

VYSA Little Kickers Academy

General Information:

The Viking Youth Soccer Academy (VYSA) Little Kickers Academy is designed for younger athletes, ages 6-10 years old, that are looking for a solid introduction to the game, with emphasis on fun, basic techniques, and maximum ball touches. Program instruction will be provided by experienced staff who will oversee the training sessions while volunteer parent coaches help implement these strategies directly with their teams.

→ Ages and Abilities

- ◆ 6U through 10U - click [here](#) for birth year matrix
- ◆ Grouped with age level according to birth year. **Teams will be co-ed if needed.**
 - 6U-8U will practice together but we will do our best to separate each team by age
 - 9U-10U will practice together but we will do our best to separate each team by age

→ Required Equipment

- ◆ Shin guards (worn under socks)
- ◆ Soccer socks
- ◆ Warm clothes when the weather is cold, to be worn under jerseys

→ Practices

- ◆ August - October, practices start the last week in August, end in middle of October
 - Practice 2x/week
 - 6U-8U Monday/Wednesday, 5:30-6:30, Viking Elementary
 - 9U-10U Monday/Wednesday, 5:30-6:30, Sylvan Park

→ Games:

- ◆ Match Days with surrounding area programs
- ◆ 2 Sunday dates TBD
 - ***Please note that most communities do NOT have recreation level teams in the spring for 9U-10U so these games will most likely be against club teams***

→ Lead Coaches

- ◆ Program instruction will be provided by Holmen High School Girls Head coach, Nick Schellenger. Nick will oversee and lead training sessions.

→ Parent Coaches

- ◆ Please consider coaching - **One player registration fee will be waived for anyone that is willing to coach**
- ◆ Parent coaches will be responsible for running players through practices but NOT planning practices
 - If you are willing to coach, please email recreation@holmenvysa.com
- ◆ All necessary equipment will be provided