

The Practice of Eucharist

The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.

1030 Chateau St. Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, February 11

Epiphany

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Meet and Greet

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



SERMON OUTLINE:

The Riches of the Gospel Pt.2: Ephesians 1:3-14

What was the dominate slogan of the day in the 1st century?

In this long sentence, Paul mentions just 7 of the 'every spiritual blessings':

#1: _____ (vs.4)

#2: _____ (vs.5)

#3: _____ (vs.7a)

What does this redemption refer to?

To live in our election and adoption we need _____

What is Paul celebrating here?

#4: _____ (vs.7b)

Forgiveness is all about _____

What is the difference between sin, transgression and iniquity?

What helpful prayers of confession have been meaningful to you in experiencing total forgiveness?

What is 'lavished upon us'?

What is grace?

How does Ephesians 2:2-9 and Romans 5:1-2 describe our abundant riches?



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Super Bowl/ Ice Skating Party

Sunday, February 11

Skating starts @ 2:00pm - Game starts @ 4:30pm

Dombach's - 1075 Forestvale Rd.

We will have a bonfire and hot cocoa. We have lots of skates of all sizes!

Also, bring a snack and or drinks to share for the game!

Lenten Devotional

Pray during Lent "in Jesus' name" with this book of prayers that focuses on many different names for Jesus. Short descriptions of the individual names are included with each prayer. Perfect to develop the practice of prayer (and learn something in the process). Be sure to pick up yours, beginning Ash Wednesday!

Ash Wednesday

Join us Ash Wednesday for a reflective interactive worship service as we prepare to enter into the season of Lent. This is a child-friendly service. Our desire is to cultivate an authentic space and atmosphere in which to repent, turn around and return to the gospel of Jesus Christ and allow Him to have His way with us.

Wednesday, February 14 – 6:30pm-7:30pm

New Members/ Inquirers Class

At the center of the universe is a relationship. This relationship is between persons: Father, Son and Holy Spirit. By this relationship and for this relationship you were created. In this membership/inquirers class we will explore and dialogue about this relationship, as well as our particular human relationships in which we each collectively and individually share as a part of Headwaters.

Saturday, March, 2; 9:00am-1:00pm @ Headwaters

(lunch included; please contact Pastor Seth to sign up)

Financial Snapshot 2024

Budget Approved at \$134,157

Thanks for your support and continued outrageous generosity.



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Every Wednesday

We will begin winter session Wednesday, January 10th

6:30-8:00pm at Headwaters Covenant Church.

Evening Schedule

6:30-6:45pm **Games in the Gym**

6:45-7:45pm **Discipleship Groups**

*Nursery for ages 0-3 (when needed)

*Pre-K-5th Grade Bible Study

*6th-12th Grade Bible Study

*Adult Bible Studies

7:45-8:00pm **Worship in the Sanctuary**

Children's Church

Children's Church is every other week for kid's preschool – 2nd grade and also 3rd -6th grade. If you are interested in serving, please contact

Shelby: shelby314@live.com or Charity: razzw23@gmail.com

Next Children's Church today February 18th.

Church Cleaning Volunteers

Since we have decided to continue to stop the cleaning services at the church, we need your help to keep our space clean. We have a sign-up sheet in the foyer.

There are still spots need to fill-in. Thank you for serving in this way!

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

So come join us as we pray together:

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can't make it for prayer please text or email Pastor Seth with requests)



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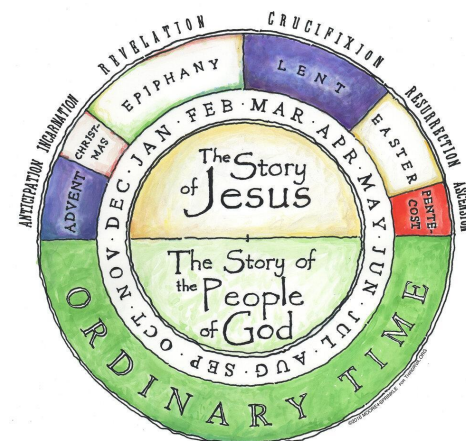
1 John 3:18 says, “Let us love not with words or tongue, but with actions and in truth.” At Headwaters, we’re taking that to heart. It is striking that when we look at what Jesus actually did on earth, he spent so much time out among the people—teaching in the open air, healing people in the square, visiting the sick in their homes. We want to be a church that doesn’t just meet for worship and Bible studies and prayer; we want to put our faith in action in practical ways right where we live. That’s why we are making serving together a regular part of our schedule. We want to love “with actions in and truth” – and have a faith that’s more than words.

Hope Center

We have an opportunity to show the love of Christ by providing a dinner for the women and staff at Hope Center Ministries in Clancy.

To do this we would need volunteers to make soup or chili in a crock pot and deliver to Hope Center by **4:45 on Friday, March 8, 2024**. You are welcome to stay and eat with the women if you choose. Families are welcome.

Keep your eye out for a sign-up sheet in the Foyer. And if you need more information feel free to call Linda Leffler – 406.461.5716



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