

Myers-Briggs Type Indicator Personality Test and Reflection

Part I Take the Test: Go to the website www.16personalities.com and choose “Take the Test.” You will then choose Step 1 Complete the Test. When you answer the questions on the test, try not to pick the middle response, but instead pick agree or disagree. If you *really* agree or disagree choose the larger circles on the outside. If you *barely* agree or disagree choose the circles in the middle. When you are done you do not have to enter your email- you can click “See Results.”

You will then be given a 4 letter code that is your personality type. Read the description and analysis of your personality from the website. You may also search on the internet your 4 letter personality type and read what other websites say about you.

Part II Reflection: Use real life examples to reflect upon your results in a paper. Be sure to include:

- the characteristics of this personality type that are **DEFINITELY** like you
- the characteristics of this personality type that are **SOMEWHAT** like you
- the characteristics of this personality type that are **NOT** like you
- you as a friend or your friendships
- you as a partner or your ideal partners/mates
- possible jobs/careers

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