



# Five Forks Middle School Intramural Club 2023-2024

Directors: Coach Massey & Coach Tucker

**7:15–8:15 am**

6th/7th Grade: Wednesday  
8th Grade: Thursday

**Fall Intramurals:**

**Wed. Sep 6th - Thurs. Nov.2nd**

**Spring Intramurals:**

**Tues Feb 6th - Thur April 25th**



Intramurals Club is a great opportunity for students to have fun and be active before school. Under the supervision of a certified teacher, students will have the opportunity to play a variety of sports. Students can participate in as many or as few sessions as is convenient; they are not required to attend every session, however they will need to sign up for the sports they will be participating in on the google form located above.

**In addition to the participation form above, each student must turn in this permission form before participating in his/her first session. Bring this signed form with you to your first session or give it to Coach Massey or Mrs. Purnell at school.**

## EXPECTATIONS:

1. **DO NOT ENTER through the front doors.** Parents must drop off in the car rider line by the gym.
2. **Sign in** each day before you begin playing.
3. **Do not leave the gym without permission.**
4. There will be **NO** supervision before 7:15 am.
5. Be **respectful** & play with good sportsmanship and proper language.
6. Keep your **hands to yourself** at all times.
7. When you hear Coach blow the whistle, **stop, look and listen** to instructions.
8. **Clean up.** All equipment must be put away before leaving.
9. After intramurals, you are required to attend a help session or sit silently in the gym until the bell rings.
10. Change of clothes and shoes is encouraged especially for weeks when we are outside.

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Please list any health issues: (indicate if your child requires an inhaler, Epipen, etc.)

My child has permission to participate in physical activities in the FFMS Intramural Club.

Parent/Guardian Signature: \_\_\_\_\_

Phone # (s): \_\_\_\_\_