



[tillcodems.org](http://tillcodems.org)

# RISING UP

*"When you rise up, lift someone with you."* Maya Angelou

## Newsletter of the Tillamook County Democrats June 2025

Newsletter contact: Mark Cavatorta at [mcava51@yahoo.com](mailto:mcava51@yahoo.com)  
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### Who We Are

*Our democracy thrives when we honor our responsibility to understand, respect, and care for each other. **Tillamook County Democrats** believe in working together to ensure the common good by meeting the needs of all for shelter, food, healthcare, safety, and economic security; defending the democratic process; celebrating diversity; protecting our physical environment; supporting public education; and resolving our differences non-violently.*



### Tillamook County Democrats **Central Committee Meeting**

**Thursday, July 24, 2025  
7:00 - 8:30 pm**

On Zoom - Go to [tillcodems.org](http://tillcodems.org); click "Join Us;" click "Attend Virtual Meeting;" click "Main Meeting Room"

*Join us as we plan for upcoming events and pro-democracy actions.*

**Reminder: New time for Central Committee meetings: 7:00-8:30pm**

**URGENT ACTION NEEDED!!**

**Please call** our Senators Wyden and Merkley and Congresswoman Bonamici

to let them know you oppose the Budget Reconciliation Bill they will be voting on very soon. They have all been voting against the bill but still need to hear that their constituents strongly oppose it for its dangerous and immoral ramifications.

Senator Wyden: 202-224-5244 (D.C.), 503-589-4555 (Salem)

Senator Merkley: 202-224-3753 (D.C.), 503-362-8102 (Salem)

Congresswoman Bonamici: 202-225-0855 (D.C.), 503-469-6010 (Beaverton)

**Extra credit:** Call friends and family members in red states to encourage them to call their Senators and Congressional Representatives to let them know they oppose the bill.

June is Pride Month



**Tillamook County Democrats celebrate and support our LGBTQIA+ friends every day of every month!**



**HAPPY 4th OF JULY!**

## **CELEBRATE FREEDOM**

*Let's honor the past and  
build a brighter future together!*

**Tillamook County Democrats**



**Come Together as a Community to  
CELEBRATE JULY 4**

**with a reading of**

***The Declaration of Independence***

**at**

**Maxwell Library Park**

**Next to the Main Tillamook Library**

**Friday, July 4, 2025, 11:00**

***Sponsored by TAPA and the Tillamook County Library***

**For more information, contact Ruth LaFrance**

**503-842-5836**

**[rmlafrance@gmail.com](mailto:rmlafrance@gmail.com)**



## **NATIONAL DAY of ACTION**

***Keep the Resistance Growing!! Keep Showing Up!!***

**Thursday, July 17, 4:00-7:00 pm**

Sue Elmore Park on Hwy 101 in Tillamook  
(just south of Rosenbergs on the west side of 101)

*“Coined by civil rights leader Congressman John Lewis, “Good Trouble” is the action of coming together to take **peaceful, non-violent** action to challenge injustice and create meaningful change.*

*The civil rights leaders of the past have shown us the power of collective action. That’s why on July 17, five years since the passing of Congressman John Lewis, communities across the country will take to the streets, courthouses, and community spaces to carry forward his fight for justice, voting rights, and dignity for all.”*

From [50501 — 50 protests, 50 states, 1 movement](#)



Mark your calendars for the  
***2025 Tillamook County Fair***

August 6-9 (Thursday - Saturday)

TillCoDems will have their same booth again this year and we need folks to help set up and staff the booth. It's a great time to be with other Dems and to meet people from near and far. Contact Cheryl Davy, TillCoDems Events Committee, if you can help: [dcdavy271@hotmail.com](mailto:dcdavy271@hotmail.com) or 503-812-2882.



**Thank you, Headlight Herald!**  
No Kings Protest was in the June 17, 2025, issue.





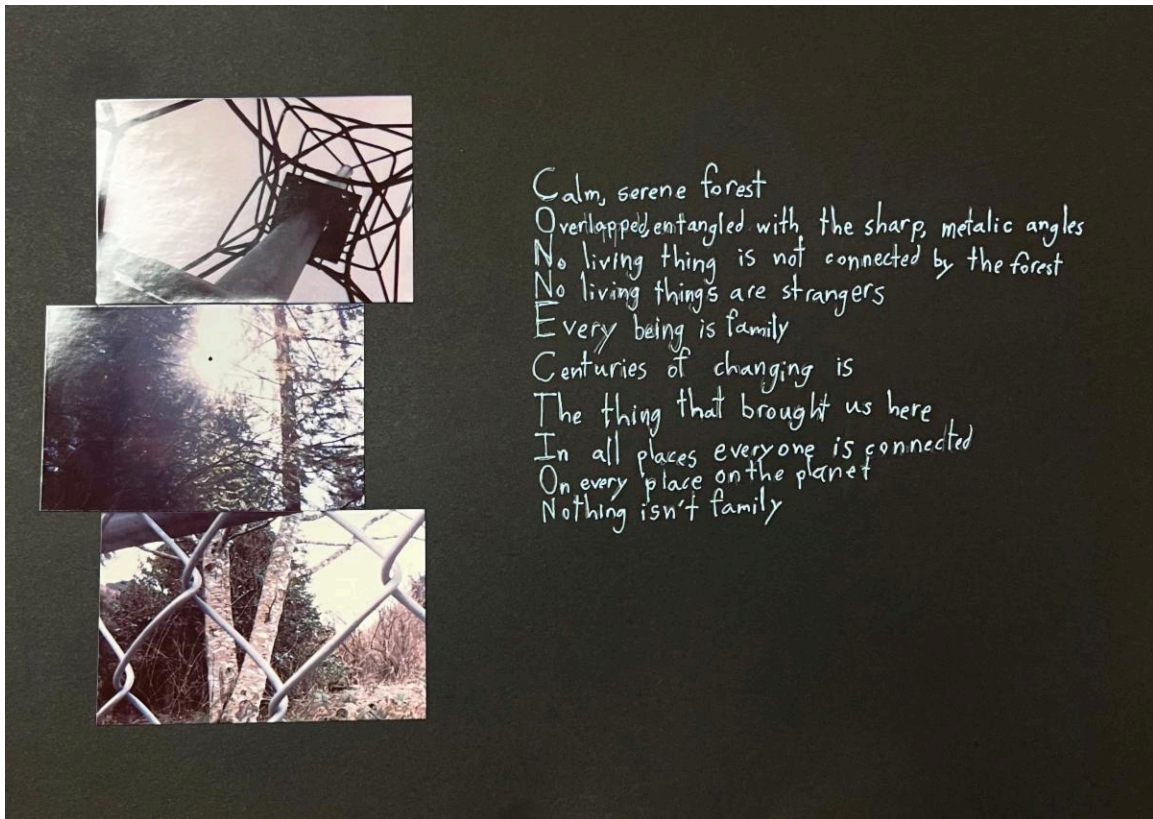
***Cheryl Davy and Mary Faith Bell get ready for the TillCoDems participation in the June Dairy Parade***



***Oregon's 2025 Legislative Session Ends with Mixed Results***

KLCC public radio website offers a summary of the 6-month session:  
[2025 Legislative Session Summary](#).

***Insight and Inspiration from a 5th Grade Art Student***



Created in "K8 Create," a public school art program of  
Sitka Center for Art and Ecology. Thanks, Sitka, for letting us share this!

# **Oregon Is a Sanctuary State**

Since 1987 Oregon has stood for the safety, dignity and human rights of all peoples within its borders.

## **KNOW THE LAW**

It is against Oregon law for state and local law enforcement, or public agencies, to participate directly, or indirectly, in immigration enforcement without a JUDICIAL warrant.

An administrative warrant IS NOT a judicial warrant.

Authorities cannot inquire about immigration status.

You do not have to share any information. Refuse to answer.  
If you are detained ask to see a lawyer.

Your information cannot be stored or shared by state or local law enforcement to assist in detaining you or any individual for immigration purposes.

State or local law enforcement or public agencies must refuse and reject collaboration with federal authorities for immigration enforcement purposes, including setting up traffic stops or traffic perimeters.

**Report violations Sanctuary Promise Hotline**

**1-844-924-STAY or 1-844-6-AMPARO**

**SanctuaryPromise.Oregon.gov or**

**PromesaSantuario.Oregon.gov**



## Oregón es un estado santuario

Desde 1987, Oregón ha defendido la seguridad, la dignidad y los derechos humanos de todos los pueblos dentro de sus fronteras.

### CONOCE LA LEY

Es contra la ley de Oregón que las autoridades estatales y locales apliquen la ley, o agencias públicas, para participar directa o indirectamente en la aplicación de la ley de inmigración sin una orden JUDICIAL.

Una orden administrativa NO ES una orden judicial.

Las autoridades no pueden preguntar sobre el estatus migratorio.

No tienes que compartir ninguna información. Negarse a responder. Si está detenido, pida ver a un abogado.

Su información no puede ser almacenada ni compartida por las autoridades estatales o locales para ayudar a detenerlo a usted o a cualquier individuo con fines de inmigración.

Las autoridades estatales o locales o las agencias públicas deben negarse y rechazar la colaboración con las autoridades federales para fines de control de inmigración, incluido el establecimiento de paradas de tráfico o perímetros de tráfico.

**Report violations Sanctuary Promise Hotline**

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## IT FEELS GOOD TO BE A NEIGHBORHOOD LEADER IN TILLAMOOK COUNTY

Our [Neighborhood Leader Program](#) is all about building trust in our community, starting with getting to know our neighbors. Each Neighborhood Leader has a different style - some knock doors, some send postcards, some use social media, some make phone calls or send texts - but voters always recognize that these are personal,

genuine, human contacts, and they receive them gladly. It's never too late (or too early) to start. Trust-building is a long, slow, but always rewarding process, and we can help you.

[Will you join us?](#)

## **Below is a summary of recommended pro-democracy news sources from the national Indivisible organization:**

### **1. Independent Writers** *(on Substack)*

- **Heather Cox Richardson** (Letters from an American)
- **Jennifer Rubin and Norm Eisen** (The Contrarian)
- **Robert Hubbell** (Today's Edition Newsletter)
- **Jessica Craven** (Chop Wood, Carry Water)
- **Joyce Vance** (Civil Discourse)
- **Jamelle Bouie** (The New York Times, but also on TikTok)
- **Timothy Snyder** (Think About ...)
- **Marc Elias** (Democracy Docket)
- **Mehdi Hasan** (Zeteo)
- **Osita Nwanevu** (The New Republic)
- **Michael Podhorzer** (Weekend Reading)
- **Brian Beutler, Dan Pfeiffer** (The Message Box)

### **2. Podcasts & New Media**

- **Politics Girl**
- **The Bulwark Podcast**
- **MeidasTouch** / "Legal AF"
- **Pitchfork Economics**
- **Majority Report** with Sam Seder
- **Deep State Radio** (The DSR Network)

### 3. Traditional & Mainstream News Outlets

- MSNBC
- NPR
- BBC
- PBS
- The Guardian
- Mother Jones
- Rolling Stone
- The Atlantic
- ProPublica
- The American Prospect
- The New Republic
- Harper's

## **Tillamook County Dems *Committee Meeting Schedule***

All meetings below are held on Zoom in the TillCoDems website Main Room.  
*(Feel free to attend committee meetings even if you are not a committee member.)*

**Central Committee**  
*4th Thursday, 7pm*

**Communications**  
*1st Thursday, 6pm*

**Fundraising**  
*1st Tuesday, 4pm*

**Elections**  
*3rd Friday, 9am*

**Events**  
*3rd Wednesday, 11am*

**Executive**  
*2nd Thursday, 7pm*

**Governance**  
*As Needed*

**Hospitality**  
*As Needed*

**Infrastructure**  
*As Needed*

**Legislative**  
*2nd Sunday, 1pm*

**Membership**  
*2nd Monday, 8:30am*

**Neighborhood Leader Program**  
*1st Wednesday, 6pm*

See also TillCoDems' calendar on our website: [monthly calendar](#)

[Follow the TillCoDems on several digital venues.](#)



pixtastock.com - 47769440

TillCoDems Website: <https://tillcodems.org/>

TillCoDems Facebook Page: <https://www.facebook.com/tillamookcountydemocrats/>

TillCoDems Youtube Channel:

[https://www.youtube.com/channel/UCnsLbm36WAx0pY\\_WsQ8n5nA](https://www.youtube.com/channel/UCnsLbm36WAx0pY_WsQ8n5nA)



## **Hold Up the TillCoDems by Becoming a Pillar!!**



A very simple and effective way to help the TillCoDems is by becoming a “Pillar of the Party.” Pillars are donors who make a monetary contribution each month for at least three months in a row. It can be as little as \$5 per month, which for a year adds up to \$60! That’s a generous gift and would go a long way to supporting the TillCoDems important work, like helping elect Democrats and communicating Democratic values and accomplishments (advertising, printing, postage, technology, insurance, etc).

If it works for you to donate \$10 each month ... Wow! \$120 for the year! You can sign up for any monthly amount you are comfortable with on the TillCoDems website ([Tillamook County Democrats \(tillcodems.org\)](http://tillcodems.org)). At the top of the website homepage, click on the DONATE button in the upper right corner. Under “Make it monthly!,” click on “Yes, count me in!” and then follow the prompts. After three months, and with your permission, you’ll see your name listed on the “Our Supporters” page of the website under “Pillars of the Party” <https://tillcodems.org/supporters>. TillCoDems will be so grateful for your help!

You can also mail a donation check to the TillCoDems at PO Box 111, Tillamook, OR 97141. Thank you!

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