

When did you start shooting? I'm not sure, around 2012.	
When did you start coaching? 2024	
What type of shotgun do you shoot? Berretta A400	
When and how did you get involved with the Honeybelles? A friend invited me to a clinic.	
Why did you become a coach? I enjoy introducing other women to the sport. I enjoy spending time with other women while shooting.	
What is your favorite discipline in the shooting sports? I don't have a favorite.	
What certifications do you hold? NSCA Instructor	
What other hobbies do you pursue outside of the shooting sports? I enjoy traveling, hiking, biking, kayaking, reading, and almost anything outdoors.	
What is your current profession or former profession? I'm the administrator for the non-credit registration software and coordinate Kids at College, a youth summer program, at Polk State College. These are two very different roles, and I enjoy the variety that brings to my work week.	
Your favorite thing about shooting sports? This is a tough question. For me, shooting clays is a way to relax. Being outside on a beautiful day and focusing on the target helps clear my mind. It's a great way to recharge from the busyness of daily life and a fun way to spend time with friends.	