14th Annual Muslim Mental Health Conference March 25-26, 2022

THEME: Fragilities Unmasked: Emerging from Social Isolation, Social Inequalities and COVID

In-Person at Yale University and ONLINE

Times listed are Eastern Daylight Time (Michigan) (UTC/GMT-04:00)

Friday, March 25, 2022

8:00-9:00 am Online Poster Presentations (see listings p. 7-8)

9:00-9:25 am Opening Remarks Harkness Auditorium

Hamada Hamid Altalib, D.O. M.P.H. (Yale University, Institute for Muslim Mental Health)
Farha Abbasi, M.D. & Jed Magen, D.O., M.S. (Michigan State University Department of Psychiatry)
Welcome from Yale University

Parallel Session A
Harkness Auditorium
9:30-11:00 am
Muslim Womens' Health
CME eligible

23 Effect of Love, Qona'ah and Pride on Working Mothers - Liany Luzvinda, MS & Syukma (Z-ID)

57 Utilizing an Islamic Conceptualization of Pregnancy Loss in the Treatment of Two Muslim Women during the COVID-19 Pandemic -Venus Mahmoodi, PhD & Hania Mourtada, MA, MS (IP)

Discussant: Bunmi Basirat Oyewuwo Parallel Session B
HOPE 216
9:30-11:00 am j
COVID & Mental Health
CME eligible

09 Depression and Posttraumatic Stress Disorder in Corona Affected Families - Anam Bibi, MS (Z-PK)

63 COVID-19's Lockdown and AACF Lessons and Insights: Content and Discourse Analyses to Encounter any Mental Health Effects on Frederick's Arab/Muslim Population.- Mrs. Elizebeth Chung & Shogofa Sojjani (Z)

15 Wellbeing in Lockdown: Role of Muslim Religiosity to overcome the Corona Virus Anxiety in Pakistan - Hafiza Ufra Alauddin, MSc & Afifa Anjum PhD (Z-PK) Parallel Session C
Brady Auditorium
9:30am - 11:00 am
Mental Health in
Colleges
CME eligible

18 Meaning in Life among Doctoral Students - Humera Mishal Khan & Ayesha Aziz (Z-PK)

24 Understanding the mental health needs of Muslim college students in the US - Mahnoor Hyat & Aneeqa Abid (IP)

Discussant: Preethi Varghese-Joseph, MBBS, MPH Discussion/Dialogue Parallel Session D

9:30am - 11:00 am

77 Community Centered Research in the Muslim Community: Research to Resource Amal Killawi, LMSW (virtual) Madiha Tahseen, PhD (IP)

11am-12pm Award Ceremony with Salma Abugideiri, LPC

12:00-1:00 pm

Lunch Break

1:00-1:30pm Friday Reflections

Parallel Session A
Harkness Auditorium
1:30pm-3:00pm
Interpersonal Violence
CME eligible

12 Gender and IPV: Moving beyond the East/ West Dichotomy in Palestine - Denise Ziya Berte, PhD (IP), Dr. Fayez Mahamid (Z-PL)

25 Within and Beyond A Global Pandemic: What FACE Learned Investigating Abuse During The Fallout of COVID-19 - Alia Salem & Sara Bawany, LCSW, CCM (IP)

31 Imam training for effective response to domestic violence in Muslim communities: evaluation of a virtual national training in the time of COVID - Tahani Chaudhry, MA (IP)

Parallel Session B
HOPE 216
1:30pm-3:00pm
Refugee Mental Health
CME eligible

06 Searching for Belonging: Sense of belonging as a protective factor against depression, PTSD, and distress amongst Uyghur refugees - Shahd Fulath Khan, MSc & Hala Bucheeri, MSc (B-UK)

35 Empowering Refugee Women and Children's Health During COVID-19 - Fereshteh Ganjavi, Rachel Schaffer, Preethi Varghese-Joseph, MBBS, MPH (IP/Z)

101 Syrian Refugee Children - Hadia Zarzour, LCPC (IP)

Discussant: Farha Abbasi, M.D.

Parallel Session C
Brady Auditorium
1:30pm-3:00pm
Mental Health Special
Topics

CME eligible

67 Disability and the Muslim Perspective: a qualitative study from South Bend, Indiana -Tarek Zidan, PhD (Z)

71 Please Understand me: The Challenges of Bi-cultural Identity causing strain in Mental Wellness in Muslim Families - Sheeza Mohsin, PhD.,LMFT-S, LPC (IP)

08 Islamic Feminist Liberation Psychology and Waging Peace: Case Studies of Muslim Women in Community Organizing - Sarah Mohr, LCSW, MA (Z) Discussion/Dialogue Parallel Session D HOPE 203

1:30pm-3:00pm CME eligible

65 Social Justice at Home and in the Community - Aneesah Nadir, MSW, PhD, (IP) Zarinah Nadir, Esq., (IP) & Dahir Nasser (Z)

3:00-3:15pm BREAK

Parallel Session A Harkness Auditorium

3:15-4:45 pm Politics and Mental Health (30 each)

CME eligible

42

#ServicesNotSurveillance : COVID, TeleHealth, & National Security - Yazan Za3za3, MA & Traci Ishigo (Z)

61 The Threat of Threat Assessment Teams -Muslim Justice League Health Justice Team (led by Jordan Jamil Ahmed) (Z) Parallel Session B HOPE 216 3:15-4:45 pm Health Care Workers' COVID Challenges

CME eligible

33 The Psychological Impact of Discrimination on Muslim Healthcare Workers During

Workers During COVID-19 - Kamal Suleiman & Lana Abdole, MD (IP)

56 The double edge: Working through the Covid 19 pandemic and the racial pandemic, towards helping those who are vulnerable while holding our own vulnerabilities.- Shamaila Khan, PhD & Tahirah Abdullah, PhD (Z)

01 The relationship between psychological stress in context of Corona pandemic and quality of professional performance of the school social worker -Kaltam jabor Alkuwari, PhD (IP)

Discussant: Aminah Al-Deen, PhD Parallel Session C
Brady Auditorium
3:15-4:45 pm
Treating Depression
CME eligible

03 Increase of somatization and depression among Arab Americans and southeast Asian population as we emerged from social isolation - Rabia Latif, MD, PhD (Z)

34 Incorporating
Religious Content into
CBT with Muslims
Diagnosed with
Depressive Symptoms Zainab Suara, MA,
MSPH (Z)

Discussant: Olubumni Basirat Oyewuwo, PhD, LMSW Discussion/Dialogue Parallel Session D HOPE 203 **3:15-4:45 pm**

51 Unmasking
Intersectionality: How
Ethics, Trust, and Culture
Influence Societal Mental
Health - Imam
Wahyuddeen Shareef,
Dr. Hameed El-Amin,
Imam Earl S. El-Amin, Dr.
Panagis Galiatsatos,
Daniel Hale, Ph.D.,
William Lawson MD.

Conversation Navigators (Moderators): Latifa Muhammad Turner and Omar Ibn Abdul-Malik, D.H.Ed., M.P.A.S., PA-C

PhD, DLFAPA

4:45-5:00 pm Harkness Auditorium

HHS Presentation on Faith Based Partnerships

Rev. Dr. Que English, Director of Center for Faith-based and Neighborhood Partnerships, HHS

5:00-5:15pm Harkness Auditorium

Day 1 Closing Remarks

Farha Abbasi, M.D.

Hamada Hamid Altalib, D.O. M.P.H.

Olubunmi Oyewuwo-Gassikia, PhD, LMSW

7:00 pm Narratives of Pain (storytelling, poetry, sharing), facilitated by Zain Shamoon, Ph.D. (In-Person only; location HOPE 110)

Saturday, March 26, 2022

8:00-9:00 am In-Person Poster Presentations (see listings p. 8)

Parallel Session A
Harkness Auditorium
9:00-10:30 am
Global Mental Health and
COVID Part I
CME eligible

30 Study of How Covid-19

Impact on Health in Iran - Farzaneh Ejazi (Z-IR)

54 Developing a framework for Muslim mental health in South Africa - Mariam Salie, MS (IP) & Nuhaa Holland (Z-SA)

70 Light triads, Fear of COVID-19, Nosophobia, Health anxiety and Interoception among Pakistani Medical Officers - Farwa Aslam, MS & Uzma Ilyas (Z-PK)

68 Affective Experiences of COVID on Emerging Muslim Adults Living in the U.S.: An Exploratory Study - Nazmim Borna Bhuiya, DrPH, Farha Abbasi, MD & Adam Alamah (Z/IP)

Discussant:

Parallel Session B HOPE 216 9:00am - 10:30 am Special Topics CME eligible

49 The Abeer Child Dental Anxiety Scale (ACDAS) Cross-Cultural Adaptation and Validity of Self-Report Measures in A Malaysian Children Context.- Nor Malina Manan, DDS (Z-MY)

102 Empowering lives, Creating Opportunities and Strengthening the Bond of Humanity -Helping Hand team (IP)

16 Islamic
Contemplation: Making
the Case for an
Indigenous Islamic
Alternative to
Mindfulness - Danah
Elsayed, MS (Z)

Discussant:

Parallel Session C
Brady Auditorium
9:00-10:30 am
Islamic Religiosity and
Mental Health
CME eligible

11 Revision, Construct,
Discriminant,
Convergent, Concurrent
Validity and Test-Retest
Reliability of
Multidimensional
Measure of Islamic
Spirituality - Aliya Akram,

20 Scrupulosity: At crossroads with Religion and Psychopathology -Javeria Arshad, MS & Rabia Dasti (Z-PK)

Ms. Rabia Dasti and Dr.

Aisha Sitwat (Z-PK)

22 Mental Health and Religiosity: Building a New Paradigm for Muslim Well-Being -Osman Umarji, PhD & Farah Islam (Z)

59 From HA-HA to Aywaaa: Demonstrating the Application of Culturally Responsive Humour and Cognitive Restructuring of the Islamic Variety (CoRe-IV) Discussion/Dialogue Parallel Session D HOPE 110 **9:00-10:30 am**

CME eligible

60 Loss and Collective Grief: A space for dialogue and healing -Alia Azmat, PhD & Rawan Atari-Khan PhD (IP)

In-Person Only

		with Diverse Muslim Clients - Mahdi Qasqas, PhD (IP)		
10:30-10:45 am Break				
Parallel Session A Harkness Auditorium 10:45am-12:00pm Social Justice and Muslims CME eligible	HOPE 216 Brady Auditorium 10:45am-12:00pm Global Mental Health and COVID Part II CME eligible	Parallel Session C Brady Auditorium 10:45am-12:00pm Substance Abuse & Mental Health CME eligible	Discussion/Dialogue Parallel Session D HOPE 110 10:45am-12:00pm CME eligible 72 Topics in Islamic Psychology	
29 How Knowledge of Systemic Racism and Lived Discrimination Experiences Mediate the Relationship between Racial Identity and Police Perspectives in Muslims - Alizah Iqbal Ali (Z) 53 Poverty and Income-Inequality's Impact on Mental Health - Waleed Sami, MA (IP) 100 Wrestling with Guilt: Comparing Muslim and White Americans' Collective Guilt Experiences - Lina Suad, PhD (Z)	04 Psychometric Properties of the Fear of COVID-19 Scale (FCV-19S) in a Palestinian Context - Fayez Azez Mahamid, PhD (Z-PL) & Denise Berte PhD (IP) 76 - Global Health in the MENA Region amidst Pandemic Environment: Perspectives, Challenges and Opportunities - Adnan Hammad, PhD 97 Pakistan's COVID-19 Outbreak Preparedness and Response: A Situational Analysis - Furqan B. Irfan, MBBS (MD), PhD (Z)	10 - Public Stigma Towards Substance Use in the Arab American Community - Hala Mallah, LLMSW & Mona Hijazi (IP) 27 A Narrative Review of Substance Use and Abuse Research in Muslim Populations From 1979 to 2021 - Mona Midani & Taimur Kouser (IP) Discussant: Cynthia Arfken, PhD (Z)	Foundations and applications of TIIP and its Global Impact - Sena Aykan Exploring Islamically integrated psychotherapy for addressing Muslim mental health within an Islamic context - Dr Fahad Khan, Dr Carrie York, Dr Hooman Keshavarzi, Dr Mawlana Bilal Ali Ansari TIIP treatment of OCD scrupulosity - Dr Samar Harfi A research project for OCD/Scrupulosity/Wasw assa with the TIIP approach presented - Enes Kaban Exploring Islamically integrated unfinished business chair - work for grief counseling - Feyzanur Tastekne Using Chair Work and Working with Shame and Self-criticism in a Muslim Demographic - Farhad Syed	

Keshavarzi

12:00pm-1:00pm Harkness Auditorium Keynote Speech Dr. Juliane Hammer Islam as Resource and Roadblock:

Working against Domestic Violence in Muslim Communities

CME eligible

1:00-2:00 pm **LUNCH BREAK**

Parallel Session A
Harkness Auditorium
2:00-3:30 pm
Suicide Interventions
CME eligible

26 Suicide Attempts of Muslims Compared With Other Religious Groups in the US - Rania Awaad, MD & Osama El-Gabalawy (IP)

36 Interdisciplinary Understanding of Islam-Inspired Resilience to Suicide - Yasmeen Quadri (IP)

44 Suicide Prevention in the Muslim Community -Yasmin Irfani, MS & Rukhsana Chaudhry, PhD (Z)

64 An Analysis of Islamic fatwas on Suicide: Insights for Clinicians and Imams - Khalid Elzamzamy, MD, MA (IP) Parallel Session B HOPE 216

2:00-3:30 pm
Psychological & Social
Determinants of Mental
Health

CME eligible

05 Acceptance and Commitment Therapy with Muslim American Clients - Nasreen S. Shah, PhD (Z) Parallel Session C
Brady Auditorium
2:00-3:30 pm
Special Topics
CME eligible

28 Impact of Trauma on Environmental Behaviors - Sanah Ahmed (Z)

32 Religion, Faith, and Psychology during Pandemics: Evidence from Muslim Histories of Plague - Rania Awaad, MD (IP) & Yusif Salaam Conn (Z)

55 Are Muslim Americans immune to pornography use? Community-based research on a stigmatized struggle - Madiha Tahseen, PhD (IP) & Omar Husain, LPC (Z)

40 When a Mental Health Epidemic Meets a Global Health Pandemic: Loneliness and Isolation in the Age of COVID-19 within Muslim American Communities - Yusif Salaam Conn (Z) Discussion/Dialogue Parallel Session D HOPE 110 2:00-3:30 pm

CME eligible

Islamic Theology and Emotional Well Being (Chaplains)

48 Collaborative approaches to mental health care; the intersection of chaplaincy with psychological services - Rahmanara Chowdhury, MSc, PhD (R)

69 Mental Health Support Strategies for Muslim Chaplains: Don't Call It Counseling! - James Edwards Jones (IP)

Discussant: Nisa Muhammad

3:30-3:45 pm Break

Parallel Session A
Harkness Auditorium
3:45pm-4:45pm
Co-Sponsor Presentation
CME eligible

75 From Hatred to Healing: A Muslim Psychiatrist and Community Leaders Experience - Javid Sukhera, MD, PhD, FRCPC Parallel Session B HOPE 216

3:45pm-5:15pm Working with Muslims Clients/Patients

CME eligible

37 Learning From
Ibn-Sina: The Brick-Layer
of Our Modern
Understanding of
Psychosis to Better Help
Muslim Patients with the
Mental Health Issue Leena Abdelmoity &
Hany El-Adle (Z)

58 Relational-Cultural Theory and Healing with Muslim Clients - Alia Azmat, PhD - (IP)

39 An Integrative Solution to Mindfulness for Muslims - Chaplain Yasin Dwyer & Humeyra Nur Celebi (Z)

96 ICNA Relief: Families Served and Programs Initiated During Covid 19 - Amber Haque, PhD (IP) Parallel Session C
Brady Auditorium
3:45pm-5:15pm
Muslim Youth
CME eligible

45 Building an Alliance: Caring for the Muslim Youth during the Pandemic - Balkozar Adam, MD (Z)

46 A Mixed-Method Study Examining the Present and Past Belonging Needs of American Muslim Young Adults - Minha Ghani & Alaa Mohammad Shareef (IP)

47 Adolescent Mosque Belonging: A Qualitative Study - Hanan Hashem, PhD & Zara Khan (IP)

14 Beliefs and Behaviors of Muslim Adults and Youth in COVID-19 -Rania Awaad, MD (IP) Discussion/Dialogue Parallel Session D HOPE 110 **3:45pm-5:15pm**

CME eligible

62 Navigating
Intersecting Identities in
the Therapeutic
Encounter: A Discussion
of Positionality & Parallel
Process in Clinical
Psychology - Noor
Alwani, MEd & Shereen
Ayoubi (Z)

4:45-5:30pm Harkness Auditorium

State of Muslim Mental Health Discussion / Day 2 Closing Remarks

Farha Abbasi, M.D. (Michigan State University Department of Psychiatry) Halim Naeem, PhD Olubunmi Basirat Oyewuwo, PhD, LMSW Community Partners

******Poster Presentations

Friday 8:00-9:00am Zoom

8:00 73 Career Satisfaction of US Muslim Female Physicians - Hager Alkhafaji & Anisah Al-Qadi (Z) 8:05 84 Scale for Positive Identification of Jinn Possession - Hamidi Abdul Rahman, MSc (Z) 8:10 86 Qawwam Man Family Leader Wellbeing in Facing VUCA World: Al-Ghazali Chaliphal Qualification Measurement Model - Ahmad Aizuddin Md Rami, PhD & Siti Aishah Hassan, PhD 8:15 87 Fragilities Unmasked via continuance used computer implemented genogram: Reclaiming Ibnu Al-Kalbi Genealogy Artifact - Mohammad Asraffuddien Basri, Siti Aishah Hassan, PhD & Dharatun Nissa

8:20 88 Unmasked Fragilities with Ghazali's Magasid As-shariah Framework Dyadic Discernment Scales

among Youth in Marital Conflicts - Mohd Hamdan Mohamed Nordin, MSc, Siti Aishah Hassan PhD, Prof. Dr. Ismi Arif Ismail, Hanina Halimastussaadiah Hamsan

8:25 90 Al Balkhi Cognitive Behaviour Therapy for Unmasking Fragilities and Social Isolation: Randomized Controlled Trials on Depression and Sexual Satisfaction among Menopausal Women - Neda Deylami & Siti Aishah Hassan, PhD,

8:30 91 Unmasked Fragilities with Self Determination among Opiate Dependent in Methadone Treatment: A randomized controlled trials on Individual Islamic Psycho-socio education - Engku Mardiah Engku Kamarudin, PhD & Siti Aishah Hassan, PhD

8:35 94 Improving of Dyadic Conflict Management Styles for Unmasking Fragilities and Social Isolation among Fathers with their Adolescent Sons - Neda Deylami, PhD & Assoc. Prof Dr. Zainal bin Madon (R)

8:40 66 Perinatal Health Outcomes in Muslim Women during the COVID-19 Pandemic - Taqwa Tofaha (Z) & Venus Mahmoodi

Saturday 8:00-9am In-Person

13 The Impact of Islamic Religiosity on Perceived Discrimination, Coping, and Psychological Outcomes - Ramy Bassioni, MS (IP)

17 Evaluating Muslim American College Students' Experiences with their University-based Counseling Centers--A Case Study - Zeynep Cakmak (IP)

38 Isolation in Covid-19: An Impact on Childhood and its Consequences - Hajira Chaudhry, MD & Raheel Memon, MD (Z)

41 Fragilities of COVID-19 on Human mind: Psychosis and COVID-19 - Sundas Saboor, MD & Nabiha Batool Musavi (IP)

78 Ancestral Reverence and Intergenerational Ritual : Mitigating Social Cultural and Spiritual Isolation - Yusuf Jones (IP)

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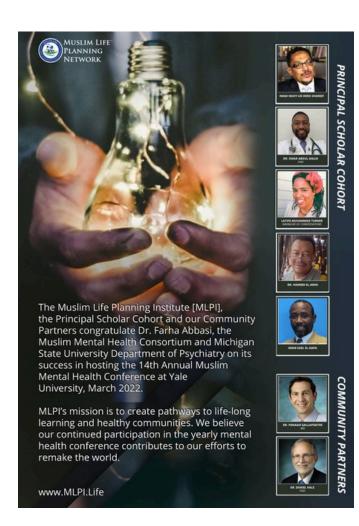
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