

11A 2.4 Mapping My Career Options

PHASE OVERVIEW

Students will carry out a set of self-reflection activities, with their mentor's support, to better understand their interests, skills and the links between their passions and career pathways.



LESSON OBJECTIVE

Students will be able to connect their career options with post-secondary pathway choices.

PURPOSE

Exploring career options can help students better understand and plan for their post-secondary options. If young people have an understanding of the career(s) they would like to pursue, they will have an understanding of the steps needed between high school and their career. In this lesson, students are pushed to consider what they will need (education, skills, knowledge, etc.) in order to perform a potential career successfully.

AGENDA

5 min	<i>Do Now: Mentor Response</i>
25 min	<i>Learn and Engage: Mapping My Careers</i>
10 min	<i>Mentor Connection</i>



KEY TAKEAWAY

Understanding the requirements for my potential career will help me choose what post-secondary path I should pursue.

PM NOTES:

The site being used to do research for this lesson is <https://www.bls.gov/ooh/>

The website is accessible for all students. Ensure that you take time to understand the website to be able to model it for students. Based on what student's research, some students may require additional support to find relevant information about certain careers.

MATERIALS: [2.4 Presentation](#), [2.4 Handout](#)

Do Now: Mentor Response		PM Notes:
Students will log into the iMentor Platform.		
Slide 2: 5 min	TALKING POINTS Please log into your iMentor account. Read your mentor's message and respond. Then, share 1 high and 1 low of this week.	

Learn and Engage: Mapping My Careers		PM Notes:
Students will research and record potential career options		
Slide 3: 1 min	<i>Have a student read the key takeaway.</i>	
Slide 4: 1 min	TALKING POINTS Once you have researched a career, you will be able to plan backwards. You will know what steps you will need to take to enter that career field.	
Slide 5: 1 min	TALKING POINTS Last class, you identified two career clusters of interest. Today you will research them. Start off by going to the website: https://www.bls.gov/ooh/	
Slide 6: 1 min	TALKING POINTS Click on the first career cluster that you would like to explore.	
Slide 7: 1 min	TALKING POINTS Pick a career of interest under the cluster. Click on the career and read over the information.	
Slide 8: 20 min	TALKING POINTS Record the important facts on your worksheet. Repeat these steps with your second career cluster. <i>PM Notes: You may want to review the different degree types since many students may not be aware of this information.</i> WORK TIME <i>Circulate the room providing support to students and asking them to share what they are learning through their research.</i>	

Slide 9: Mentor Connection	TALKING POINTS Now let's write to our mentors.	
Slide 10: Extend	<i>If you have additional time remaining, consider asking students what new information they have learned from their mentor's message.</i>	



Mentor Connection

MENTEE PROMPT

What are the two careers that you researched? What new information did you learn?

I researched...

I learned...



Mentee Connection

OVERVIEW:

This week in class, students looked at potential careers to understand what it will take (such as level of education) to get there. Understanding this will help your mentee make an informed decision on what path to take after high school.

Best Practices

As you know, researching potential career options can be time consuming and tedious. This lesson was an introduction for the students and should be an ongoing conversation between the two of you. Your mentee shared with you two career options that they researched in class. It's not that important that these are perfect career options for your mentee. It's more important that you encourage their exploration and have an open conversation with them about what they like and how they can get to a profession that will make them happy.

RESPONSE:

1. Share your high point and low point for the week.
2. Look up your mentee's selected career options that they wrote to you about. Share one interesting fact you learned about the pathway. Then, share with them one action you can take together to keep exploring the career pathway.