

3. First Czech Conference on Recovery Plzeň, CZ, 12th and 13th November 2024



Conference programme:

Tuesday 12 November 2024

Registration will be open from 8:00 to 20:00.

The conference rooms are called **Big Hall, Conferenza, Bellevue, Basso A and B, Alto A and B**.

Pre-conference workshops (9am - 1pm):

Places still available for almost all of them. You can pre-book via the form:

<https://forms.gle/2D6uEFhKxosjy4kF8>. Workshops in English are as follows:

9:00 **Humor as a tool of communication** CZ+ENG, 500 CZK, Alto B
Health Clowns for Helping Professionals (Hana Malaníková, Jitka Rosenová)

9:00 **Music Therapy for Recovery** CZ+ENG, 750 CZK, Alto A
Music therapy self-experience session (Stijn Leijssen, BE, Jana Fojtíčková, CZ)

9:00 **Imitation – inspiration – personal path** CZ+ENG, 750 CZK, Basso A
Seminar of Flamenco therapists and teachers (Marta Belparda, ES, Jana Eismanová, CZ)

10:00 **A Rebellious Guide to Psychosis** ENG, 750 CZK, Conferenza
Presentation of the author's new book Journeys beyond the Frontier (Mark Ragins, USA)

10:00 **From human rights to the expertise of the patient** ENG, 500 CZK, Basso B
Workshop on your own contribution to recovery-oriented care (René Keet, NL)

11:00 **Music Therapy for Recovery** CZ+ENG, 750 CZK, Alto A

11:00 **SOLD OUT** **Imitation - inspiration - your personal path** CZ+ENG, 750 Kč, Basso A

Lunch must be pre-booked (additional bookings are possible until 5th of November at

<https://forms.gle/2D6uEFhKxosjy4kF8>.

Conference programme (2 - 6 pm):

Plenary session (14:00 - 16:30, Big Hall)

14:00 Opening of the conference

14:30 Mark Ragins: **Creating Recovery Possibilities** (ENG)

15:30 Alena Slezáčková: **Hope as a Path to Recovery: Current Scientific Insights and Practical Recommendations** (English subtitles)

16:00 Coffee break

Panels (16:30 - 18:00, six other conference halls of the centre)

- 1) Tomáš Holub, Martin Holly: **Psychosis, spirituality, recovery**, Conferenza
- 2) Jana Poljaková et al: **The role of informal caregivers in the recovery process**, Bellevue
 - a. Jana Poljaková and Hana Průchová: EUFAMI EUFAMI Prospect training programmes and international cooperation
 - b. Alena Müllerová: **The hyperprotective mother and the paternalistic doctor – challenges of understanding and cooperation in the process of recovery from mental illness**
 - c. Kateřina, Freya and Hana Průchová: **RECOVERY TIME or FAMILY TOGETHER**
- 3) Lucie Vyvlečková, Aneta Červinková, Martin Okáč, Kateřina Okáčová, Zbyněk Roboch: **The road to recovery or how peer does it**, Basso B
- 4) Marta Balparda, Jana Eismanová, Jana Fojtíčková, Stijn Leijssen: **The art of recovery and the recovery of art** (CZ+ENG), Basso A
- 5) VARIA I, Alto A:
 - a. Petr Winkler, Tomáš Jelínek, Tereza Blažejovská, Markéta Vítková: **Mental health in the workplace: foreign experience and programme development in the Czech context**
 - b. Johana Růžková, Jakub Havlíček: **Duální stoly ("Dual Tables"): Recovery Beyond Disciplines!**
 - c. Jana Pomajzlová, Michaela Růžičková and the Domov Na cestě team: **Let's Play "Recovery (In) Team"!**
- 6) VARIA II, Alto B:
 - a. Aleš Lang, Petr Horyna, Ludmila Horynová, Petra Šindelková: **Recovery – the key to the transformation of the organisation**
 - b. Lucia Žlnayová: **Recovery Begins During Acute Hospitalization**
 - c. Marek Kolouch, Jana Kosová and Lenka Mirovská: **Recovery from the perspective of CDZ Plzeň**

Entertainment programme (18:30 -24:00, Big Hall and surrounding areas)

18:30 Bratři v tricku: Pig Circus

19:00 Help yourself dinner – dinner for all attendees (included in the conference fee, drinks and other specials are on the participants' own)

Then until 24:00 space for meetings, discussions and other things (but no music band ordered 😊).

Wednesday 13 November 2024

Registration will be open from 8:00 to 18:45.

Conference programme (9am - 6pm):

Plenary session (9:00 - 10:30 a.m., Big Hall)

Plenary lectures in Czech will be interpreted into headphones.

9:00 Antonio Maone: **The elephant in the room. Do Mental Health Systems promote or hinder recovery?** (ENG)

9:30 Gabriela Kallová, Adi Hasanbašić: **Recovery House**

10:00 Johan Pfeiffer: **Let the muddy dog in or the necessary conditions for the development of recovery-oriented care**

10:30 Coffee break

Panels (11:00 - 12:30, six other halls of the centre)

1) Mark Ragins: **Three Recovery Implementation Tools** (ENG), Conferenza

2) The Peer Perspective, Alto A

a. Bela Miesl: **Person-first vs. identity-first**

b. Ladislav Fabian, Dominik Plíhal: **Community Recovery Organizations: Experiences from the USA and the First Czech Pioneer?**

c. Vlasta Řezníková, Tibor Sedlický: **Peer Lecturer Practice at the Polytechnic University Jihlava**

3) Míša Urbánková, Ludmila Horynová, Jiří Šupa: **Recovery from birth to death**, Alto B

4) **Residential homes and recovery. Does that sound strange?** (moderated by Jakub Vávra), Bellevue

a. Michaela Růžičková, Eva Teclová: **Therapy through time or "How do you feel about it?"**

b. Vojtěch Curylo, Magdaléna Králová, Marie Vějačková, Lucie Slabá, Gabriela Rončková, Andrea Seidlová, Hana Kloseová, Markéta Slívová, Hana Koutníková: **Team recovery - from directive to understanding and listening**

c. Karel Matocha: **The journey of the residential home Pržno, or from institution to recovery**

5) Martina Faltýnová and discussants Martin Novák, Pavel Říčan, Tereza Saxlová, Michal Kašpar: **Recovery policy and psychiatric reform in the Czech Republic**, Basso A

6) Varia III, Basso B

a. Michal Kostka, Iveta Pohořelá, Jitka Čechová, Jana Fojtíčková, Barbora Holá: **Let's Talk About Children – first experience with the project**

b. Freymar Marinósson: **Traustur Kjarni: Pioneering Peer-Led Innovation and Intentional Peer Support Training in Iceland's Mental Health Landscape** (ENG)

c. Juraj Marendiak, Jana Pluhaříková Pomajzlová, Natálie Vokáčová: **Recovery College - what does co-production and the new concept of a flexible Recovery College bring?**

12:30 Lunch. Lunch must be pre-booked. Hotel restaurant offers only pre-booked lunches. It is possible to order it at <https://forms.gle/2D6uEFhKxosjy4kF8>.

Plenary session (14:00 - 15:30, Big Hall)

Plenary lectures in Czech will be interpreted into headphones.

14:00 René Keet: **Recovery-oriented intake** (ENG)

14:30 Martin Hollý: **Where are the limits of creativity in the mental health care system?**

15:00 Jan Vevera: **Psychiatrizing adolescence**

15:30 Coffee break

Panels (16:00 - 17:30, six other halls of the centre)

- 1) Open Dialogue as a Way (and a little bit of Mindfulness), Alto A
 - a. Jan Horváth, Eva Batůšková, Lucie Kovaříková: **Open Dialogue as a Way**
 - b. Michal Šalplachta: **Mindfulness, proactivity and recovery**
- 2) Housing First, Alto B
 - a. Adam Fialik: **Recovery housing - Housing First and alcohol**
 - b. David Valouch: **Independent Living and Tenant Autonomy**
 - c. Jan Mužík: **„Roofing“ and „rooting“ in: the experience of home as one of the key factors in recovery**
- 3) Relational work and CARe model as value-based approach in daily practice, in organization, trainings, implementation process and research, Conferenza
 - a. Dagmar Narusson, Kadi Kass: **Relational work and CARe model as value-based approach research** (ENG)
 - b. Barbora Vráželová: **Relational work and CARe model as value-based approach in everyday life and daily practice**
 - c. Juraj Merendiak: **Relational work and CARe model as value-based approach in adult education and training**
 - d. Jana Pluhaříková Pomajzlová: **Relational work and CARe model in implementation process to support teams and organizations to promote recovery-oriented care**
- 4) Petr Winkler, Martin Fojtíček: **Can and should we measure recovery?**, Bellevue
- 5) Marie Magdalena Houšková, Jára Kerouš: **The Soul in the System**, Basso A
- 6) Varia IV, Basso B
 - a. Stanislav Kudrle: **Spirituality and addiction**
 - b. Jana Dvořáková, Anna Marie Feřteková: **Residential Home BAO – how (not) to build an institution**
 - c. Jindřich Jašík: **Recovery out of the system**

Conference closing (17:30, Big Hall)

At 18:00, will the conference programme definitely be finished.

During the conference there will be a programme in the **chill out zone**.

It will offer books from Focus Prague, a book autograph session by Mark Ragins (2nd Czech edition of his Journey to Recovery will be officially introduced), origami blue horse session and a free space to play the new board game Recovery.