Emergency Resources for Students and Families

911	If emergency assistance is needed now or if you have been the victim of a crime, please call 9-1-1 or get in contact with your local police department.
988	Call, text, or chat 988 and be connected to the National Suicide Prevention Lifeline. Trained counselors will listen, provide support, and offer resources
211 Impact – First Call for Help	Call 211: 24-hour mental health crisis intervention, information, referral and listening support. English and Spanish speaking counselors available. Call, text, chat with your local 211 to speak with a community resource specialist in your area who will help you find services and resources that are available to you including: Supplemental food and nutrition programs, shelter/housing options, utilities assistance, emergency information, disaster relief, employment and education resources, health care, vaccination, and health epidemic information, addiction prevention and rehabilitation programs, mental health or special needs support groups, domestic abuse victim assistance
Crisis Text Line	Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis. Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained volunteer to support people in crisis and bring texters from a hot moment to a cool calm through active listening and collaborative problem solving. Text from anywhere in the USA to text with a trained Crisis Counselor.
FindSupport.gov	FindSupport.gov - A new user-friendly website, designed for the general public, to help people identify available resources, explore unbiased information about various treatment options, and learn how to reach out to get the support they need for issues related to mental health, drugs, or alcohol.

Emergency Resources for Students and Families

Disaster Distress SAMHSA	1-800-985-5990 text talkwithus to 66746 The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. Call or text to connect with a trained crisis counselor. Deaf/Hard of Hearing: Text TalkWithUs to 66746, use your preferred relay service to call 1-800-985-5990, TTY 1-800-846-8517 Spanish Speakers: Call 1-800-985-5990 and press "2" • From the 50 States, text Hablanos to 66746, From Puerto Rico, text Hablanos to 1-787-339-2663
Suicide Prevention Lifeline	Voice: 1- 800-273-TALK (8255) or chat online: https://suicidepreventionlifeline.org/ TTY: 1-800-799-4889 The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.
BlackLine	Call BlackLine® provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folxs who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens. Call BlackLine® prioritizes BIPOC BlackLine: 1 (800) 604-5841
The Trevor Lifeline	The Trevor Project offers accredited life-saving, life-affirming programs and services to LGBTQ youth that create safe, accepting and inclusive environments over the phone, online and through text. **Trevor Lifeline** 1-866-488-7386.The only national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people under 25 **Trevor chat** A free, confidential, secure instant messaging service for LGBTQ youth that provides live help from trained volunteer counselors, open daily.

Emergency Resources for Students and Families

	Trevor Text text START to 678678. A free, confidential, secure service in which LGBTQ young people can text a trained Trevor counselor for support and crisis intervention
WI MHA PRISM Warmline	MHA's PRISM Warmline (LGBTQIA+ youth): (call/text) (414) 336-7974 PRISM's Peer Support Warmline is staffed from 10am-10pm every day but Saturdays, which is staffed from 12pm-10pm. We will get back to you as soon as we can if calls/texts come through outside the hours. The PRISM Program is a mental wellness resource for LGBTQ+ youth in Wisconsin. We're a team of queer and/or trans Certified Peer Specialists trained to use our lived experiences with mental health and substance use struggles to support others in their recovery journey. PRISM stands for Peer Recovery in Supportive Mutuality. Currently, we offer free one-on-one support through our warmline as well as online and in-person support groups. We're hoping to offer in-person groups in Milwaukee and Madison soon!
Trans Lifeline	A nonprofit organization that is created by and for the transgender community https://translifeline.org/hotline/ 877-565-8860
SAMHSA's National Helpline	1-800-662-HELP (4357) SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.
The Childhelp National Child Abuse Hotline	Call or TEXT: 1-800-4-a-child or 1-800-422-4453 The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse.. Serving the U.S. and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
National Domestic Violence Hotline	(800) 799-SAFE (7233) *If you're unable to speak safely, you can log onto thehotline.org or text LOVEIS to 22522.* Thehotline.org

Emergency Resources for Students and Families

	National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse.Highly trained, experienced advocates offer compassionate support, crisis intervention information, educational services and referral services in more than 200 languages. Visitors to this site can find information about domestic violence, online instructional materials, safety planning, local resources and ways to support the organization 24/7.
Rape, Sexual Assault, Abuse, and Incest National Network (RAINN)	(800) 656-HOPE Calling the National Sexual Assault Hotline gives you access to a range of free services including: Confidential support from a trained staff member, support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams, someone to help you talk through what happened, local resources that can assist with your next steps toward healing and recover, referrals for long term support in your area, information about the laws in your community.
American Association of Poison Control Centers	(800) 222-1222 Poison control centers offer free, confidential, expert medical advice 24/7
National Eating Disorders Center Helpline	(800) 931-2237 Monday-Thursday from **10AM to 8PM CST**, and Friday from **10AM to 4PM CST** **CHAT LINE:** Monday-Thursday from 8am to 8pm CST, and Friday from 8am to 4pm CST. **https://chatserver.comm100.com/ChatWindow.aspx?siteId=144464&planId=467** Support, resources and treatment options for yourself or a loved one.
YouthLine	YouthLine is a 24/7, free, confidential teen crisis helpline. (877) 968-8491Text TEEN2TEEN to 839863 Live chat Teens can also email: teen2teen@Linesforlife.org
National Runaway Safeline	1- 800-RUNAWAY 1-800-RUNAWAY (1-800-786-2929)

Emergency Resources for Students and Families

	NRS is available to listen, support and connect youth and families to resources CHAT
The National Human Trafficking Hotline	Call 1-888-373-7888 (TTY: 711)|Text 233733 Live Chat(please call if CHAT is unavailable): https://humantraffickinghotline.org/chat The National Human Trafficking Hotline connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe. The National Hotline also receives tips about potential situations of sex and labor trafficking and facilitates reporting that information to the appropriate authorities in certain cases.
Partnership for Drug-free Kids	1-855-378-4373 or Text 55753 (response within 24 hrs). Support is available in English and Spanish, from 9:00am-midnight ET weekdays and noon-5:00pm ET on weekends. The Partnership for Drug-free Kids is a nonprofit committed to supporting the whole family as they address every aspect of substance use and addiction, from prevention to recovery.
National Parent Hotline	1-855- 4A PARENT (1-855-427-2736) Helpline Advocates are available Monday-Friday, 12 pm - 5 PM Pacific Standard Time. Helpline advocates are available to provide emotional support and referrals to parents.
Find a Helpline	United States hotlines for suicide, domestic violence, anxiety, depression and other topics https://findahelpline.com/us
Warmline Directory	This warmline directory contains links to and numbers for other warmlines in the U.S

**This correspondence contains hypertext links to information created and maintained by other public and private organizations. These links and resources are for your convenience, consideration, and informational purpose only. The WI Department of Public Instruction does not control or guarantee the accuracy, relevance, timeliness, or completeness of this outside information. Furthermore, the inclusion of links is*

not intended to reflect their importance, nor is it intended to endorse any views expressed, or products or services offered, on these sites, or the organizations sponsoring the sites.