup> of a given swim year. Thirty (30) days written notice must be provided.

Please note we allow only one withdrawal per swim season to ensure continued success for our swim club. Membership to SSSSC has responsibilities and we require committed parents who are actively engaged in the volunteer and fundraising requirements for the entire season.

For a refund to be considered, **written notice of the intent to withdraw must be submitted on or before January 1st.** Written notice must be provided to the **SSSSC Registrar and Head Coach.**

Swim Alberta Fees and Member Fees are not refundable. Only **Program Fees** for Session Two are eligible for refund if proper notice is provided.

**There will be no refund of Program Fees after January 31<sup>st</sup> of each swim year.**

**\*\*NO EXCEPTIONS\*\***

### NSF CHEQUES

**All cheques returned by the bank will be subject to a \$20.00 administration fee.**

**Please refer to SSSSC Member Payment Management Policy for full details.**



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### SWIM ALBERTA REGISTRATION

Each swim club in the province of Alberta is a member of the national governing body for swimming called Swimming Canada and the provincial governing body called Swim Alberta. In return for government sport funding, all governing organizations are required to report on membership. Non-identifying statistics are obtained directly from the data collected in the Registration system. With your assistance to provide accuracy, we can comply with our requirements and continue to benefit from strong government support, virtually all of which is directed towards the support of swimmers, coaches and clubs. For this reason, all swim clubs are required to submit all swimmer registrations to Swim Alberta and Swimming Canada via the online registration system.

The final step of registering with SSSSC is the confirmation of primary contact and demographic information related to your family and swimmer(s) in the Swim Canada registration system. When the SSSSC Registrar creates an invoice including the swimmer's registration an auto-email is generated to the primary contact email address asking for review and confirmation of the submitted information. This email will be from [registration@swimming.ca](mailto:registration@swimming.ca) and the subject line will be titled: **Swimmer Registration Confirmation**. The link can be accessed once and you will then have the option to create your own username and password for re-accessing the account. It only takes a couple of minutes to review and update your contact information and swimmer details.

**\*\*NOTE: It is only upon completing the online commitment and submission of all documents that your swimmer(s) are considered officially registered and a member of SSSSC and then covered by the insurance policy. Similarly, this registration process must be completed before entries into a swim meet can be submitted and accepted.\*\***

You will receive the above mentioned email from Swim Canada in September after the SSSSC Registrar has registered your swimmer(s) with Swim Canada.

**PLEASE ENSURE THAT THE EMAIL ADDRESS YOU USE DURING THE SSSSC ONLINE REGISTRATION PROCESS IS CORRECT OR YOU WILL NOT RECEIVE THIS EMAIL FROM SWIM CANADA.**



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### OFFICIATING COMMITMENTS

All **competitive** SSSSC families must have at **least one Parent/Guardian qualified** as an official who will be required to officiate at any meet for which your swimmer qualifies. The initial training is the Level 1 Officials Course - Timing. Courses may be taken online or at one of the offered officials clinics throughout the year. Parents are required to increase their officiating levels as their swimmer advances and must take at least one course per year. The Officials Coordinator will provide information on the courses offered throughout the season.

#### Officials Courses:

- Level 1: Timer / Safety Marshall
- Level 2: Stroke & Turn / Chief Timer / Clerk of Course / Chief Finish Judge / Recorder Scorer
- Level 3: Starter / Meet Manager
- Level 4: Referee

### OFFICIATING COMMITMENTS ARE AS FOLLOWS:

- Two (2) Meets per season for Junior swimmers plus in-house Mini Meets and Swim-A-Thon
- Four (4) Meets per season for Senior swimmers
- ALL “qualifying” events if your swimmer attends

**PLEASE NOTE:** Officiating at outside meets is necessary for competitive families to obtain Volunteer Points required for the season. Competitive families are required to earn 100 volunteer points during the season; Sport4Life families are required to earn 40 volunteer points during the season. Having at least one competitive swimmer deems you a competitive family.



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### VOLUNTEER COMMITMENTS

We sometimes observe **Three Types** of Parent Volunteers:

**Type 1:** Those parents who are willing to do anything that needs to be done to make the club run smoothly, often going beyond their required points.

**Type 2:** Those parents that do their minimum required points, but whine occasionally.

**Type 3:** Those parents who watch other parents work, constantly complain about getting their points, and continually e-mail the President and Coaches to complain about EVERYTHING.

#### Which TYPE of Parent Volunteer will YOU be?

Volunteers represent one of the critical components for the successful operation of SSSSC. It is through the hard work of the volunteers that our overall goals are met. Officiating at meets is one way to earn volunteer points; filling a volunteer position is another. Please note the Strathmore Silver Sharks website has the current list of volunteer opportunities. It is updated frequently as new ideas and positions are brought up.

Key Positions of the SSSSC are as follows:

- Board of Executives:
  - President
  - Vice President
  - Treasurer
  - Secretary
  - Director at Large x 3
- Registrar
- Officials Coordinator
- Fundraising Coordinator
- Equipment Coordinator
- Casino Coordinator
- Volunteer Points Coordinator
- Public Relations Coordinator
- Website Coordinator
- New Parent Liaison
- Social Committee

**REMINDER:** Competitive families are required to earn 100 volunteer points during the season.



## 2018 – 2019 SSSSC MEMBERSHIP INFORMATION

### FUNDRAISING COMMITMENTS

Fundraising is another critical component for the successful operation of SSSSC. SSSSC relies on income raised through our fundraising campaigns to keep our Program Fees at a reasonable level. Organized fundraising events sponsored by SSSSC are as follows (but not limited to):

**Bottle Drive** – Each SSSSC family is required to participate in **one Bottle Drive** per season; date TBD (mid-September)

**Miscellaneous** – Each SSSSC family is required to participate in **one WINTER and one SPRING fundraiser**; dates TBD

**Swim-A-Thon** – Each SSSSC swimmer is asked to raise funds **through donations** for our Swim-a-thon which will take place in the spring

### POST-DATED COMMITMENT CHEQUES

FUNDRAISING COMMITMENTS			
Fundraiser	By Family		Dates
	Competitive *	Sport4Life	
Bottle Drive	\$200.00	\$100.00	Sept 15, 2018
Winter	\$100.00	\$50.00	Dec 15, 2018
Spring	\$100.00	\$50.00	May 1, 2019

\*Having at least ONE competitive swimmer deems you a competitive family.

\*\*In order to ensure the mandatory participation by all SSSSC families in fundraising commitments we require post-dated commitment cheques. If your family meets your commitment requirements, your post-dated cheque(s) will be shredded on the date indicated by the Treasurer. If your family DOES NOT fulfill these commitments your cheques will be CASHED.\*\*

### CONTACT INFORMATION

We hope you have found this information package helpful. Please retain a copy of it for your reference. If you have any questions regarding any of the information contained in this membership package or regarding the registration process, please contact:

**Jessica Marshman**

SSSSC Registrar

[information.ssssc@gmail.com](mailto:information.ssssc@gmail.com)

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SSSSC President

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