



SCHEDULE

[The Deck](#)

Esalen Meals:

Breakfast: 8:30 – 9:45 am

Lunch: 12:30 – 1:45 pm

Dinner: 6:00 – 7:30 pm

LIVE + LIVESTREAM SCHEDULE

All times are in Pacific Time.

Please note: We welcome attendees from all over the world, but the livestream event is in Pacific Time. If you are not able to join live, registrants will have free access to the evergreen course (estimated distribution August 2021), which will include elements of the livestream event in addition to content created specially for the e-course.

Friday April 16

5-8pm: Preparation Call

EVENT

Friday April 23

Arrival Friday April 23 2-4pm

4-5pm: Land Blessing with Jyoti Ma, Xochitl Ashe

BREAK (5-7pm)

7-8:30pm: Fireside Chat and Opening Fire Ceremony with Jyoti Ma, Paul Stamets, Xochitl Ashe

8:30-9:30pm: *Livestream*: optional Breakout Groups, including BIPOC cohorts

Saturday April 24

8:00-9:00am Optional Morning Embodiment Preparation Practices with Millana Snow or Marisa Radha Weppner

10am-12noon: Preparation: Ceremony & Science with Jyoti Ma, Sachin Patel, Xochitl Ashe; Breakout Groups

BREAK

1:15-1:45pm: Building Your Personal Altar with Jyoti Ma

BREAK

2-4pm: Final Preparation Session before Journey with Jyoti Ma, Robin Carhart-Harris, Xochitl Ashe; Intentions + prep practices + Q&A;

4-4:30pm: Optional Group Cohorts and Breakouts Groups

4-6pm: Personal break time + suggested preparations with the Blessing Kit

7-10pm: Simulated Journey Session: Xochitl Ashe (assisted by Grace Oh) will facilitate a guided simulated journey including Mazatec prayers, breathwork, etc.; Integration follows; Virtual space holding in Zendo is open for the entire duration of the journey as well as the 2 hours after the journey.

10-11pm *Livestream*: additional hour to connect with Zendo peer-to-peer support

Sunday April 25

8:00-9:00am Optional Morning Embodiment Preparation Practices with Marisa Radha Weppner

10--12noon: Integration with Jyoti Ma, Pam Kryskow, Paul Stamets; Ceremony & Science conversation/panel + Q&A; somatic embodiment/movement with Marisa Radha Weppner

1:15-1:45pm: Building an Earth Altar with Grace Oh

2-4pm: Integration with Jim Fadiman, Jyoti Ma, Xochitl Ashe: Ceremony & Science conversation/panel + Q&A

4-4:30pm: Optional Group Cohorts and Breakouts Groups

4-6pm: Personal time for connecting with nature wherever you are with suggested preparations with the Blessing Kit.

7-10pm: Accessing the “Non-Ordinary” through the Art of Image, Breath, and Sound: Dance to the Beats of Justin Boreta and a visual experience with Louie Schwartzberg

Monday April 26

10am-12pm Closing Circles and Prayers with Jyoti Ma; East Forest Closing music ceremony

12noon-2pm: Departure Monday

FUTURE INTEGRATION CALL (post event date TBD)

Friday 5-8pm