

14th Annual Muslim Mental Health Conference

March 25-26, 2022

THEME: *Fragilities Unmasked: Emerging from Social Isolation, Social Inequalities and COVID*

In-Person at Yale University and ONLINE

Times listed are Eastern Daylight Time (Michigan) (UTC/GMT-04:00)

Friday, March 25, 2022

8:00-9:00 am Online Poster Presentations (see listings p. 7-8)			
9:00-9:25 am Opening Remarks Harkness Auditorium Hamada Hamid Altalib, D.O. M.P.H. (Yale University, Institute for Muslim Mental Health) Farha Abbasi, M.D. & Jed Magen, D.O., M.S. (Michigan State University Department of Psychiatry) Welcome from Yale University			
Parallel Session A Harkness Auditorium 9:30-11:00 am Muslim Womens' Health CME eligible 23 Effect of Love, Qona'ah and Pride on Working Mothers - Liany Luzvinda, MS & Syukma (Z-ID) 57 Utilizing an Islamic Conceptualization of Pregnancy Loss in the Treatment of Two Muslim Women during the COVID-19 Pandemic - Venus Mahmoodi, PhD & Hania Mourtada, MA, MS (IP) Discussant: Bunmi Basirat Oyewuwo	Parallel Session B HOPE 216 9:30-11:00 am j COVID & Mental Health CME eligible 09 Depression and Posttraumatic Stress Disorder in Corona Affected Families - Anam Bibi, MS (Z-PK) 63 COVID-19's Lockdown and AACF Lessons and Insights: Content and Discourse Analyses to Encounter any Mental Health Effects on Frederick's Arab/Muslim Population.- Mrs. Elizebeth Chung & Shogofa Sojjani (Z) 15 Wellbeing in Lockdown: Role of Muslim Religiosity to overcome the Corona Virus Anxiety in Pakistan - Hafiza Ufra Alauddin, MSc & Afifa Anjum PhD (Z-PK)	Parallel Session C Brady Auditorium 9:30am - 11:00 am Mental Health in Colleges CME eligible 18 Meaning in Life among Doctoral Students - Humera Mishal Khan & Ayesha Aziz (Z-PK) 24 Understanding the mental health needs of Muslim college students in the US - Mahnoor Hyat & Aneeqa Abid (IP) Discussant: Preethi Varghese-Joseph, MBBS, MPH	Discussion/Dialogue Parallel Session D 9:30am - 11:00 am 77 Community Centered Research in the Muslim Community: Research to Resource Amal Killawi, LMSW (virtual) Madiha Tahseen, PhD (IP)

11am-12pm Award Ceremony with Salma Abugideiri, LPC
12:00-1:00 pm Lunch Break
1:00-1:30pm Friday Reflections

Parallel Session A Harkness Auditorium 1:30pm-3:00pm Interpersonal Violence CME eligible 12 Gender and IPV: Moving beyond the East/West Dichotomy in Palestine - Denise Ziya Berte, PhD (IP), Dr. Fayez Mahamid (Z-PL) 25 Within and Beyond A Global Pandemic: What FACE Learned Investigating Abuse During The Fallout of COVID-19 - Alia Salem & Sara Bawany, LCSW, CCM (IP) 31 Imam training for effective response to domestic violence in Muslim communities: evaluation of a virtual national training in the time of COVID - Tahani Chaudhry, MA (IP)	Parallel Session B HOPE 216 1:30pm-3:00pm Refugee Mental Health CME eligible 06 Searching for Belonging: Sense of belonging as a protective factor against depression, PTSD, and distress amongst Uyghur refugees - Shahd Fulath Khan, MSc & Hala Bucheeri, MSc (B-UK) 35 Empowering Refugee Women and Children's Health During COVID-19 - Fereshteh Ganjavi, Rachel Schaffer, Preethi Varghese-Joseph, MBBS, MPH (IP/Z) 101 Syrian Refugee Children - Hadia Zarzour, LCPC (IP) Discussant: Farha Abbasi, M.D.	Parallel Session C Brady Auditorium 1:30pm-3:00pm Mental Health Special Topics CME eligible 67 Disability and the Muslim Perspective: a qualitative study from South Bend, Indiana - Tarek Zidan, PhD (Z) 71 Please Understand me: The Challenges of Bi-cultural Identity causing strain in Mental Wellness in Muslim Families - Sheeza Mohsin, PhD., LMFT-S, LPC (IP) 08 Islamic Feminist Liberation Psychology and Waging Peace: Case Studies of Muslim Women in Community Organizing - Sarah Mohr, LCSW, MA (Z)	Discussion/Dialogue Parallel Session D HOPE 203 1:30pm-3:00pm CME eligible 65 Social Justice at Home and in the Community - Aneesah Nadir, MSW, PhD, (IP) Zarinah Nadir, Esq., (IP) & Dahir Nasser (Z)
3:00-3:15pm BREAK			

Parallel Session A Harkness Auditorium 3:15-4:45 pm Politics and Mental Health (30 each) CME eligible 42 #ServicesNotSurveillance : COVID, TeleHealth, & National Security - Yazan Za3za3, MA & Traci Ishigo (Z) 61 The Threat of Threat Assessment Teams - Muslim Justice League Health Justice Team (led by Jordan Jamil Ahmed) (Z)	Parallel Session B HOPE 216 3:15-4:45 pm Health Care Workers' COVID Challenges CME eligible 33 The Psychological Impact of Discrimination on Muslim Healthcare Workers During COVID-19 - Kamal Suleiman & Lana Abdole, MD (IP) 56 The double edge: Working through the Covid 19 pandemic and the racial pandemic, towards helping those who are vulnerable while holding our own vulnerabilities.- Shamaila Khan, PhD & Tahirah Abdullah, PhD (Z) 01 The relationship between psychological stress in context of Corona pandemic and quality of professional performance of the school social worker - Kaltam jabor Alkuwari, PhD (IP) Discussant: Aminah Al-Deen, PhD	Parallel Session C Brady Auditorium 3:15-4:45 pm Treating Depression CME eligible 03 Increase of somatization and depression among Arab Americans and southeast Asian population as we emerged from social isolation - Rabia Latif, MD, PhD (Z) 34 Incorporating Religious Content into CBT with Muslims Diagnosed with Depressive Symptoms - Zainab Suara, MA, MSPH (Z) Discussant: Olubumni Basirat Oyewuwo, PhD, LMSW	Discussion/Dialogue Parallel Session D HOPE 203 3:15-4:45 pm 51 Unmasking Intersectionality: How Ethics, Trust, and Culture Influence Societal Mental Health - Imam Wahyuddeen Shareef, Dr. Hameed El-Amin, Imam Earl S. El-Amin, Dr. Panagis Galiatsatos, Daniel Hale, Ph.D., William Lawson MD, PhD, DLFAPA Conversation Navigators (Moderators): Latifa Muhammad Turner and Omar Ibn Abdul-Malik, D.H.Ed., M.P.A.S., PA-C
4:45-5:00 pm Harkness Auditorium HHS Presentation on Faith Based Partnerships Rev. Dr. Que English, Director of Center for Faith-based and Neighborhood Partnerships, HHS			
5:00-5:15pm Harkness Auditorium Day 1 Closing Remarks Farha Abbasi, M.D. Hamada Hamid Altalib, D.O. M.P.H.			

Olubunmi Oyewuwo-Gassikia, PhD, LMSW

7:00 pm **Narratives of Pain (storytelling, poetry, sharing), facilitated by Zain Shamoon, Ph.D.**
(In-Person only; location HOPE 110)

Saturday, March 26, 2022

8:00-9:00 am **In-Person Poster Presentations** (see listings p. 8)

Parallel Session A Harkness Auditorium 9:00-10:30 am Global Mental Health and COVID Part I CME eligible 30 Study of How Covid-19 Impact on Health in Iran - Farzaneh Ejazi (Z-IR) 54 Developing a framework for Muslim mental health in South Africa - Mariam Salie, MS (IP) & Nuhaa Holland (Z-SA) 70 Light triads, Fear of COVID-19, Nosophobia, Health anxiety and Interoception among Pakistani Medical Officers - Farwa Aslam, MS & Uzma Ilyas (Z-PK) 68 Affective Experiences of COVID on Emerging Muslim Adults Living in the U.S.: An Exploratory Study - Nazmim Borna Bhuiya, DrPH, Farha Abbasi, MD & Adam Alamah (Z/IP) Discussant:	Parallel Session B HOPE 216 9:00am - 10:30 am Special Topics CME eligible 49 The Abeer Child Dental Anxiety Scale (ACDAS) Cross-Cultural Adaptation and Validity of Self-Report Measures in A Malaysian Children Context.- Nor Malina Manan, DDS (Z-MY) 102 Empowering lives, Creating Opportunities and Strengthening the Bond of Humanity - Helping Hand team (IP) 16 Islamic Contemplation: Making the Case for an Indigenous Islamic Alternative to Mindfulness - Danah Elsayed, MS (Z) Discussant:	Parallel Session C Brady Auditorium 9:00-10:30 am Islamic Religiosity and Mental Health CME eligible 11 Revision, Construct, Discriminant, Convergent, Concurrent Validity and Test-Retest Reliability of Multidimensional Measure of Islamic Spirituality - Aliya Akram, Ms. Rabia Dasti and Dr. Aisha Sitwat (Z-PK) 20 Scrupulosity: At crossroads with Religion and Psychopathology - Javeria Arshad, MS & Rabia Dasti (Z-PK) 22 Mental Health and Religiosity: Building a New Paradigm for Muslim Well-Being - Osman Umarji, PhD & Farah Islam (Z) 59 From HA-HA to Aywaaa: Demonstrating the Application of Culturally Responsive Humour and Cognitive Restructuring of the Islamic Variety (CoRe-IV)	Discussion/Dialogue Parallel Session D HOPE 110 9:00-10:30 am CME eligible 60 Loss and Collective Grief: A space for dialogue and healing - Alia Azmat, PhD & Rawan Atari-Khan PhD (IP) In-Person Only
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		with Diverse Muslim Clients - Mahdi Qasqas, PhD (IP)	
10:30-10:45 am Break			
Parallel Session A Harkness Auditorium 10:45am-12:00pm Social Justice and Muslims CME eligible 29 How Knowledge of Systemic Racism and Lived Discrimination Experiences Mediate the Relationship between Racial Identity and Police Perspectives in Muslims - Alizah Iqbal Ali (Z) 53 Poverty and Income-Inequality's Impact on Mental Health - Waleed Sami, MA (IP) 100 Wrestling with Guilt: Comparing Muslim and White Americans' Collective Guilt Experiences - Lina Suad, PhD (Z)	HOPE 216 Brady Auditorium 10:45am-12:00pm Global Mental Health and COVID Part II CME eligible 04 Psychometric Properties of the Fear of COVID-19 Scale (FCV-19S) in a Palestinian Context - Fayez Azez Mahamid, PhD (Z-PL) & Denise Berte PhD (IP) 76 - Global Health in the MENA Region amidst Pandemic Environment: Perspectives, Challenges and Opportunities - Adnan Hammad, PhD 97 Pakistan's COVID-19 Outbreak Preparedness and Response: A Situational Analysis - Furqan B. Irfan, MBBS (MD), PhD (Z)	Parallel Session C Brady Auditorium 10:45am-12:00pm Substance Abuse & Mental Health CME eligible 10 - Public Stigma Towards Substance Use in the Arab American Community - Hala Mallah, LLMSW & Mona Hijazi (IP) 27 A Narrative Review of Substance Use and Abuse Research in Muslim Populations From 1979 to 2021 - Mona Midani & Taimur Kouser (IP) Discussant: Cynthia Arfken, PhD (Z)	Discussion/Dialogue Parallel Session D HOPE 110 10:45am-12:00pm CME eligible 72 Topics in Islamic Psychology Foundations and applications of TIIP and its Global Impact - Sena Aykan Exploring Islamically integrated psychotherapy for addressing Muslim mental health within an Islamic context - Dr Fahad Khan, Dr Carrie York, Dr Hooman Keshavarzi, Dr Mawlana Bilal Ali Ansari TIIP treatment of OCD scrupulosity - Dr Samar Harfi A research project for OCD/Scrupulosity/Waswassa with the TIIP approach presented - Enes Kaban Exploring Islamically integrated unfinished business chair - work for grief counseling - Feyzanur Tastekne Using Chair Work and Working with Shame and Self-criticism in a Muslim Demographic - Farhad Syed Discussant: Dr Hooman Keshavarzi

12:00pm-1:00pm Harkness Auditorium
Keynote Speech Dr. Juliane Hammer
Islam as Resource and Roadblock:
Working against Domestic Violence in Muslim Communities
CME eligible

1:00-2:00 pm **LUNCH BREAK**

Parallel Session A Harkness Auditorium 2:00-3:30 pm Suicide Interventions CME eligible 26 Suicide Attempts of Muslims Compared With Other Religious Groups in the US - Rania Awaad, MD & Osama El-Gabalawy (IP) 36 Interdisciplinary Understanding of Islam-Inspired Resilience to Suicide - Yasmeen Quadri (IP) 44 Suicide Prevention in the Muslim Community - Yasmin Irfani, MS & Rukhsana Chaudhry, PhD (Z) 64 An Analysis of Islamic fatwas on Suicide: Insights for Clinicians and Imams - Khalid Elzamzamy, MD, MA (IP)	Parallel Session B HOPE 216 2:00-3:30 pm Psychological & Social Determinants of Mental Health CME eligible 05 Acceptance and Commitment Therapy with Muslim American Clients - Nasreen S. Shah, PhD (Z)	Parallel Session C Brady Auditorium 2:00-3:30 pm Special Topics CME eligible 28 Impact of Trauma on Environmental Behaviors - Sanah Ahmed (Z) 32 Religion, Faith, and Psychology during Pandemics: Evidence from Muslim Histories of Plague - Rania Awaad, MD (IP) & Yusif Salaam Conn (Z) 55 Are Muslim Americans immune to pornography use? Community-based research on a stigmatized struggle - Madiha Tahseen, PhD (IP) & Omar Husain, LPC (Z) 40 When a Mental Health Epidemic Meets a Global Health Pandemic: Loneliness and Isolation in the Age of COVID-19 within Muslim American Communities - Yusif Salaam Conn (Z)	Discussion/Dialogue Parallel Session D HOPE 110 2:00-3:30 pm CME eligible Islamic Theology and Emotional Well Being (Chaplains) 48 Collaborative approaches to mental health care; the intersection of chaplaincy with psychological services - Rahmanara Chowdhury, MSc, PhD (R) 69 Mental Health Support Strategies for Muslim Chaplains: Don't Call It Counseling! - James Edwards Jones (IP) Discussant: Nisa Muhammad
3:30-3:45 pm Break			

Parallel Session A Harkness Auditorium 3:45pm-4:45pm Co-Sponsor Presentation CME eligible 75 From Hatred to Healing: A Muslim Psychiatrist and Community Leaders Experience - Javid Sukhera, MD, PhD, FRCPC	Parallel Session B HOPE 216 3:45pm-5:15pm Working with Muslims Clients/Patients CME eligible 37 Learning From Ibn-Sina: The Brick-Layer of Our Modern Understanding of Psychosis to Better Help Muslim Patients with the Mental Health Issue - Leena Abdelmoity & Hany El-Adle (Z) 58 Relational-Cultural Theory and Healing with Muslim Clients - Alia Azmat, PhD - (IP) 39 An Integrative Solution to Mindfulness for Muslims - Chaplain Yasin Dwyer & Humeyra Nur Celebi (Z) 96 ICNA Relief: Families Served and Programs Initiated During Covid 19 - Amber Haque, PhD (IP)	Parallel Session C Brady Auditorium 3:45pm-5:15pm Muslim Youth CME eligible 45 Building an Alliance: Caring for the Muslim Youth during the Pandemic - Balkozar Adam, MD (Z) 46 A Mixed-Method Study Examining the Present and Past Belonging Needs of American Muslim Young Adults - Minha Ghani & Alaa Mohammad Shareef (IP) 47 Adolescent Mosque Belonging: A Qualitative Study - Hanan Hashem, PhD & Zara Khan (IP) 14 Beliefs and Behaviors of Muslim Adults and Youth in COVID-19 - Rania Awaad, MD (IP)	Discussion/Dialogue Parallel Session D HOPE 110 3:45pm-5:15pm CME eligible 62 Navigating Intersecting Identities in the Therapeutic Encounter: A Discussion of Positionality & Parallel Process in Clinical Psychology - Noor Alwani, MEd & Shereen Ayoubi (Z)
4:45-5:30pm Harkness Auditorium State of Muslim Mental Health Discussion / Day 2 Closing Remarks Farha Abbasi, M.D. (Michigan State University Department of Psychiatry) Halim Naeem, PhD Olubunmi Basirat Oyewuwo, PhD, LMSW Community Partners			

*******Poster Presentations**

Friday 8:00-9:00am Zoom

- 8:00 73 Career Satisfaction of US Muslim Female Physicians - Hager Alkhafaji & Anisah Al-Qadi (Z)
- 8:05 84 Scale for Positive Identification of Jinn Possession - Hamidi Abdul Rahman, MSc (Z)
- 8:10 86 Qawwam Man Family Leader Wellbeing in Facing VUCA World: Al-Ghazali Chaliphal Qualification Measurement Model - Ahmad Aizuddin Md Rami, PhD & Siti Aishah Hassan, PhD
- 8:15 87 Fragilities Unmasked via continuance used computer implemented genogram: Reclaiming Ibnu Al-Kalbi Genealogy Artifact - Mohammad Asraffuddien Basri, Siti Aishah Hassan, PhD & Dharatun Nissa
- 8:20 88 Unmasked Fragilities with Ghazali's Maqasid As-shariah Framework Dyadic Discernment Scales

among Youth in Marital Conflicts - Mohd Hamdan Mohamed Nordin, MSc, Siti Aishah Hassan PhD, Prof. Dr. Ismi Arif Ismail, Hanina Halimastussaadia Hamsan

8:25 90 Al Balkhi Cognitive Behaviour Therapy for Unmasking Fragilities and Social Isolation: Randomized Controlled Trials on Depression and Sexual Satisfaction among Menopausal Women - Neda Deylami & Siti Aishah Hassan, PhD,

8:30 91 Unmasked Fragilities with Self Determination among Opiate Dependent in Methadone Treatment: A randomized controlled trials on Individual Islamic Psycho-socio education - Engku Mardiah Engku Kamarudin, PhD & Siti Aishah Hassan, PhD

8:35 94 Improving of Dyadic Conflict Management Styles for Unmasking Fragilities and Social Isolation among Fathers with their Adolescent Sons - Neda Deylami, PhD & Assoc. Prof Dr. Zainal bin Madon (R)

8:40 66 Perinatal Health Outcomes in Muslim Women during the COVID-19 Pandemic - Taqwa Tofaha (Z) & Venus Mahmoodi

Saturday 8:00-9am In-Person

13 The Impact of Islamic Religiosity on Perceived Discrimination, Coping, and Psychological Outcomes - Ramy Bassioni, MS (IP)

17 Evaluating Muslim American College Students' Experiences with their University-based Counseling Centers--A Case Study - Zeynep Cakmak (IP)

38 Isolation in Covid-19: An Impact on Childhood and its Consequences - Hajira Chaudhry, MD & Raheel Memon, MD (Z)

41 Fragilities of COVID-19 on Human mind: Psychosis and COVID-19 - Sundas Saboor, MD & Nabiha Batool Musavi (IP)

78 Ancestral Reverence and Intergenerational Ritual : Mitigating Social Cultural and Spiritual Isolation - Yusuf Jones (IP)

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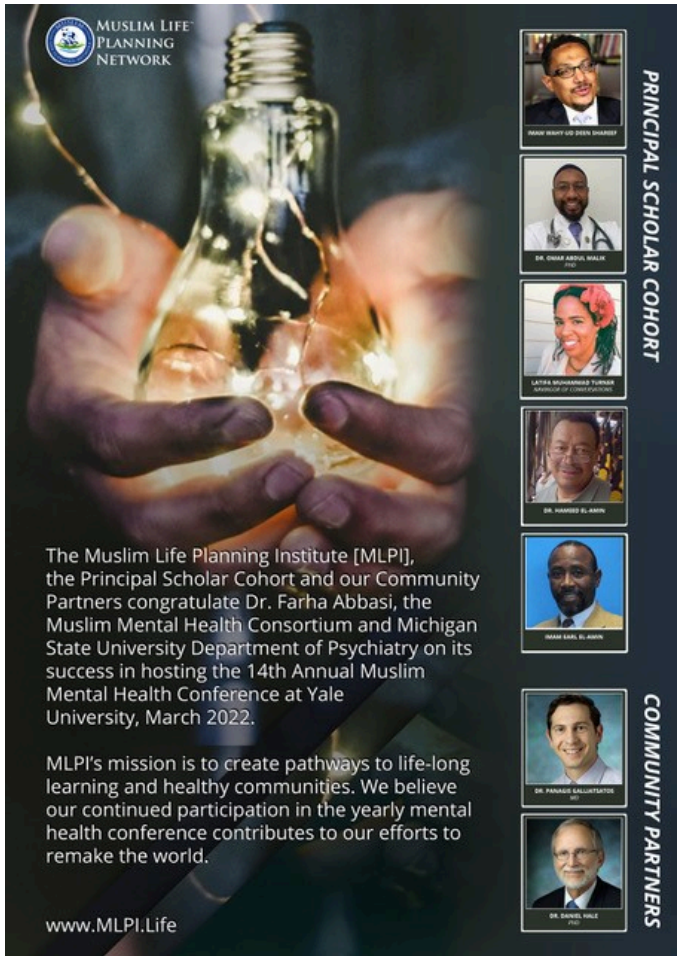


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The Muslim Life Planning Institute [MLPI], the Principal Scholar Cohort and our Community Partners congratulate Dr. Farha Abbasi, the Muslim Mental Health Consortium and Michigan State University Department of Psychiatry on its success in hosting the 14th Annual Muslim Mental Health Conference at Yale University, March 2022.

MLPI's mission is to create pathways to life-long learning and healthy communities. We believe our continued participation in the yearly mental health conference contributes to our efforts to remake the world.

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