How might you like to contribute to the Empathy Training MOOC Project?

Short url http://j.mp/2MQ1QQN

See this 'How Contribute' Activity on the Design Team Website.

We need a general idea of what design team participants would like to contribute to the empathy training project so that we can plan and manage the project effectively. Participants have different interests, time availability, skills, motivations, etc, etc.

In this doc, you can add comments, question, additions, etc, to make it more clear and helpful. This is for designing the questionnaire and not for filling it out.

- **How might we make this a more effective questionnaire?**
- **What is not clear?**
- **What do you have questions about?**

Write you comments in another color so we know what has been added.

HOW CONTRIBUTE Questionnaire

Here are the categories of contribution

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How I would like to Contribute:

(x) Minimal Participation

This is the minimal amount of participation required to take part in a design team.
(x) Participate as a sample workshop attendee, show up every week and do the exercises (2 hour weekly team meetings)
(x) Do Homework: Read book and other material, some prep for meetings, dialog on email list, etc. (2 hours)

Co-Design Empathy Training

According to your time availability, interest level and abilities, you can select how else you would like to take part in designing and building the training.

( ) Time Commitment.

( ) Numbers of hours per week can I can contribute?_____
(x) Minimal time commitment is 6 weeks. (chapters 1 to 6)
(x) I can commit to extending to a full book series. 16 weeks, (chapters 1 to 16)
Comments?:

( ) I Have These Skills To Contribute

1.
2.
3.
4.

( ) Training MOOC Design and Facilitation

(x) 1. Design/Facilitate an Activity

A two hour meeting lesson consists of a series of activities, like, Intention setting, On Arrival Question, Mirroring Activity, Basic Empathy Circle, Book Try It activities, etc, etc. These short activities are listed as separate pages in the TOOL KIT section. You can take one of these existing activities and refine it, prototype it, create new ones, and facilitate it during a lesson.
( ) Develop and Refine an Existing Activity
( ) Design an Activity
( ) Facilitate an Activity

(x) 2. Design/Lead/Facilitate a (2 hr) Lesson
( ) Plan, organise and facilitate a full Empathy Lesson
( ) Comments?:

(x) 3. Design/Lead/Facilitate a (16 Week) Lesson Training Series.
( ) Lead/Facilitate an Empathy Lesson
( ) Lead/Facilitate a 16 lesson Training Series.
( ) Comments?:

( ) 4. Design/Lead/Facilitate a (16 Week) Design Team Series.
We now have 4 of these teams. Once you have gone through the series you can start, organize and lead a Design Team.
( ) Lead/Facilitate a 16 lesson Training Series.
( ) Comments?:

Other

( ) Visioning the Culture of Empathy



We are holding special visioning Empathy Circles
( ) Help articulate the Culture of Empathy vision. Here is a link for more about this project.
( ) Write copy. I write well and can help write content and copy..
( ) Comments?

( ) Technical Production
( ) Do Web design
( ) Create video clips
( ) etc
( ) Comments?:

( ) Empathy Activism



One of the unique qualities of our training is we encourage and support participants in becoming activists in helping build a culture of empathy. Everyone can do what they feel comfortable with and are called to do. You can graduate into this. Being active can mean, for example, holding empathy circles in your family, with friends., in the workspace. It can mean taking part in an empathy tent. See the empathy tent activism at http://EmpathyTent.com

( ) Facilitate Empathy Circles between people online
( ) Facilitate Empathy Circles with ingroups to build trust
( ) Facilitate Empathy Circles between people online - intergroup conflict oriented
( ) Take part in an Empathy Tent Pop-Up. You attend and support a team hosting an empathy tent out in the public space.
( ) Start an Empathy Tent in my Area
Comments?:
May need backup for first mediation.

(x) Add Any Other Ideas for Projects, Comments, Questions, etc:
Here is my project: https://activate-flow.github.io/app.html
I am curious about exploring ways to collaborate, while still feeling a sense of autonomy.

Create roles