

Mothers for Mental Health Care Reform

Promoting Access to Treatment with Dignity



Our families advocate for improvements in access to services for people living with debilitating, serious mental illness (SMI).

We need improvements for individuals living with psychosis & in particular Schizophrenia - a severe brain disorder.

All citizens deserve the best practices for assessment, treatment & rehabilitation, with families included in all stages of care.

We've been working for improvements:

- ✓ M4MHCR was asked by the new federal Minister of Mental Health for suggestions. We sent a four-page letter to MP Carolyn Bennett MD.
- ✓ In March 2022 our petition was read into the official Queen's Park record by C. Glover MPP.
- ✓ Our electronic petition claims the annual funding of mental health must be increased from 7% currently, to 11% of total health budgets.
- ✓ Ont Psychiatric Assoc (OPA) seeks input, and so we are in communication with K. Shin MD, head of their Law Reform Working Group.
- ✓ June 2022 four members participated with Canadian Network for Research on Schizophrenia and Psychosis (CNRSP) held at CAMH.
- ✓ April 2023 Lisa Feldstein LLB explained Substitute Decision Makers (SDM) on our Podcast.

□ www.ReformMentalHealth.ca



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ANOSOGNOSIA means lack of insight to one's own medical limitations. We focus on anosognosia, as this medical condition is central to many barriers for mental health.

- WOW! Experiences of fifty families:
- 57% had to call 911 on 5 or more occasions as help was unavailable any other way.
 - 43% of families in crisis were turned away from ER without any medicine.
 - 80% point to difficulty getting admitted to a hospital in the first place.
 - 45% of families were not consulted about discharge plans.

Mothers continue to work;

- * Providing input about our lived experiences for the forthcoming Roadmap for Mental Health & Addiction by Standards Council of Canada (SCC).
- * Continuing to work alongside Mental Illness Caregivers Assoc (MICA) regarding involuntary treatment & policing issues.
- * Tracking any proposed changes to Ontario legislation, arising from The U.N. Convention on the Rights of Persons with Disabilities.
- * Preparing updates from Schizophrenia International Research Society (SIRS).
- * Uploading podcasts on Spotify.



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