# **Lake County Community Resource Directory**

### **General Information**

- Find Help Lake County
  - o 211lakecounty.org
  - Free service connecting Lake County, IL residents with local non-profit health and human service providers

# **Counseling and Mental Health Services**

- General Counseling
  - Arden Shore Children and Family Services
    - Bilingual Services
    - 329 North Genesee Street, Waukegan, IL 60085
    - **(847) 623-1730**
  - Bradley Counseling Center
    - Lake Villa & Gurnee
    - **(847) 356-3322**
  - o Catholic Charities/Holbrook Center
    - Bilingual Services
    - Mundelein
    - **(847) 782-4049**
  - o Community Youth Network
    - Grayslake
    - 847-548-6000, ext. 013, terryc@cyngrayslake.org
  - Josselyn Center
    - 415 Washington Street, Waukegan, IL 60085
    - Email: info@josselyn.org
    - Phone: 847-441-5600 x1
    - Bilingual Services
  - o Mano a Mano
    - Bilingual Services
    - Round Lake Park
    - **(847) 201-1521**
  - NICASA
    - Bilingual Services
    - Contact Us
    - **(847)** 546-6450
  - o Omni Youth Services
    - Bilingual Services
    - Buffalo Grove
    - **(847) 353-1500**
  - Youth and Family Counseling
    - Libertyville

- Counseling for All
- Bri Roberts (new client coordinator): (847) 748-0301

#### Mental Health Assessment Services

- Alexian Brothers Behavioral Health Hospital
  - Hoffman Estates
  - **(847)** 755-8140
  - FREE walk-in assessments, 24 hours/day
  - Spanish interpretation available
- Lake Behavioral Hospital Adolescent Mental Health
  - Waukegan
  - **(847) 360-2470**
- North Shore University Health System Highland Park Hospital
  - IOP only during COVID (no PHP)
  - **(847) 400-8430**
- Northwest Community Hospital
  - Arlington Heights
  - **(847) 618-4160**
- Streamwood Behavioral Healthcare System
  - Outpatient: (630) 837-9000 Ext. 3922
  - Inpatient: (630) 540-3700

## **Suicide Prevention and Crisis Support**

- Suicide Prevention
  - o Catholic Charities L.O.S.S Loving Outreach to Survivors of Suicide
    - loss@catholiccharities.net
    - (312) 655-7283, Waukegan
  - Lake County Health Department and Community Center
    - 24 Hour Hotline: (847) 377-8088
    - Child and Adolescent line: (847) 377-8950
  - National Hopeline Network
    - 1-800-SUICIDE (784-2433)
  - National Suicide Prevention Lifeline
    - 1-800-273-TALK (8255)
    - CRISIS Text Line: 741741
    - Available 24/7 via phone and online chat
- Other Hotlines
  - National Domestic Violence Hotline
    - Hotline: 1 (800) 799-7233
    - Available 24/7 via phone and online chat
  - Love is Respect National Teen Dating Abuse Hotline
    - Hotline: 1 (866) 331-9474
    - Text: 22522
    - Available 24/7 via phone, text, and online chat
  - Rape, Abuse, and Incest National Network (RAINN) National Sexual Assault Hotline
    - Hotline: 1 (800) 656-4673
    - Available 24/7 via phone and online chat
  - National Human Trafficking Hotline
    - Hotline: 1-888-373-7888

■ Text: 233733

■ Available 24/7 in more than 200 languages

#### National Runaway Safeline

■ Hotline: 1 (800) 786-2929

■ Email: info@1800runaway.org

Available 24/7 via phone, email, forum, and online chat

#### Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline

■ Hotline: 1 (800) 662-4357

■ Available 24/7 in English and Spanish

#### The Trevor Project

Hotline: 1-866-488-7386Text START to 678678

■ The Trevor Project

#### o TransLifeline

■ Hotline: 1-877-565-8860

■ <u>TransLifeline</u>

#### A Safe Place

24/7 crisis line: 847-249-4450 or 1-800-600-SAFE

A Safe Place

#### Zacharias Sexual Abuse Center

Hotline: 847-872-7799Zacharias Center

### **Mentoring and Tutoring**

- Lake County Youth Mentorship Program (Ages 9-12)
  - Application: Program Coordinator: Beth Sheehan Lucas
  - o (312) 937-3375, blucas@catholiccharities.net
- SAAP Student Academic Assistance Program
  - Contact Mr. Campos at 224-287-1100 for more information

### **Substance Abuse Services**

- Alexian Brothers Behavioral Health Hospital
  - Hoffman Estates
  - 0 (847) 755-8140
- Community Youth Network
  - Virtual services during COVID
  - o Grayslake, IL
  - o (847) 548-6000
- Gateway Foundation
  - 0 (847) 356-8205
- NICASA
  - o 2031 Dugdale Road, North Chicago, IL 60064
  - o (847) 785-8660
- Northwest Community Hospital
  - Arlington Heights
  - o (847) 618-2700

#### Omni Youth Services

- Bilingual Services
- Vernon Hills Township/Lake Zurich
- o (847) 353-1500

#### Rosecrance

- o Chicago
- 0 (888) 928-5278

### **Domestic Violence Resources**

- A Safe Place
  - Waukegan
  - 0 (847) 249-4450
  - o 24/7 crisis line: 847-249-4450 or 1-800-600-SAFE
  - o A Safe Place
- Fleet and Family Support Center
  - Great Lakes
  - 0 (888) 231-0714
- Mano a Mano
  - Round Lake Park
  - 0 (847) 201-1521, (847) 201-1522, (847) 201-1523, (847) 201-1524
- NICASA
  - 0 (847) 546-6450
- The National Domestic Violence Hotline
  - o 1 (800) 799-7233
  - Available 24/7 via phone and online chat
- Love is Respect National Teen Dating Abuse Hotline
  - 0 1 (866) 331-9474
  - o Text: 22522
  - Available 24/7 via phone, text, and online chat

# **Housing Support**

- Housing Support for Women and Children
  - Lake County Haven
    - Libertyville
    - Lake County Haven
    - **(847) 680-1703**
  - Waukegan Township Staben House
    - Staben House
    - **(847) 244-9944**
  - Women and Children's Horizons
    - Wchkenosha
    - Kenosha
    - **(262) 652-9900**