
Subject: SFCP Covid Protocols (updated September 20, 2023)

Dear SFCP Members,

Last year, SFCP staff worked to equip the building with an upgraded ventilation system and new videoconferencing technology to optimize the experience for those participating in person as well as those participating via Zoom. Please see the [SFCP Policies for Hybrid Learning](#) for more detail.

The following FAQ are intended to update everyone on the current **SFCP Covid protocols for the 2023-24 academic year**, all of which are subject to ongoing change pending further guidance from the San Francisco Health Department and the CDC:

Q: Do I need to be vaccinated to attend SFCP classes/events?

A: Yes! We ask that all in-person participants be fully vaccinated.

Q: Can I wear a mask while in-person if I want to? Will this interfere with Zoom?

A: In keeping with federal and local health advisories, masks are optional and are not required for participation in SFCP programs. However, SFCP has purchased Owl videoconferencing equipment for all classrooms in the Natoma building specifically to allow for in-person participants to wear a mask if they wish to do so. The Owl cameras and microphones pivot according to who is speaking, allowing those on Zoom to see and hear the speaker, regardless of masking. Please be aware that it is important to speak up if you are wearing a mask!

Q: What do I do if I feel sick?

A: Please stay home! We ask that if you are manifesting any symptoms potentially consistent with Covid, Flu, RSV, or other respiratory illnesses (congestion, cough, sore throat, fever, cold/flu, muscle aches, nausea/vomiting) please do not come to SFCP. Please take a rapid-antigen test to determine your Covid-status, and please do not attend any SFCP classes/events until your *symptoms fully resolve* **AND** you are Covid-negative on rapid antigen test. Please keep your classmates, instructors, and updated on your plans to attend in-person or via Zoom week-to-week.

Q: What do I do if I think I might have been exposed to Covid?

A: If you believe you may have been exposed to Covid, please attend any SFCP classes or events via Zoom that week. Please do not return to SFCP until your Covid-status has been clarified (i.e. you remain symptom-free for a week after potential exposure and test negative on a rapid-antigen test). Please keep your classmates and instructors updated on your plans to attend in-person or via Zoom week-to-week.

Q: What do I do if I find out that I have Covid?

A: If you test positive for Covid or become ill with Covid, **please refrain from attending SFCP classes/events for at least 10 days from your first symptoms/first positive test. In addition, we ask that you notify your group; your instructor and anyone that you know you had close contact with at SFCP *immediately* upon testing positive or becoming ill with Covid**, so that your colleagues can take appropriate measures to protect themselves and others. If you need assistance in locating contact information and/or if you would prefer that SFCP send an anonymous notification email to anyone registered for a program that day, please contact the SFCP office. Finally, you must be completely symptom-free and Covid-negative on a rapid antigen test prior to return.

Q: Is SFCP tracking Covid exposures systematically?

A: SFCP is not tracking the Covid-status of all program participants through mandatory reporting systems. If an individual tests positive for Covid, it is their responsibility to notify people they may have come in contact with. However, if SFCP receives notification that an individual who attended an SFCP program later tests positive for Covid, the SFCP office is available to assist in the notification process by providing email contact information for people who may have been exposed and/or by sending out an anonymous notification to anyone registered for a program that day, if requested to do so. No personally-identifying information will be publicly disseminated by SFCP. If you receive a notification that you had contact with the Covid-positive individual, please take steps above (for potential Covid exposure), including refraining from attending SFCP classes/events unless you are fully symptom-free and Covid-negative on a rapid antigen test.

If you have questions/concerns regarding any of the SFCP Covid protocols, please contact the SFCP Administrative Director, Marcia Hodges at marcia.hodges@sfcg.org.