

NLPA AGM 2023 Minutes
Date: October 14, 2023 at 11:30 am

1. Call to order- Danielle Hussey, president called the meeting to order. Attendance and membership check took place as members came in, in person and online.

2. Attendance:

Executive:

In person: Katie Hamlyn (Secretary), Sarah Pike (Volunteer Coordinator), Sarah Strickland (Central Rep), Larry Walsh (Vice President), Jay McGrath (Treasurer), Danielle Hussey (President), Gayle Johnson (Referee Chair)

Virtual: TJ Gear (Labrador Rep)

Members:

In person: Matt Genge, Kris Hanrahan, Matt Kearney, Olivia Haley, Mac Lush, Tanner Constatine, Nicole Constantine, Lucas Wiseman, Kris Tiller, Steve Doyle, Leah Gregory, Dryden Bussey, James Walsh, Vicky Taylor-Hood, Maria Rendell, Robert Perry, Nick Collins, Evan Collins

Virtual: Rebecca Davis, Joy Davis, Terry Young, Charlie Banfield, Stef Kean, Tom Kean, Ivan Pryhoda, Erin Cadigan, Debbie Northover

Total: 35 (all in favor votes mean 35 voted to move, and it is noted where it was not unanimous or people abstained)

**3. Approval of late minutes: Unanimous vote to approve minutes from 2022 AGM
Moved by Kris Tiller, and seconded by James Walsh.**

4. Report Items

-All reports will be attached to review:

- President Report- Danielle Hussey
- Financial Report- Jay McGrath
- Referee Report- Gayle Johnson
- Central Rep Report- Sarah Strickland
- Labrador Rep Report- TJ Gear
- Western Rep- Joy Davis (on behalf of Don Cormier)

5. Future Events

Danielle reviewed future event items from agenda.

Future Meets- BSG November 18, 2023	- Registration for event still open
Easterns St.Johns March 21-24, 2023	- Details forthcoming - Keep an eye on the Eastern's social media page for updates
Last Chance Qualifier (January 2024/ Meet Director)	- Looking for meet director for last chance qualifier meet before Eastern's
Meet Director guide on website for New Meet Directors Interest Free Loan Available Equipment Loan Program	- Reviewed supports available to members wishing to become meet directors.

6. Actionable Items

Addition to Bylaws	NLPA Portion of SO memberships waived. Provincial registration will be waived, if funds available, to be determined by executive on a yearly basis. Athletes and families will pay the whole of their own CPU portion of the member ship.	Vote: All in favor of motion to add to bylaws 1 st : James Walsh 2 nd : Robert Perry	
A. Addition to Bylaws	Secretary duty also shall include checking CPU memberships before competing internationally and following up with athlete CPU/secretary if membership	Discussion was held that the CPU registration chair is adding this to their duties, therefore, will be redundant for NLPA	Vote: Not in favor of addition to bylaws 1 st : Robert Perry

	is not current at the time of competition	secretary to take on task.	2 nd : Evan Collins
B. Addition to Bylaws	Record Chair duties include updating the records on NLPA website within 1 month of competition. Record certificates to be sent out as time allows.	Discussion was held about wording, agreed that wording was sufficient. It was agreed that is an upcoming meet was closer than 1 month the records would need to be updated on web sooner than 1 month to allow for planning and training.	Vote: All in favor of motion to add to bylaws 1 st : Lucas Wiseman 2 nd : Kris Tiller
C. Addition to bylaws	Regional representatives duties addition-connecting with athletes of their region to aid public relations chair in posting profiles of lifters to social media platforms		Vote: All in favor of motion to add to bylaws 1 st : Dryden Bussey 2 nd : Leah Gregory
D. Elections and Nominees	-Nominations were called from floor for positions that were up for voting at this AGM. One nomination came for Evan Collins for Eastern Rep for Evan Collins. There were not two nominations for this position: Evan Collins		

	and Maria Rendell. Secret Ballot vote was conducted to determine elected member. Votes were taken from in person and virtual participants. -Elected positions with no opposition were announced: President- Danielle Hussey Vice President- Larry Walsh Referee Chair- Gayle Johnson Central Rep- Sarah Strickland Western Rep- Joy Davis Labrador Rep- TJ Gear Public Relations/ Social Media Chair- Erin Cadigan Volunteer Coordinator- Sarah Pike Records Chair Rebecca Davis Vote for Easter Rep took place	4 people abstained from vote for Eastern Rep. Vote was 14 for Evan Collins and 12 for Maria Rendell	Evan Collins is the newly elected Eastern Rep
--	---	--	--

7. New Business

- A) It was brought to discussion by Vicky Taylor Hood meet directors and solutions for recruiting new meet directors to aid in having more local meets. It was noted the NLPA offers support for new meet directors. It was discussed there is a challenge securing venues for meets and a significant cost associated with this aspect of meet directing. It was discussed if NLPA could reserve a venue to hold a calendar of meets for meet directors to use this venue to hold meets. Torbay commons was brought up as a possible venue for this. It was discussed volunteers was another issue for meet directors. It was discussed if there could be more information about venue cost provided to people. Solutions

discussed were:

- Venue secure without the meet director having to incur debt
 - Disclosing venue cost to members of information NLPA has on venue costs
 - Information on what the available resources are to new meet directors from the NLPA
 - Shadowing current meet directors (mentor program for new meet directors)
- ACTION: NLPA will look to update meet director's guide to provide to members.
-NLPA will send out survey to gauge other barriers and solutions to recruiting new meet directors

B) It was brought to discussion by Vicky Taylor Hood of provincial qualifying totals. Provincial qualifying totals are not increasing at this time. It was discussed the missing link for the qualifying totals are increasing the number of local meets, and more meet directors to hold more local meets. Members called for more transparency of information for meet directing and resources (see action above). Solutions discussed were:

- Online session for members interested in meet directing
 - Spotting and loading presentation for volunteer issue
- ACTION: Spotting and loading presentation, meet directors presentation

C) Spotting and Loading Presentation

ACTION: Offer presentation in the next 3-4 months, use videos from training for future learning, supply gloves for spotters and loader

Meeting was moved to Adjourn

Vote: All in favor of adjournment

Lucas Wiseman moved to motion, seconded by Leah Gregory

Minutes taken by Katie Hamlyn, NLPA secretary

Reports

1. Presidents Report – Danielle Hussey

- Welcome to the 2023 Newfoundland And Labrador Powerlifting Association Annual General

- Meeting.
- This is my first year as president, and the NLPA is in great shape, both with memberships and organizationally.
- This year we applied for an operating grant through Sport NL. We received a \$3000 grant, which we will use to buy new equipment/laptop to grow our sport. In fact, we have already purchased a full set of Eleiko plates, bar, and collars.
- We used last year's grant to buy equipment for our new youth division, including a youth bar and bumper plates.
- We have had our first youth lifter who has done 3 competitions thus far, including Provincials, and Easterns in PEI. We hope to grow the youth community this year.
- We currently have 132 members, 98 general memberships, 14 Special Olympic memberships, 14 Junior, and sub Junior memberships, 5 referee memberships, and 1 Youth membership.
- We had great success this year with athletes going to CPU Nationals 2023 in British Columbia.
- We had a total of 19 athletes who competed. They collectively brought home 6 first place finishes, 4 second place finishes, and 3 third place finishes.
- We also had quite a successful year with IPF World competitions.
- At the World Masters Classic and Equipped Powerlifting Championships 2022 in St. John's, we had a total of 20 lifters from our province compete both male and female. They collectively received 8 first place finishes and 9 second place finishes.
- At the World Open Equipped Championship in Denmark 2022 and we had 1 lifter successfully compete.
- In the 2023 World Classic and Equipped Bench Press Championship in South Africa, we had one competitor who brought home a Silver Medal.
- At the 2023 NAPF Championships in Cayman Islands, we had 4 lifters from our province with 2 overall gold medalists and 2 overall silver medalists.
- We had 2 athletes attend the World Subjunior and Junior Classic and Equipped Championship in Romania in August 2023. Bringing home a 3rd place finishing and World Record Deadlift.
- We had 1 athlete attend the World Masters Classic and Equipped Championship in Mongolia October, 2023.
- We have no athletes attending the NAPF Bench Press Championship in Mexico in October, 2023. Similarly, there are no NLPA athletes attending the World Equipped Open Championships in November, Lithuania.
- We also had a successful Provincials this year in June 2023 with over 70 competitors.
- There were 27 athletes who attended Easterns 2023 in Prince Edward Island.
- Since Provincials 2022, we have had a total of five local Meets:
 - Midland Barbell Open, Goose Bay, August 2022
 - Bay St. George Open, Stephenville October 2022
 - TSI 2022 Last Chance Qualifier, Paradise December 2022

- Bigland barbell 2023, Goose Bay March 2023
- TSI Last Chance Qualifier March 2023
- We have had a change in our board of directors with some members stepping down and others being appointed. We will be voting on positions today as well.
- Looking forward, we are currently trying to establish a calendar for the remainder of 2023 and 2024 local meets. Newfoundland will also be hosting Easterns in March, 2024 in St. John's.
- We have had quite a successful year, and we hope to grow and continue to nourish this sport in our province.
- Danielle Hussey
 - o NLPA President

2. Financial Report- Jay McGrath

-See PDFs Attached.

3. Referee Report- Gayle Johnson

- There are 3 new provincial referees that have passed both the written and practical tests: Katie Hamlyn, Robert King, and Jordan Hanrahan. There are 12 active provincial referees, and we have 2 new national referees as of nationals 2023: Steve Doyle, and Jay McGrath. There are now a total of 9 national referees. There are two Cat 2 referees: Jeff Butt and Larry Walsh. There will be a seminar next weekend for Provincial Referees to do the theory and written portion of the provincial exam

4. Central Rep Report- Sarah Strickland

- Since last year, we've had members of the central region represent the sport on local, regional, national and international levels.
- We have had an increase in membership in this region since last year - while it may only be a small percentage - it is a start.
- Currently planning to move competition approved gear into Grand Falls Windsor, including an Eleiko rack and plates. Hopefully this means that we're able to run a meet there in the near future.

5. Eastern Rep Report-No Report (No current rep)

6. Labrador Rep Report- TJ Gear

- There has been continued growth in the sport in Labrador. We are looking to break down one of the main barriers to competing while living in Labrador which is high travel costs especially for newer lifters doing their first meet. We hosted one meet in Goose bay this year and it is going to be an annual thing. We had lifters compete across all levels of competition from local to a few international level meets. There was even One world record set by a Labradorian at Sub Junior Worlds. We hope to see

page * arabic5

continued success of the sport in the region.

7. Western Rep Report- Joy Davis

-Report given by Joy Davis (new western rep) on behalf of Don Cormier, previous western rep.