

Stages of Life

With your group, decide on a stage of life to focus on.

Examples:

- Childhood (0-12)
- Teenage years (13-19)
- Young Adulthood (20-39)
- Middle Aged (40-59)
- Old Age (60-?)

Then, with your group, decide on

- What are the good points of this stage of life?
- What are the challenges of this stage of life?
- Come up with 10 pieces of advice that you would give to someone in this stage of life

What stage of life are you going to focus on?	
What are the benefits of this stage of life?	
What are the challenges of this stage of life?	
What are 10 pieces of advice that you would give to someone in this stage of life?	<div>1.6.</div> <div>2.7.</div> <div>3.8.</div> <div>4.9.</div> <div>5.10.</div>