



LEWY BODY DEMENTIA RESOURCES

**Information for Patients, Families, and Medical
Professionals**

**University of Miami
Miller School of
Medicine
Comprehensive Center for Brain Health**

7700 W Camino Real, Suite 200
Boca Raton, FL 33433



**<https://www.facebook.com/UmiamiCCBH>
<https://twitter.com/UmiamiCCBH>**



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Disclosure: Dr. James E. Galvin is the Chief Scientific Officer of Cognivue



Senior Living and Care Solutions



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**A kind thank you to the Lewy Body Dementia Association (LBDA) and the LBDA
Lewy Body Dementia Research Centers of Excellence (RCOE)**



University of Florida
1-352-294-5400
3009 SW Williston Rd. Gainesville,
FL 32608
WWW.FIXEL.UFHEALTH.ORG



Mayo Clinic
1-904-953-0853
4500 Mellish Drive
Jacksonville, FL 32224
WWW.MAYOCLINIC.ORG/FLORIDA



**University
of Miami**
1-561-869-6
830
7700 W Camino Real Suite
200 Boca Raton, FL 33433
WWW.UMIAMIBRAINHEALTH.ORG

Miami, and Mayo Clinic have no specific or restrictive financial or professional affiliations or endorsement with any of the resources provided in this directory. The resources listed are nationally and/or locally recognized organizations. Discretion is advised in determining if services are appropriate.

NATIONAL SERVICES

LewyCompassapp

Free app for desktop or phone. Access to resources and organizational too LewyCompass
- Lewy Body Dementia

<https://www.lbda.org/lewycompass/>

Lewy Body Dementia Resource Center

The only *live* helpline open 365 days/yr in the US Helpline 1-516-218-2026
or 1-833-LBD-LINE

<https://www.lewybodyresourcecenter.org>

EldercareLocator

Public service of the U.S. Administration on Aging. Nationwide directory assistance connecting to services for older adults and their families.

1-800-677-1116

<https://eldercare.acl.gov/Public/Index.aspx>

Family Caregiver Alliance (FCA)

Connect to care planning and respite services by State

1-800-445-8106

<https://www.caregiver.org>

NationalAdultDayServices Association 1-877-745-1440 <https://www.nadsa.org>

-

NationalCareGiverActionNetwork 1-202-454-3970 <https://caregiveraction.org>



NATIONAL ORGANIZATIONS

Alzheimer's association <https://www.alz.org>

Alzheimer's Community Care <https://www.alzcare.org>

Alzheimer's Foundation of America

<https://www.alzfdn.org>

Alzheimer's Disease Education and Referral Center

<https://www.nia.nih.gov/alzheimers> American Parkinson's Disease Association

APDA <https://www.apdaparkinson.org> The Association for Frontotemporal

Degeneration <https://www.theaftd.org>

International Parkinson and Movement Disorder Society <https://www.movementdisorders.org>

Lewy Body Dementia Association <https://www.lbda.org>

Lewy Body Dementia Resource Center <https://www.lewybodyresourcecenter.org>

National Hospice and Palliative Care Organization <https://www.nhpco.org>

FLORIDA

Aging and Disability Resource Centers (ADRC) by region Offers public access to statewide database of local community resources <https://www.elderaffairs.org> 1-800-963-5337

EXERCISE CLASSES

(Most of the resources listed provide both in-person and virtual options)



www.nursing.fau.edu/outreach/memory-and-wellness-center

Boca Raton Regional Hospital

800 Meadows Rd Boca Raton, FL
33486 Ph. 561-955-7100

www.brrh.com/services/classes-events-support-groups

Palm Beach County Library Events

Chair Yoga for All (virtual only)

www.events.pbclibrary.org/content/chair-yoga-all

777 Glades Rd Boca Raton, FL 33431 Ph.
561-297-6261

AARP Local Events www.local.aarp.org

Baptist Health Events

www.events.baptisthealth.net

Silver Sneakers www.silversneakers.com

Rocksteady Kickboxing

www.rocksteadyboxing.org

Volen Center www.volencenter.com **Rales**

Jewish Center www.alesjfs.org **YMCA**

www.ymcasouthflorida.org

Chair Yoga/Exercise for the Older Adult

BROWARD COUNTY:

Wellness Center

8TH Floor Physician's Office Building
Broward Health Medical Center 1600 S.
Andrews Ave

Fort Lauderdale, FL 33316

Ph. 954-355-5521

www.Browardhealth.org/bhfitness

Broward County Library Chair Yoga for

Seniors www.broward.org/Library/Events

PALM BEACH COUNTY:

**Louis and Anne Green Memory &
Wellness Center**

SENIOR CENTERS/DAY CARE CENTERS



BROWARD COUNTY:

Northeast Focal Point Senior Center (Center for Active Aging)

227 NW 2nd Street
Deerfield Beach, FL
33441 Ph.
954-480-4449

www.adrcbroward.org

Northeast Focal Point Senior Day Care Services for Creole & Portuguese Speaking Elders

225-A NW 2nd Street
Deerfield Beach, FL
33441 Ph.
954-480-2641

Northwest Focal Point Senior Day Care Center

6009 NW 10th Street
Margate, FL 33063
Ph. 954-973-0300

Pembroke Pines, FL 33026 Ph.
954-450-6855

Southwest Focal Point Community Center

301 NW 103rd Avenue
Pembroke Pines, FL 33026 Ph.
954-450-6888

Northwest Federated Woman's Club

2161 NW 19th St
Fort Lauderdale, FL 33311
Ph. 954-730-3442

**Southcentral/Southeast Focal Point
Senior Center**

6700 Miramar Parkway
Miramar, FL 33023
Ph. 954-889-2707

Irma E. Allen Adult Day Care Center

2185 NW 19th Street
Fort Lauderdale, FL 33311
Ph. 954-714-3500

Noble A. McArtor Senior Day Care Center

1480 SW 9th Avenue
Fort Lauderdale, FL 33315-1375
Ph. 954-764-5055

Tender Loving Care Adult Day Health Center

611 NW 31st Avenue
Pompano Beach, FL 33069 Ph.
954-917-8099

**Wilton Manors Senior Day Care Center & Time
Together Mental Health Care Program**

1503 NE 26th Street Wilton
Manors, FL 33305 Ph.
954-630-9501

**Easterseals Southwest Focal Point Senior
Center, Pembroke Pines**

301 NW 103rd Avenue

www.easterseals.com/southflorida/contact-locally/service-center-locations/

South Central / Southeast Focal Point Adult Day Care Center

8915 Miramar Parkway
Miramar, FL 33025
Ph. 954-883-5220

www.miramarfl.gov/447/Adult-Day-Care

e PALM BEACH COUNTY:

Alzheimer's

Community Care

HQ800 North Point
Parkway Suite 101-B
West Palm Beach, FL
33407 Ph.
561-683-2700

Alzheimer's Community Care

HQ www.alzcare.org/

Area Agency on Aging of Palm Beach/Treasure Coast, Inc

4400 N. Congress Ave.
West Palm Beach, FL
33407 Ph.
561-684-5885

Area Agency of Aging Palm Beach |

Home www.aaapbtc.org

Mid County Adult

Day Care 3680 Lake

Worth Road Lake
Worth, FL 33461 Ph.
561-355-4746

North County Adult

Day Care 5217

Northlake Blvd.
North Palm Beach, FL
33410 Ph.
561-694-5440

Palm Beach County

Division of Senior and Veteran Services Administration Office

810 Datura Street, Suite
300 West Palm Beach,
FL
Ph. 561-355-4746

**West County Senior
Center** 2916 State Road
#15 Belle Glade, FL 33430
Ph. 561-996-4808

Cohen, LCSW
Ph. 561 869 6802
<https://www.umiamibrainhealth.org>
Email: IRC@med.miami.edu

**Shirley & Barton Weisman Delray
Community Center**
7091 West Atlantic Avenue, Delray Beach
Florida 33446
Ph. 561-558-2100
<https://www.ralesjfs.org>

The Volen Center
1515 W Palmetto Park Road Boca
Raton, FL 33486
Ph. 561-395-8920
<https://www.volencenter.com/>



SUPPORT GROUPS

**Central Florida:
Lewy Body** Sue
Bouder
Ph. 914-589-2004
<https://www.cflewybody.org> Email:
Sue@cflewybody.org

Elder Options
North Central Florida Agency on Aging Ph. 1
800 262-2243
<https://www.agingresources.org>

Florida Gold Coast LBD Caregivers Iris

Alliance for Aging

Ph.561-670-6500

<https://www.allianceforaging.org/>

Alzheimer's Association

[https://www.alz.org/help-](https://www.alz.org/help-support/)

[support/](https://www.alz.org/help-support/)

[community/support-groups](https://www.alz.org/help-support/)

American Parkinson Disease Association

[https://www.apdaparkinson.org/com-](https://www.apdaparkinson.org/community/)

[munity/](https://www.apdaparkinson.org/community/)

Lewy Body Dementia Association

[LBD Support Groups by Lewy Body Dementia](https://www.lbda.org)

[Association https://www.lbda.org](https://www.lbda.org)

Lewy Body Dementia Resource Center

Ph. 833 LBD-Line (833-523-5463)

<https://www.lewybodydementiaresourcecenter.org>

Email: norma@lbdny.org

Mayo Clinic -Caring for Lewy

A Support Program for Persons Caring for a Family Member, Partner, Other Relative, or Friend with Lewy Body Dementia Nick Rethemeier

Ph. 507-538-4048

Email: Rethemeier.Nicholas@mayo.edu

University of Florida-Virtual LBD**Care Partner Support Group**

Noheli Bedenfield,

MHA Ph.

352-733-2419

Email: noheli.gamez@neurology.ufl.edu

BROWARD:**Aging and Disability Resource Center of****Broward**

Ph.954-745-9567

<https://www.adrcbroward.org/>

Daniel Cantor Senior Center

Broward County Ph. 954-742-2299

<https://www.cantorcenter.com>

Goodman Jewish Family Services

Ph. 954-370-2140

<https://www.jfsbroward.org/>

Jewish Community Services South Florida

305-576-6550

<https://www.jcsfl.org/services/senior-services/>

COUNSELING

Elder Affairs

Helpline

Ph. 1-800-963-5337

<https://www.elderaffairs.org>

Florida Health

<https://www.floridahealth.gov>

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Help Starts Here

<https://www.helpstartshere.org/> **National**

Institute of Mental Health

Ph. 1-800-662-4357

<https://www.nimh.nih.gov/health/topics/caring-for-your-mental-health>

National Suicide Prevention

Lifeline Ph. 1-800-273-8255



SENIOR SERVICES, CARE-GIVING, CASE MANAGEMENT

Department of Elder Affairs State of Florida Home Care for the Elderly Program

(HCE) Ph. 850 414-2000 <https://www.elderaffairs.org/programs-services>

Florida PACE Centers (Miramar) Ph. 954 710 0466

<http://www.floridapacecenters.miamijewishhealth.org>

Mandel JCC (Palm Beach Gardens) Ph. 561-712-5200 <https://www.jcconline.com/>

Morse Life Care Management &

Counseling Ph. 561-570-2770

<https://www.morselife.org>

Alpert Jewish Family Services (Boynton Beach) 561-684-1991

<https://www.alpertjfs.org/> **Ruth and Norman Rales Jewish Family Services (Boca**

Raton) <https://www.ralesjfs.org/> Weisman Center (Delray Beach) 561-558-2100

<https://www.ralesjfs.org/wdcc/>

Volen Center: Senior Supportive Services Centers, Day Centers (Delray and

Boca) Delray Ph. 561-395-8920 <https://www.volencenter.com/>

Boca Ph. 561-395-8920 <http://www.volencenter.com/>

Catholic Charities Tri County Ph 305-754-7444 <https://www.ccrdca.org>

RESPITE

**ARCH National Respite Network and
Resource Center** Ph. 703-256-2084
www.archrespite.org

Florida Lifespan Respite Alliance
www.flifespanrespite.com

**Department of Elder Affairs State
of Florida** 850-414-2000
www.elderaffairs.org

LEGAL PLANNING/LAW FIRMS

Florida Rural Legal Services

1321 E. Memorial Boulevard Suite 101 Lakeland,
FL 33801

Website: www.frls.org

Ph. 888-582-3410

Florida Senior Legal Helpline

1302 North 19th Street, Suite 400 Tampa, FL

33065 Website: www.bals.org

Contact Email: jreed@bals.org

Ph. 888-895-7873

Legal Aid Service of Broward County

www.browardlegalaid.org

Ph. 954-765-8950

Legal Aid Society of Palm Beach County

www.legalaidpbc.org

Ph. 561-655-8944

SENIOR CARE ASSISTANCE

Health Insurance Counseling

Serving Health Insurance Needs of Elders (SHINE)

Program 4040 Esplanade Way Suite 270 Tallahassee, FL

32399 Contact Email: information@elderaffairs.org

<http://www.floridashine.org/>

LONG TERM PLANNING/ADVANCE DIRECTIVES

Florida's Long-Term Care Ombudsman Program

4040 Esplanade Way Suite 380 Tallahassee, FL 32399

Ph. 888 831 0404 8am-5pm Mon-Fri

Contact Email: LTCOPInformer@elderaffairs.org

<https://www.ombudsman.elderaffairs.org/>

Florida Health Finder A service of the Agency
for Health Care Administration

2727 Mahan Drive Tallahassee, Florida 32308

Ph. 888 419 3456

<https://www.quality.healthfinder.fl.gov>

HOSPICE

National Hospice and Palliative Care Organization

<https://www.nhpco.org> **Trustbridge** <https://www.trustbridge.com/>

Vitas: <https://www.vitas.com/>

ADDITIONAL RESOURCES:

Cognitive Activities: BrainHQ www.brainhq.com, Lumosity www.lumosity.com,
Neuronation www.neuronation.com, Brain Metrix www.brainmetrix.com

Sleep: www.aurahealth.io, www.calm.com, and www.thesleeppreset.com

**LEWY BODY ASSOCIATION RESEARCH CENTERS OF EXCELLENCE SPEAKERS
LEWY BODY DEMENTIA CONFERENCE 2023**



**James E. Galvin, MD,
MPH**



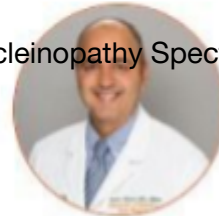
Ihtsham Haq, MD

8:40-9:20 Lewy Body: The Most Common Disease You've
Never Heard of
the



**Melissa Armstrong, MD,
MSc, FAAN**

11:15-11:45 Parkinson's Disease &
Lewy Body Dementia; Points on
Synucleinopathy Spectrum



**Alberto R. Ramos, MD,
MS, FAAS**

9:25-9:55 How to Improve Patient Care; Lived Experience
of Caregivers and People Living With LBD



Tanis J. Ferman, PhD

1:10-1:55 REM Sleep Disorder



Christian Lachner, MD

10:00-10:30 Clinical Expression, Trajectory and Pathologic
LBD Subtypes of Dementia with Lewy Bodies (DLB)



Karen Nuytemans, PhD

1:55-2:40 Behaviors in



Shannon Chiu MD, MSc

10:45-11:15 Genetics of Dementia

2:40-3:25 Biomarkers of LBD



**Lewy Body
Dementia Resources**
LBD Conference April 14,
2023

[illegible]

Lewy Body Dementia Conference Friday, April 14th 2023

Schedule MAIN BALLROOM JOINT SESSION

8:40-9:20 Lewy Body; The Most Common Disease You've Never Heard of

Dr. James E. Galvin MD, MPH

9:25-9:55 How to improve patient care; Lived Experience of Caregivers and People Living with LBD

Dr. Armstrong MD, MSc, FAAN

10:00-10:30 Clinical Expression, Trajectory, and Pathologic Subtypes of Dementia with Lewy Bodies

Dr. Ferman PhD

10:30-10:45 Break

10:45-11:15 Genetics of Dementia

Dr. Nuytemans PhD

11:15-11:45 Parkinson's Disease and Lewy Body Dementia; Points on the Synucleinopathy Spectrum

Dr. Haq MD, FAAN

11:45-12:15 Panel Discussion/Case Review

12:00-1:00 LUNCH for all attendees in BALLROOM

BREAK OUT SESSIONS KEY LARGO ROOM CLINICIAN CME

1:15-1:55 REM Sleep Disorder

Dr. Ramos MD, MSPH,

FAASM 1:55-2:40 Behaviors in LBD Dr. Lachner MD

2:40-3:25 Biomarkers of LBD

Dr. Chiu MD,

MSc 3:25-3:40 Break/Snack

COMMUNITY CONNECTIONS MAIN BALLROOM

1:15-1:55 Meet your Community Resources

1:55-2:40 Lewy Body Dementia Association representative Julia Wood

2:40-3:10 Alzheimer's Community Cares with Karen Gilbert DNP, MS, RN

3:10-3:25 Panel Discussion

3:25-3:40 Break/Snack

3:40-4:25