

**COMMANDS FOR THREE-POSITION
(3X10 & 3X20) COURSES OF FIRE**

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COMMANDS FOR THREE-POSITION (3X10 & 3X20) COURSES OF FIRE	
COMMANDS	INSTRUCTIONS
<i>Before the competition:</i>	<i>Before a competition, the Range Officer must prepare the range for firing. Athletes may not move their equipment to the firing line until the Range Officer calls them to the firing line.</i>
20:00 to 30:00 minutes before Start Time (when Record firing starts)	
WELCOME TO THE (Competition Name) THREE-POSITION AIR RIFLE MATCH RELAY NUMBER (Relay Number) YOU MAY MOVE YOUR RIFLES AND EQUIPMENT TO THE FIRING LINE...GROUND YOUR RIFLES	<i>The Range Officer begins each relay by calling athletes to the firing line and then welcoming them to the competition.</i> <i>If athletes will be asked to go downrange to hang their targets, all rifles must be grounded with actions open, and CBIs inserted before anyone goes down range.</i> <i>If electronic targets are used or if targets are already hung, do not use the command GROUND YOUR RIFLES, but go directly to the YOU MAY UNCASE AND HANDLE YOUR RIFLES command.</i>
If athletes and/or coaches are going downrange to hang targets:	

<i>IS THE LINE CLEAR?</i> <i>THE LINE IS CLEAR...GO FORWARD AND HANG YOUR TARGETS</i>	<i>Range Officers must signal YES or NO to indicate that all rifles are grounded with CBIs inserted.</i> <i>Coaches, athletes, or target handlers may go downrange to hang targets. No one may handle rifles while personnel are downrange.</i>
After all targets are hung and all personnel are back from downrange:	
<i>YOU MAY UNCASE AND HANDLE YOUR RIFLES</i> <i>TAKE YOUR POSITIONS</i>	<i>When the UNCASE AND HANDLE YOUR RIFLES command is given, athletes must orient gun cases so that rifle muzzles are pointed downrange when they come out of the case.</i> <i>The TAKE YOUR POSITIONS command should be given at least 15 minutes before the Start Time (the time when Match firing starts) and allow a minimum of five minutes for athletes to prepare</i> <i>After being instructed to take their positions, athletes may set up their equipment, take their prone positions and do holding and aiming exercises. CBIs may not be removed.</i>
After a minimum of 5:00 minutes:	
<i>PREPARATION AND SIGHTING TIME... TIME LIMIT 8 MINUTES...START</i> <i>30 SECONDS</i>	<i>This is a combined Preparation and Sighting Time. During this period, athletes may get into their firing positions, remove CBIs, and dry fire or fire sighting shots. If athletes are new to this procedure, the Range Officer may explain that the</i>

	<i>rifles while personnel are downrange.</i> <i>If electronic targets are used and it is not necessary to go downrange to repair targets, the Range Officer can pause one or two minutes after the STOP—UNLOAD command and then go directly to the TAKE YOUR POSITIONS command.</i>
After all targets are changed and all personnel are back from downrange:	
TAKE YOUR POSITIONS, YOUR FIVE-MINUTE CHANGEOVER TIME FOR THE PRONE POSITION BEGINS NOW	<i>After being instructed to take their positions, athletes may change their equipment, take their standing positions, remove CBIs, and dry fire.</i>
After 5:00 minutes	
PRONE POSITION SIGHTING STAGE...TIME LIMIT FIVE MINUTES...START 30 SECONDS	<i>This is a combined Preparation and Sighting Stage. During this period, athletes may get into their firing positions, remove CBIs, and dry fire or shoot sighting shots.</i> <i>The Range Officer gives a 30 second warning after 4 minutes, 30 seconds.</i>
After 5:00 minutes	

SIGHTING SHOTS...STOP 20 (or 10) RECORD SHOTS IN A TIME LIMIT OF 20 (or 10) MINUTES...START FIVE (5) MINUTES TWO (2) MINUTES	<i>After the command STOP between the Sighting and Record stages, rifles may remain loaded and in position ready for the Record Fire START command.</i> <i>If electronic targets are used, there must be a pause while the Technical Officer resets the targets from Sighter to Record.</i> <i>The time limit begins when the command START is given.</i> <i>The Range Officer gives five- and two-minute warnings.</i>
After 20:00 (or 10:00) minutes	
STOP—UNLOAD IS THE LINE CLEAR? THE LINE IS CLEAR...GO FORWARD AND CHANGE YOUR TARGETS	<i>When the STOP—UNLOAD command is given, all athletes must insert CBIs and ground their rifles.</i> <i>Range Officers must signal YES or NO to indicate that all rifles are grounded with CBIs inserted.</i> <i>Coaches, athletes, or target handlers may go downrange to hang targets. No one may handle rifles while personnel are downrange.</i> <i>If electronic targets are used and it is not necessary to go downrange to repair targets, the Range Officer can pause one or two minutes after the STOP—UNLOAD command and</i>

	<i>then go directly to the TAKE YOUR POSITIONS command.</i>
After all targets are changed and all personnel are back from downrange:	
TAKE YOUR POSITIONS, YOUR FIVE-MINUTE CHANGEOVER STAGE FOR THE STANDING POSITION BEGINS NOW	<i>After being instructed to take their positions, athletes may change their equipment, take their kneeling positions, remove CBIs, and dry fire.</i>
After 5:00 minutes	
STANDING POSITION SIGHTING STAGE...TIME LIMIT FIVE MINUTES...START 30 SECONDS	<i>This is a combined Preparation and Sighting Stage. During this period, athletes may get into their firing positions, remove CBIs, and dry fire or fire sighting shots.</i> <i>The Range Officer gives a 30 second warning after 4 minutes, 30 seconds, or if a 10-minute Sighting Stage is used, after 9 minutes, 30 seconds.</i>
After 5:00 minutes	
SIGHTING SHOTS...STOP 20 (or 10) SHOTS IN A TIME LIMIT OF 25 (or 15) MINUTES...START FIVE (5) MINUTES TWO (2) MINUTES	<i>After the command STOP between the Sighting and Record stages, rifles may remain loaded and in position ready for the Record Fire START command.</i> <i>If electronic targets are used, there must be a pause while the computer officer resets the targets from sighter to record.</i> <i>The time limit begins when the command START is given.</i>

	<i>The Range Officer gives five- and two-minute warnings.</i>
After 25:00 (or 15:00) minutes	
STOP—UNLOAD IS THE LINE CLEAR? THE LINE IS CLEAR...GO FORWARD AND REMOVE TARGETS	<i>When the STOP—UNLOAD command is given, all athletes must insert CBIs and ground their rifles.</i> <i>Range Officers must signal YES or NO to indicate that all rifles are grounded with CBIs inserted.</i> <i>Coaches, athletes, or target handlers may go downrange to remove targets. No one may handle rifles while personnel are downrange.</i>
After all targets are removed and all personnel are back from downrange:	
ATHLETES, YOU MAY REMOVE YOUR EQUIPMENT FROM THE FIRING LINE YOU MAY DISCHARGE AIR OR GAS DOWNRANGE	<i>Athletes are instructed to remove their equipment from the firing line to prepare for the next relay of athletes. Athletes who wish to case their rifles before removing them from the firing line are authorized to close the rifle actions and discharge air or gas before casing them.</i>
If there are additional relays of athletes to fire, the Range Officer returns to the welcome and call to the firing line for the next relay according to the scheduled start time for that relay.	