# - "28 Days To A Client" -

### The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)					
1. 🗸	3 -	WAKE UP @ 5 AM!					
2. 🗸	3 -	GYM FOR 30 MINS-1 HOUR!					
3. 🔽	3 -	EAT HEALTHY BREAKFAST/LUNCH/DINNER!					
4. 🗸	3 -	FACIAL ROUTINE!					
5. 🔽	2	CHOCOLATE MAKING!					
6. 🔽	3 -	EMAIL COPYWRITING FOR 2 HOURS!					
<b>7.</b> 🗙	3 -	IN-PERSON COPYWRITING FOR 2 HOURS!					
8. <b>X</b>	2	POST ON SOCIAL MEDIA!					
9. <b>X</b>	2	WORK ON WEBSITE FOR 1 HOUR!					
10. 🗙	2 -	COPYRIGHT STORIES!					
11. X	2	WORK ON STORYBOARDS FOR 1-2 HOURS!					
12. 🗙	2 -	WORK ON DRAWING ORIGINAL CHARACTERS!					
13. 🗙	2 -	WORK ON ANIMATION!					
14. 🔽	3 -	MEDITATE FOR 5 MINS!					
15. <b>X</b>	3 -	HOME BASED FOOD BUSINESS! 10 AM-12 PM!					
16. 🔽	3 -	MAKE FACIAL PRODUCTS!					
17. 🔽	3 -	MADE TIKTOK POST!					
18. 🔽	3 -	CLEAN ROOM					
19. <b>V</b> /X	3 -						
20. 🔽/💢	3 -						

#### **Day Number:**

#### Date:

#### Start Of The Day - Time:

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	I AM EXCITED TO HAVE HAPPINESS IN MY FUTURE BECAUSE I WILL BE FINANCIALLY SUCCESSFUL & FREE WITH MY FAMILY! WITH GOD'S GUIDANCE!
2.	I AM EXCITED TO HAVE A MARVELOUS & LEGENDARY REPUTATION IN BEING A WOMAN TO HAVE MULTIPLE SUCCESSFUL BUSINESS AROUND THE WORLD!
3.	I AM EXCITED TO FINALLY LOVE MYSELF FOR EVERYTHING I ACCOMPLISH!



### [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?		
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?		
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?		

#### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

### 5. I Am The Best Copywriter In The World!

\$ 5 am: Task \$	WAKE UP © 5 PM!     FACIAL ROUTINE!
	CLEAN ROOM! GO TO THE GYM!
🔔 Intention 🔔	SET PHONE ALARM FOR 5 AM WASH MY FACE WITH A NATURAL SCRUB CLEAN WORKING ENVIRONMENT IN MY ROOM HEAD OVER TO GYM
/ Reflection /	I DID COMPLETE THIS TASK AROUND THIS HOUR!
\$ 6 am: Task \$	BE @ GYM FOR 30 MIN-1 HOUR!
	EAT HEALTHY BREAKFAST!     TAKE COLD SHOWER!
🔔 Intention 🔔	<ul> <li>TIMED MYSELF TO WORK OUT AT THE GYM</li> <li>MADE MYSELF A TOAST WITH HONEY</li> </ul>
/ Reflection /	I SKIPPED TAKING A COLD SHOWER TODAY, BUT WILL TAKE ONE TOMORROW!
\$ 7 am: Task \$	CHOCOLATE MAKING!     CREATE TIKTOK POST!
🔔 Intention 🔔	FINISH PUTTING CHOCOLATE IN CHOCOLATE MOLDS     WORK ON TIKTOK POST
/ Reflection /	I COMPLETED THESE TASKS!

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\$ 8 am: Task \$	EMAIL COPYWRITING FOR 2 HOURS!	
🔔 Intention 🔔	CREATE EMAIL	
/ Reflection /	I CREATED A ROUGH DRAFT EMAIL FOR A PROSPECT	
		_
\$ 9 am: Task \$	POST TIK TOK POST!     WORK ON WEBSITE!	
🔔 Intention 🔔	<ul> <li>UPLOAD FINISHED TIKTOK VIDEO</li> <li>UPDATE WEBSITE INFO.</li> </ul>	
/ Reflection /	DIDN'T GET TO POST ON TIKTOK OR WORK ON WEBSITE. I WORKED ON COPYWRITING INSTEAD. COPYWRITE EMAIL IS STILL BEING WORKED ON.	
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		_
\$ 10 am: Task \$	Home Based food Business Course!	
🔔 Intention 🔔	ATTEND COURSE & REVIEW LECTURE	
/ Reflection /	ATTENDED THE COURSE BUT DID NOT WATCH THE LECTURE. I FELL ASLEEP.	
\$ 11 am: Task \$	Home Based Food Business Course!	
▲ Intention ▲	ATTEND COURSE & REVIEW LECTURE	_
/ Reflection /	ATTENDED THE COURSE BUT DID NOT WATCH THE LECTURE. I FELL ASLEEP.	_

\$ 2 pm: Task \$  A Intention A  Reflection /  \$ 3 pm: Task \$  A Intention A	EMAIL COPYWRITE!     FINALIZE CW!     SEND EMAIL!      SEND FINALIZED EMAIL TO PROSPECT!  EMAIL IS STILL BEING WORKED ON! I WAS SLEEPING AT THIS TIME!  IN-PERSON COPYWRITE!  DRIVE TO LOCAL BUSINESSES TO OFFER MY SERVICES!			
▲ Intention ▲  / Reflection /	+ FINALIZE CW! + SEND EMAIL!  • SEND FINALIZED EMAIL TO PROSPECT!  EMAIL IS STILL BEING WORKED ON! I WAS SLEEPING AT THIS TIME!			
🔔 Intention 🔔	+ FINALIZE CW! + SEND EMAIL! • SEND FINALIZED EMAIL TO PROSPECT!			
🔔 Intention 🔔	+ FINALIZE CW! + SEND EMAIL! • SEND FINALIZED EMAIL TO PROSPECT!			
	+ FINALIZE CW! + SEND EMAIL!			
\$ 2 pm: Task \$	+ FINALIZE CW!			
/ Reflection /	Reflection / COPYWRITED EARLIER! CREATED EMAIL! I WAS SLEEPING DURING THIS TIME!			
🔔 Intention 🔔	CREATE EMAIL FOR PROSPECT			
\$ 1 pm: Task \$	• EMAIL COPYWRITE! + DRAFT CW!			
/ Reflection /	<ul> <li>ATTENDED THE COURSE BUT DID NOT WATCH THE LECTURE. I FELL ASLEEP.</li> <li>DIDN'T EAT LUNCH @ THIS TIME!</li> <li>WASN'T ABLE TO REACH OUT TO COPYRIGHT SERVICES!</li> </ul>			
	ATTEND COURSE & REVIEW LECTURE     MAKE A HEALTHY MEAL     CONTACT COPYRIGHT SERVICES!			
🔔 Intention 🔔				
\$ 12 am: Task \$ 	HOME BASED FOOD BUSINESS COURSE!     EAT HEALTHY LUNCH!     COPYRIGHT STORIES!			

\$ 4 pm: Task \$	• IN-PERSON COPYWRITE!
🔔 Intention 🔔	DRIVE TO LOCAL BUSINESSES TO OFFER MY SERVICES!
/ Reflection /	I DID NOT GET A CHANCE TO DO THIS! I JUST WOKE UP FROM MY RECOVERY NAP FOR MISSING OUT ON SLEEP LAST NIGHT! BUT DID EAT A HEALTHY LUNCH!
\$ 5 pm: Task \$	WORK ON DRAWING ORIGINAL CHARACTERS!
	DRAW AND BUILD BACKGROUND ON ORIGINAL CHARACTERS!
/ Reflection /	DID NOT GET A CHANCE TO WORK ON THIS! I WAS WORKING ON A TIKTOK POST FOR TOMORROW!
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\$ 6 pm: Task \$	WORK ON STORYBOARDS!
🔔 Intention 🔔	DRAW AND CREATE DIALOGUE FOR YOUR STORIES!
/ Reflection /	DID NOT GET A CHANCE TO WORK ON THIS! I WAS WORKING ON A TIKTOK POST FOR TOMORROW!
\$ 7 pm: Task \$	WORK ON ANIMATION!
🔔 Intention 🔔	MAKE ANIMATION FOR YOUR ORIGINAL CHARACTER!
/ Reflection /	DID NOT GET A CHANCE TO DO THIS! I WAS EATING A HEALTHY DINNER AT THIS TIME!

\$ 8 pm: Task \$	• FREE TIME!		
🔔 Intention 🔔	• RELAX!		
/ Reflection /	I WORKED ON MAKING FACIAL PRODUCTS!		
\$ 9 pm: Task \$	GET READY FOR BED!		
🔔 Intention 🔔	WASH FACE, SET ALARM, AND PREPARE BED!		
/ Reflection /	I WORKED ON MAKING FACIAL PRODUCTS!		
	<b>,</b>		
	T		
\$ 10 pm: Task \$	• SLEEP!		
🔔 Intention 🔔	CLOSE EYES AND DREAM		
/ Reflection /	NOT ASLEEP YET! UPDATING MY PLANNER FOR TOMORROW!		
	End-Of-The-Day Report:		
I LEARNED THAT REST IS IMPORTANT & IF I DON'T GET GOOD REST AT NIGHT! I AM GOING TO SPEND THE DAY RECOVERY FOR LAST NIGHT'S LACK OF SLEEP!			

www. What Do I Plan To Do Differently Tomorrow? ™

I PLAN TO GET GOOD REST TONIGHT! SO I CAN WAKE UP REJUVENATED AND READY TO TAKE ON ANY GOALS I HAVE WITH A CLEAR SHARP MIND!		
™What Do I Plan To Do The Same Tomorrow?™		
START THE DAY AT 5 AM AND ACCOMPLISH THE GOALS I ACCOMPLISHED TODAY!		
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧		
NO ONE.		
<b>∌What Tasks Were Left Undone?</b>		
POST ON SOCIAL MEDIA!		
WORK ON WEBSITE FOR 1 HOUR!		
COPYRIGHT STORIES!		
WORK ON STORYBOARDS FOR 1-2 HOURS!		
WORK ON DRAWING ORIGINAL CHARACTERS!		
WORK ON ANIMATION!		

HOME BASED FOOD BUSINE SS! 10 AM-12 PM!

## **Brain Dump:**