National and Local Mental Health Resources:

Suicide and Crisis Lifeline: Text or call 988

Crisis Text Line: Text the word, "HOME" to 741741

SAMHSA (Substance Abuse and Mental Health Services Administration): Substance Use Prevention Resources for Youth and College Students | SAMHSA or visit Samhsa.gov

NAMI of Greater Kansas City (National Association of Mental Illness): NAMI Greater Kansas City: Mental Health Support, Education & Resources (namigreaterkc.org)

NAMI of Johnson County: NAMI Johnson County, KS - Support for Mental Health (namijoco.org)

MOCSA (Metropolitan Organization to Counter Sexual Assault): MOCSA Home - MOCSA

MOCSA Crisis lines in KS and MO: (816) 531-0233 or (913) 642-0233

MOCSA offers crisis services, counseling, support groups, community prevention programs, support for youth with sexual behavior problems, and legal services to survivors.

UMKC Community Counseling and Assessment Services

Community Counseling and Assessment Services | Education, Social Work and Psychological Sciences | University of Missouri - Kansas City (umkc.edu)

Information or appointments: 816-235-2725 | umkcccasservices@umkc.edu
615 E. 52nd Street, Room 212. Kansas City, MO 64110

Counseling sessions cost between $5-$50 per session based on your income and ability to pay.

Community Mental Health Agencies:

Comprehensive Mental Health
816-254-3652
17844 East 23rd Street
Independence, MO 64057

Location
Areas Served: Jackson County

Johnson County Mental Health
913-826-4200
6000 Lamar, Suite 130
Mission Kansas 66202

Location
Areas Served: Johnson County

Mental Health America of the Heartland
913-281-2221
739 Minnesota Ave.
Kansas City, Kansas 66101

Location
Areas Served: Kansas and Missouri

ReDiscover
816-966-0900
or 844-99-4HEAL
1555 NE Rice Road
Lee's Summit, MO 64086

Location
Areas Served: Jackson County

Swope Health Services
816-923-5800

3801 Blue Parkway,
Kansas City, Missouri 64130

Location
Areas Served: Jackson County

Beacon Mental Health
816-468-0400
3100 NE 83rd Street,
Kansas City, Missouri 64119

Location
Areas Served: Clay/Ray/Platte Counties

University Health Behavioral Health
816-404-1000
2301 Holmes Road
Kansas City, MO 64108

Location
Areas Served: Jackson County

Wyandotte Center
913-328-4600
1301 N. 47th Street,
Kansas City, Kansas 66102

Location
Areas Served: Wyandotte County

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