



tillcodems.org

RISING UP

"When you rise up, lift someone with you." Maya Angelou

Newsletter of the Tillamook County Democrats

June 2025

Newsletter contact: Mark Cavatorta at mcava51@yahoo.com

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Who We Are

Our democracy thrives when we honor our responsibility to understand, respect, and care for each other. Tillamook County Democrats believe in working together to ensure the common good by meeting the needs of all for shelter, food, healthcare, safety, and economic security; defending the democratic process; celebrating diversity; protecting our physical environment; supporting public education; and resolving our differences non-violently.



Tillamook County Democrats
Central Committee Meeting
Thursday, July 24, 2025
7:00 - 8:30 pm

On Zoom - Go to tillcodems.org; click "Join Us;" click "Attend Virtual Meeting;" click "Main Meeting Room"

Join us as we plan for upcoming events and pro-democracy actions.

Reminder: New time for Central Committee meetings: 7:00-8:30pm

URGENT ACTION NEEDED!!

Please call our Senators Wyden and Merkley and Congresswoman Bonamici

to let them know you oppose the Budget Reconciliation Bill they will be voting on very soon. They have all been voting against the bill but still need to hear that their constituents strongly oppose it for its dangerous and immoral ramifications.

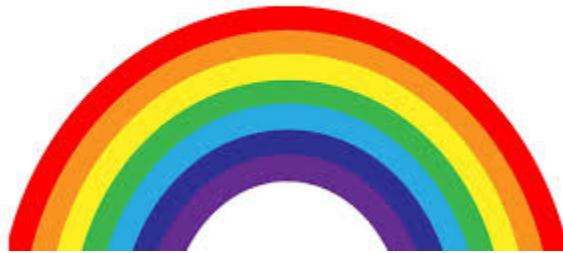
Senator Wyden: 202-224-5244 (D.C.), 503-589-4555 (Salem)

Senator Merkley: 202-224-3753 (D.C.), 503-362-8102 (Salem)

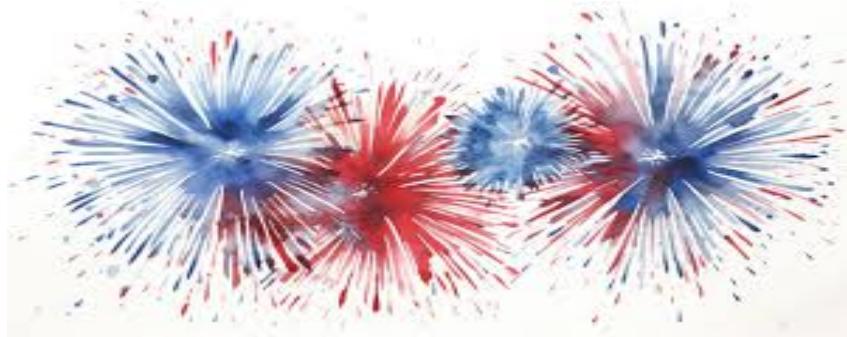
Congresswoman Bonamici: 202-225-0855 (D.C.), 503-469-6010 (Beaverton)

Extra credit: Call friends and family members in red states to encourage them to call their Senators and Congressional Representatives to let them know they oppose the bill.

June is Pride Month



Tillamook County Democrats celebrate and support our LGBTQIIA+ friends every day of every month!



HAPPY 4th OF JULY!

**CELEBRATE
FREEDOM**

*Let's honor the past and
build a brighter future together!*

Tillamook County Democrats



**Come Together as a Community to
CELEBRATE JULY 4
with a reading of
*The Declaration of Independence***

at
Maxwell Library Park
Next to the Main Tillamook Library
Friday, July 4, 2025, 11:00

Sponsored by TAPA and the Tillamook County Library

For more information, contact Ruth LaFrance
503-842-5836
rmlafrance@gmail.com



NATIONAL DAY of ACTION *Keep the Resistance Growing!! Keep Showing Up!!*

Thursday, July 17, 4:00-7:00 pm

Sue Elmore Park on Hwy 101 in Tillamook
(just south of Rosenbergs on the west side of 101)

*"Coined by civil rights leader Congressman John Lewis, "Good Trouble" is the action of coming together to take **peaceful, non-violent** action to challenge injustice and create meaningful change.*

The civil rights leaders of the past have shown us the power of collective action. That's why on July 17, five years since the passing of Congressman John Lewis, communities across the country will take to the streets, courthouses, and community spaces to carry forward his fight for justice, voting rights, and dignity for all."

From [50501 — 50 protests, 50 states, 1 movement](#)



Mark your calendars for the
2025 Tillamook County Fair

August 6-9 (Thursday - Saturday)

TillCoDems will have their same booth again this year and we need folks to help set up and staff the booth. It's a great time to be with other Dems and to meet people from near and far. Contact Cheryl Davy, TillCoDems Events Committee, if you can help: dcdavy271@hotmail.com or 503-812-2882.

Tillamook Headlight Herald

TUESDAY, June 17, 2025 | Vol. 133, Issue 24 www.tillamookheadlightherald.com

■ No Kings Rally

Hundreds protest Trump in Tillamook

WILL CHAPPELL
Headlight Editor

More than five hundred protesters from across the country joined in a nationwide day of protest against Donald Trump's policies and his treatment as a "King" on June 16. A hundred of citizens organized by the Tillamook County People's Commission participated in a six-hour demonstration on Sunday, with organizers Tillamook resident and activist, Will Chappell, as a co-convener for a celebration of Flag Day and Trump's birthday.

The rally, which was organized by Sustainable Tillamook County, a nonpartisan organization that works on climate engagement to organize present and future generations, according to Dan Backlin, who helped organize the June 14 rally.

On Saturday, June 15, citizens began arriving before the protest, some from far, a checking in at the Hotel Tillamook, where a sign was available, and making up groups on both sides of Highway 101 on the way to the rally, which then marched through town. Volunteers from the People's Commission, through organizers and Backbone and other supporters circulated signs and flags, and organized not a peaceful protest, but a protest to make sure that the average of the protest was heard.

"We are having a powerful protest that just very no longer in the United States," Backbone activist, Will Chappell, said. "We are here to protest that in the United States, Donald Trump is basically a king, and he's ignoring the country, making arbitrary decisions, sending people without probable cause and without

any process and trying to kick them out."

Protesters' signs addressed a variety of concerns, including Trump's policies on climate change and food banks, though some stuck closely to the an king theme.

On Saturday, June 15, the protest, which had started by 12:53 p.m., with more still walking in, ended at 1:30 p.m. with a march down Highway 101 to the intersection with Flag Day and Trump's 79th birthday.

"Our perspective is we love America and we've got here for Flag Day and Trump's birthday to protest his policies and his treatment as a king," Chappell said. "When asked about the adjacent protest's no-kings message, Chappell pointed to the fact that Trump had been duly elected, saying that he was a king in a sense, but that he would like to see more cuts to the federal budget, also undermine the environment, and that he was happy enough with Trump's actions since becoming office in January."

"I am happy with how things are going," Chappell said. "I think that we are doing a good job of getting out there and getting things to go the way they are. I think Trump's policies are terrible, but I think he's doing a good job and I would like to have more time talking through with the people they are alone."

On the other side of Highway 101, a smaller group gathered at

Protesters stand highway 101 on the bridge over the Tillamook bridge and up to its intersection with Flag Day on June 16, demonstrating against President Donald Trump. More King Day protest on page 2.

Thank you, Headlight Herald!
No Kings Protest was in the June 17, 2025, issue.



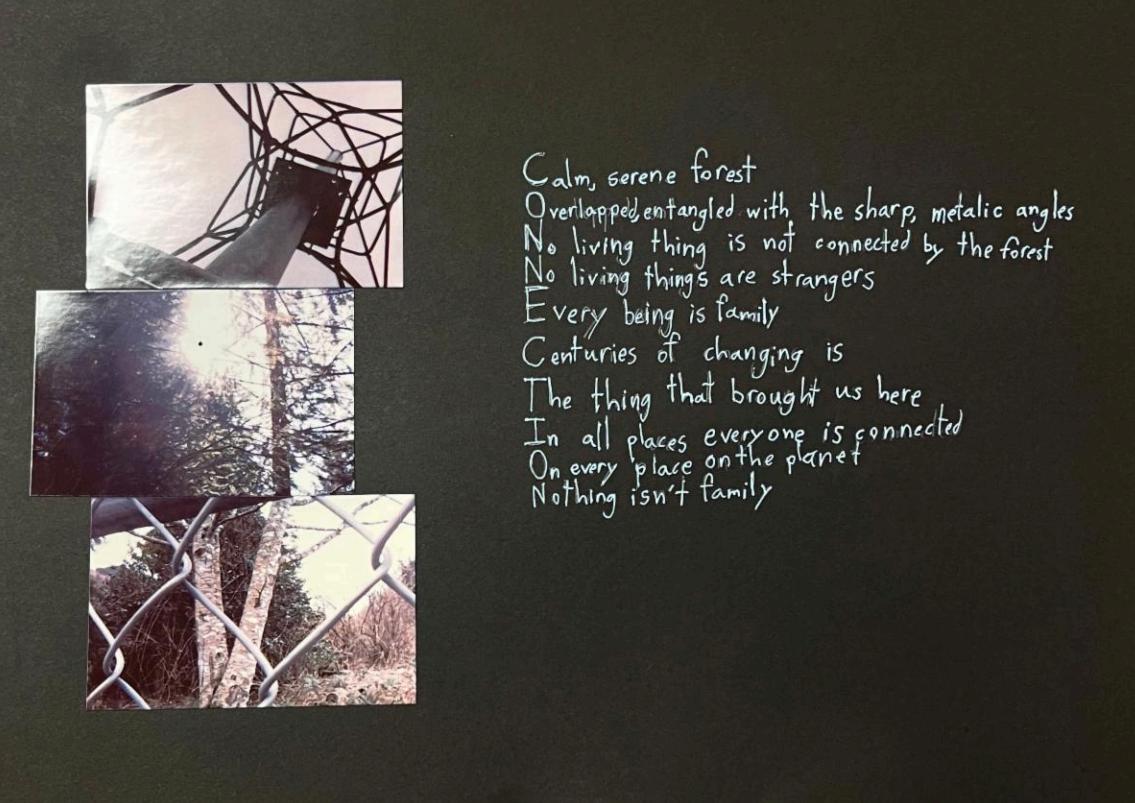
***Cheryl Davy and Mary Faith Bell get ready for the
TillCoDems participation in the
June Dairy Parade***



***Oregon's 2025 Legislative Session Ends with
Mixed Results***

KLCC public radio website offers a summary of the 6-month session:
[2025 Legislative Session Summary](#).

Insight and Inspiration from a 5th Grade Art Student



Calm, serene forest
Overlapped, entangled with the sharp, metallic angles
No living thing is not connected by the forest
No living things are strangers
Every being is family
Centuries of changing is
The thing that brought us here
In all places everyone is connected
On every place on the planet
Nothing isn't family

Created in "K8 Create," a public school art program of
Sitka Center for Art and Ecology. Thanks, Sitka, for letting us share this!

Oregon Is a Sanctuary State

Since 1987 Oregon has stood for the safety, dignity and human rights of all peoples within its borders.

KNOW THE LAW

It is against Oregon law for state and local law enforcement, or public agencies, to participate directly, or indirectly, in immigration enforcement without a JUDICIAL warrant.

An administrative warrant IS NOT a judicial warrant.

Authorities cannot inquire about immigration status.

You do not have to share any information. Refuse to answer.
If you are detained ask to see a lawyer.

Your information cannot be stored or shared by state or local law enforcement to assist in detaining you or any individual for immigration purposes.

State or local law enforcement or public agencies must refuse and reject collaboration with federal authorities for immigration enforcement purposes, including setting up traffic stops or traffic perimeters.

Report violations Sanctuary Promise Hotline
1-844-924-STAY or 1-844-6-AMPARO
SanctuaryPromise.Oregon.gov or
PromesaSantuario.Oregon.gov

Oregón es un estado santuario

Desde 1987, Oregón ha defendido la seguridad, la dignidad y los derechos humanos de todos los pueblos dentro de sus fronteras.

CONOCE LA LEY

Es contra la ley de Oregón que las autoridades estatales y locales apliquen la ley, o agencias públicas, para participar directa o indirectamente en la aplicación de la ley de inmigración sin una orden JUDICIAL.

Una orden administrativa NO ES una orden judicial.

Las autoridades no pueden preguntar sobre el estatus migratorio.

No tienes que compartir ninguna información. Negarse a responder. Si está detenido, pida ver a un abogado.

Su información no puede ser almacenada ni compartida por las autoridades estatales o locales para ayudar a detenerlo a usted o a cualquier individuo con fines de inmigración.

Las autoridades estatales o locales o las agencias públicas deben negarse y rechazar la colaboración con las autoridades federales para fines de control de inmigración, incluido el establecimiento de paradas de tráfico o perímetros de tráfico.

Report violations Sanctuary Promise Hotline
1-844-924-STAY or 1-844-6-AMPARO
SanctuaryPromise.Oregon.gov or
PromesaSantuario.Oregon.gov

IT FEELS GOOD TO BE A NEIGHBORHOOD LEADER IN TILLAMOOK COUNTY

Our [Neighborhood Leader Program](#) is all about building trust in our community, starting with getting to know our neighbors. Each Neighborhood Leader has a different style - some knock doors, some send postcards, some use social media, some make phone calls or send texts - but voters always recognize that these are personal,

genuine, human contacts, and they receive them gladly. It's never too late (or too early) to start. Trust-building is a long, slow, but always rewarding process, and we can help you.

[Will you join us?](#)

Below is a summary of recommended pro-democracy news sources from the national Indivisible organization:

1. Independent Writers (on Substack)

- **Heather Cox Richardson** (Letters from an American)
- **Jennifer Rubin and Norm Eisen** (The Contrarian)
- **Robert Hubbell** (Today's Edition Newsletter)
- **Jessica Craven** (Chop Wood, Carry Water)
- **Joyce Vance** (Civil Discourse)
- **Jamelle Bouie** (The New York Times, but also on TikTok)
- **Timothy Snyder** (Think About ...)
- **Marc Elias** (Democracy Docket)
- **Mehdi Hasan** (Zeteo)
- **Osita Nwanevu** (The New Republic)
- **Michael Podhorzer** (Weekend Reading)
- **Brian Beutler, Dan Pfeiffer** (The Message Box)

2. Podcasts & New Media

- **Politics Girl**
- **The Bulwark Podcast**
- **MeidasTouch / "Legal AF"**
- **Pitchfork Economics**
- **Majority Report** with Sam Seder
- **Deep State Radio** (The DSR Network)

3. Traditional & Mainstream News Outlets

- **MSNBC**
- **NPR**
- **BBC**
- **PBS**
- **The Guardian**
- **Mother Jones**
- **Rolling Stone**
- **The Atlantic**
- **ProPublica**
- **The American Prospect**
- **The New Republic**
- **Harper's**

Tillamook County Dems Committee Meeting Schedule

All meetings below are held on Zoom in the TillCoDems website Main Room.
(Feel free to attend committee meetings even if you are not a committee member.)

Central Committee
4th Thursday, 7pm

Communications
1st Thursday, 6pm

Fundraising
1st Tuesday, 4pm

Elections
3rd Friday, 9am

Events
3rd Wednesday, 11am

Executive
2nd Thursday, 7pm

Governance
As Needed

Hospitality
As Needed

Infrastructure
As Needed

Legislative
2nd Sunday, 1pm

Membership
2nd Monday, 8:30am

Neighborhood Leader Program
1st Wednesday, 6pm

See also TillCoDems' calendar on our website: [monthly calendar](#)

Follow the TillCoDems on several digital venues.

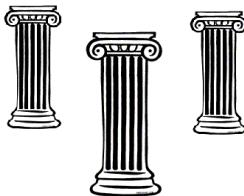


TillCoDems Website: <https://tillcodems.org/>

TillCoDems Facebook Page: <https://www.facebook.com/tillamookcountydemocrats/>

TillCoDems Youtube Channel:
https://www.youtube.com/channel/UCnsLbm36WAX0pY_WsQ8n5nA

Hold Up the TillCoDems by Becoming a Pillar!!



A very simple and effective way to help the TillCoDems is by becoming a “Pillar of the Party.” Pillars are donors who make a monetary contribution each month for at least three months in a row. It can be as little as \$5 per month, which for a year adds up to \$60! That’s a generous gift and would go a long way to supporting the TillCoDems important work, like helping elect Democrats and communicating Democratic values and accomplishments (advertising, printing, postage, technology, insurance, etc).

If it works for you to donate \$10 each month ... Wow! \$120 for the year! You can sign up for any monthly amount you are comfortable with on the TillCoDems website ([Tillamook County Democrats \(tillcodems.org\)](http://Tillamook County Democrats (tillcodems.org))). At the top of the website homepage, click on the DONATE button in the upper right corner. Under “Make it monthly!,” click on “Yes, count me in!” and then follow the prompts. After three months, and with your permission, you’ll see your name listed on the “Our Supporters” page of the website under “Pillars of the Party” <https://tillcodems.org/supporters>. TillCoDems will be so grateful for your help!

You can also mail a donation check to the TillCoDems at PO Box 111, Tillamook, OR 97141. Thank you!

[Click here to view this message on the web.](#)

[Click here to Unsubscribe.](#)