

Hi 2nd years! I am a 3rd year and am here to pass along a deck I made for 2nd year. Congrats on making it this far already! I am pretty confident you all will enjoy the content of 2nd year a lot more than that of 1st year. Before you download, **PLEASE read this entire post** as there are some really important topics here.

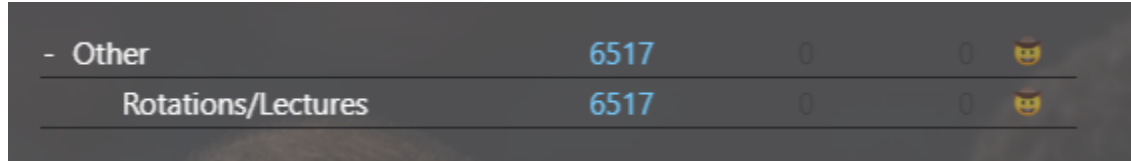
SETUP:

This deck is 100% designed to work alongside the incredible **AnKing deck** that I'm sure you have all heard about at this point. This deck is your go-to for boards and I highly highly highly recommend that you download that deck first, watch some of his videos about how the deck works, settings, etc. I would also recommend downloading the **add-ons** that AnKing recommends as well. I believe they are listed on his website. I'm optimistic that this deck will work without the addons, but **I haven't tested it** so I can't say for certain. You need to *at least* understand how cards are tagged before you dive into using this class deck.

(Deck link:

https://www.reddit.com/r/medicalschoollanki/comments/swjqzh/anking_overhaul_step_1step_2_version_11_update/)

I would recommend placing this class deck (which will show up as "Rotations/Lectures" subdeck under the "Other" main deck when you download; see below) as a **subdeck** in the "AnKing" main deck. This way you will review both class-specific cards and boards cards simultaneously. If you want class cards and AnKing (boards) cards to be reviewed separate, keep it as it is.



- Other	6517	0	0	🍻
Rotations/Lectures	6517	0	0	🍻

The first thing you should do after downloading both decks is **suspend every card**. AnKing (and my deck) work by starting at 0% and progressively unsuspending topics as you need until you have more and more of the deck unsususpended.

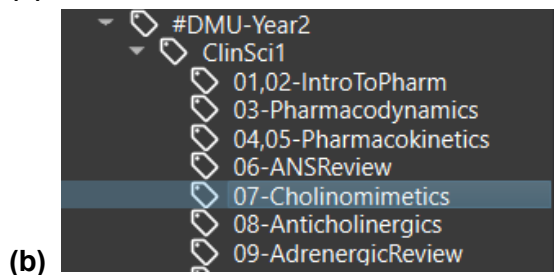
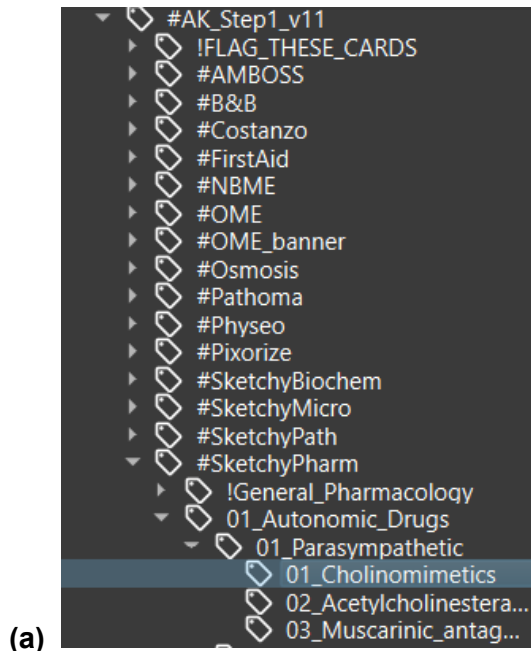
UNSUSPENDING BY LECTURE:

The cards I made for class are (generally) what is **NOT covered by AnKing cards**. Therefore, you still need to **look up topics from lecture** in Anki to find and unsuspend them out of the AnKing cards. This is done to maximize your board studying and to minimize your card load. I did not want to have a ton of cards that go over the same topic. There are still a lot of cards because there's a lot of extra class information.

How I did this: For each exam, I made a google doc listing out all of the lectures for that exam (see below for example). I would recommend working on this doc with a few friends, or even together as a class. After each lecture, we would look for a **board relevant video** and mention it on the google doc, so that we all knew that was a good video to study. Then, you can watch the video, unsuspend the cards for that

video, and then unsuspend the lecture cards for that lecture. (This might make no sense at this point, but it will take some time to get familiar with AnKing.)

Let's use an example: for instance you have a lecture on cholinomimetic drugs. You or one of your classmates find the SketchyPharm video to watch for that. You are going to then unsuspend **(a)** the sketchy video cards in AnKing, and **(b)** the cards from this class deck for that lecture.



Google doc example: (I can release a template for this as well)

Week 1: 10/4 - 10/8

1 - Intro to DSM-5:

2 - Psychiatric Evaluation: **REQUIRED LECTURE**

- <https://www.youtube.com/watch?v=U5KwDgWX8L8>
- <https://geekymedics.com/mental-state-examination/>
- <https://next.amboss.com/us/article/br0Hfh#Z3a2a9a0037784123a78da2a737f11682>

3, 4 - Mental Illness Among Us: **REQUIRED LECTURE**

5 - Intro to Women's Health:

- tag:#AK_Step2_v10::Subjects::Psychiatry::15_Reproductive_Disorders::Premenstrual_Dysphoric_Disorder::Management

6 - Menstrual Cycle:

- B&B -> Endocrinology > Reproductive > Female Reproductive Hormones (good review)
- B&B -> Endocrinology > Reproductive > Menstrual Cycle

7 - Anatomical Overview of Renal System:

- B&B Renal -> Embryology, Anatomy and Physiology Renal Anatomy
- I would also unsuspend following
 - tag:#AK_Step1_v10::FirstAid::15_Repro::03_Physiology::07_Abnormal_Uterine_Bleeding

8 - Physiological Correlates of Renal Disease I:

9 - Psychiatric Evaluation II: **REQUIRED LECTURE**

10 - Anxiolytics/Sedative Hypnotics: (pharm)

- Sketchy -> neuro and psychology -> 1.1, 1.3, 3.4

11 - Anxiety Disorders/OCD:

- B&B -> Psychiatry > Pathology > Anxiety Disorders

12 - Trauma/Stress/Dissociative Disorders:

- B&B -> Psychiatry > Pathology > Dissociative Disorders

13 - Physiological Correlations of Renal Disease II:

- B&B Renal -> physiology I&II should cover mostly everything from today and yesterdays

14, 15, 16 - Renal Pathology I-III:

- Pathoma chapter 12 (12.1-12.4 & 12.8-12.9)
 - Pathoma doesn't cover everything that's in the deck so i'd read first aid as well
 - tag:#AK_Step1_v10::FirstAid::14_Renal::04_Pathology::10_Pyelonephritis
- B&B -> Renal > Diseases of the Nephron > Glomerulonephritis Principles
 - Good fundamentals

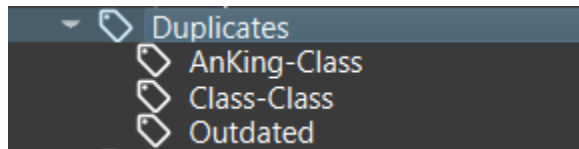
17 - Antidepressants: (pharm)

- B&B -> Psychiatry > Pharmacology > Antidepressants

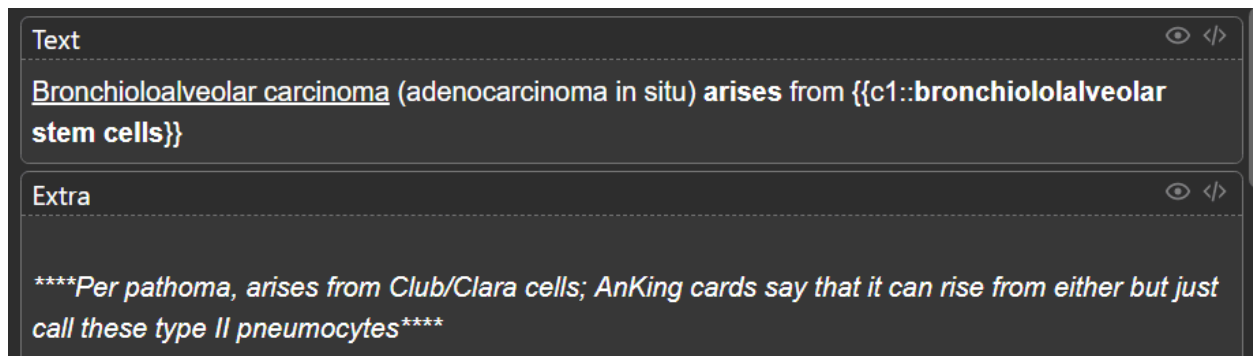
AnKing is designed to work with multiple board resources, so this method should work for most of the popular resources out there. Please note there will be **A LOT of lectures that have little/no corresponding board material**. Also, there is a decent amount of overlapping material. My deck will cover pretty much everything (unless I there was something that was mentioned to not be relevant for the exam or if I just thought it was not testable).

I guarantee there will be some changes to lectures. Some may be removed, changed, or added altogether, and the schedule may change. I'm sorry if this is the case. If lectures don't match up, I would first look at the tags for that class to see if it is listed later in the course.

PLEASE (briefly) **read through each card** when you are unsuspending, at least each class card. There are some duplicates between AnKing and my cards, and for the most part, they should be tagged as such (see below). You can flag these cards (similar to the tag that AnKing has) so that you easily know what they are.



I tagged these duplicate cards straight from memory and I may have been wrong about a few things. Some of the cards may have **conflicting information** between AnKing cards and class lecture information. Whenever this happened, I made sure to make a note of it in the extra. Please read that and consider unsuspending the card, as I want to make sure you don't miss an exam question due to conflicting information (see below for example).



IMPORTANT NOTES:

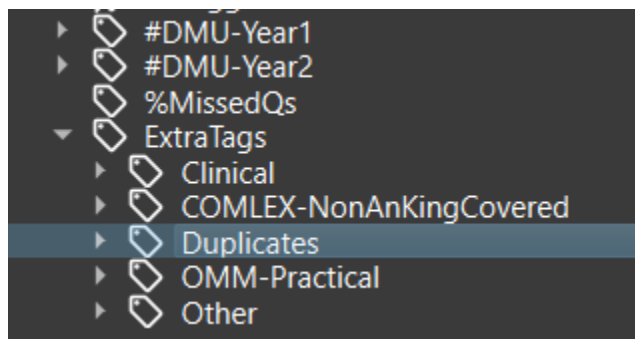
- **This deck *only* covers up to the first exam of (or halfway through) ClinSci3.** The entirety of ClinSci1 and 2 are here (aka all of first semester). Now, I bet you are asking, why is the 2nd half of ClinSci3 and all of ClinSci4 missing? There is actually a reason for this. I stopped making cards after this exam because class transitioned to a lot of non-board relevant material. At this point in class (latter half of 3rd block, all of 4th block), **I transitioned my studying into being much more board-focused.** You need to work on more practice questions at this time and should focus on class material less. Fortunately, the topics for these last units (PMN, specialty med, geriatrics) are significantly lighter/easier than the previous blocks. I basically started to just watch lectures and review PowerPoints before the exam for those last few units. I still unsuspending any board relevant material that came up during this time (there is a bit in specialty med). I would recommend this change in study methods to you all too. If you do not want to do this, I know

another group of students started to make cards around this time and you may want to consider that to supplement the last few exams of 2nd year.

- When I made this deck, I added a bunch of images from outside resources. Unfortunately, I asked DMU about this and they told me that I had to take these images out to share with you all. **Just as a heads up:** If you see text in the “Pathoma” field of a card, that is just an explanation about a topic in the card. It **does not** necessarily mean that information even came from Pathoma.
- I did very well 2nd year and my friends that used this deck also had good success with it. I obviously can’t guarantee your success with it, but I can tell you that it supplements AnKing for class very well. I put A TON of work into this deck and I hope that you find it helpful. The only way to find success with both this deck and AnKing is to **use it consistently** and to **keep up with your reviews**. You will have a lot of reviews during 2nd year. There was a string of 4 weeks last year that I did over 1000 cards per day. If you’re going to use Anki to study for boards and class, you need to fully buy into it.
- After unsuspending an **AnKing card**, I would recommend **not suspending it until after you take your boards** (yes, I had cards unsuspending for over a year). For **class cards**, I would recommend keeping cards unsuspending until the end of the block (after your cumulative). **After the block is over, you should suspend class cards**. Please do not suspend after the mid-block exam. It will do you no good for the cumulative exam.

EXTRAS:

I have added more tags to help with COMLEX, rotations, and more. Here are the explanations.



- **#DMU-Year1**
 - I made a deck for the entirety of first year. These cards are not in AnKing style and are typically lower quality than my second year cards. I left a few cards in this deck if I felt they could be useful. You won’t ever need to click on this tag. It’s purely for organization.
 - There is a subtag called “ClinicallyRelevant”. This is an essentially useless tag and please do not worry about it.
- **#DMU-Year2**
 - This tag and its subtags are what you will be using this year to find class relevant cards. Each lecture is tagged based on the class (ClinSci1, etc.) and lecture.

- There are OMM tags for your practicals. There are cards for EVERY OMM practical during the year. These cards are meant to be used just before the practical. I would unsuspend them and run them in a filtered deck, then go over every technique a few times.
 - They are tagged by each lab, also. If you desire, you could unsuspend after each lab. Up to you!
- **%MissedQs**
 - This deck used to have cards based on the practice quizzes, but I was asked by DMU to also remove these cards from the deck. I left a few cards in this deck based on boards-related topics in case they were useful to you. They are tagged with this tag, but I also recommend making a missed question deck and using this tag for when you are doing practice questions for boards!
- **ExtraTags**
 - **Clinical**
 - This has a bunch of subtags that organize class-specific cards for rotations. In 3rd and 4th year, when you are about to be on a rotation, you can go in and unsuspend whatever cards you would like.
 - **COMLEX-NonAnKingCovered**
 - COMLEX covers some information that is not on USMLE (and vice versa). I tagged cards from class (first and second year) that may be relevant for COMLEX. I would suggest looking through this and unsuspending before you take COMLEX and/or COMSAE.
 - I didn't include a lot of OMM here unless I felt like the card I made was better than the Demeter Deck, another OMM deck that is really popular for COMLEX.
- **Duplicates** (see above)
- **OMM-Practical**
 - Just another tag for OMM based on first/second year
- **Other**
 - Random other additional cards that may help on rotations or if you're looking for something specific.

I know this is a ton of information, so thanks for reading all of it! It will be really helpful to know all of this. **Please feel free to email/DM me or comment with any questions.** I'm considering doing more a Q&A thing live or on zoom to help you all with AnKing setup and with this deck. If there is sufficient interest, I am happy to do it. Good luck with this year!

- Conner Willson