



Girls Track & Field

DuKane Girls Outdoor Conference Championships

Hosted by Wheaton Warrenville South High School
Thursday, May 4, 2023

- Teams** Batavia, Geneva, Glenbard North, Lake Park, St. Charles East, St. Charles North, Wheaton North, Wheaton Warrenville South
- Rules** All IHSA governing rules and DuKane Conference guidelines apply for these championships
- Spectators** We have always been very flexible with letting athletes, coaches, and even spectators on the infield. In recent years, it has become increasingly more difficult to control the infield/finish line area. We are asking for your help. All non-competing athletes should remain in the stands and managers should remain in the bleachers by the finish line.
- Ticket Prices: \$7.00 - Adults and Seniors; \$3.00 for students. Cash only and enter through the [main gate](#).
- Parking - Spectators are encouraged to park in the two parking lots located next to the stadium. The Center Avenue lot is just west of the stadium and the backlot is just south of the main entrance.
- Entries** **Due Date: Monday, May 1, 2023 at 12:00 PM**
- Schools are allowed two (2) entries per level in all individual events and one (1) relay entry at each level. Please make sure that no athlete is entered in more than four (4) events. After the completion of the seed meeting, all substitutions will require a principal's letter. The following links will direct you to the athletic.net website and online instructions.
- Online Entries – <http://www.athletic.net/>
[Online Entry Instructions](#)
- All field event seed marks will need to be in metric. [Here's a link to a conversion website.](#)***
- If you have any questions, please email or call Rob Harvey. It would be best to have a computer available when you call.
- Rob Harvey
robert.harvey@cusd200.org
Cell – 630-670-6383
- Live Results** <https://wwstiming.com/meets/19769>
- Final Results** A copy of the results will be given to each team at the conclusion of the meet. A full copy of the results will also be emailed to all head coaches and they will be posted on www.tigerxctf.org and www.athletic.net websites.
- Scratches** Scratches and documented replacements may be made at the tent located at the finish line between 3:30 and 4:00.
- Coaches Meeting** A short coaches meeting will take place at 4:00 at the finish line. One representative from each school must attend.

Wheaton Warrenville South High School

Tiger Girls Cross Country and Track & Field

1993 Tiger Trail

Wheaton, Illinois 60189

630-784-7200

www.tigerxctf.org | twitter - [@tigerxctf](#) | instagram - [@tigerxctf](#)



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Adult Workers

We are asking for one field event worker and we have assigned each school to one relay exchange zone. The relay exchange zone assignments are listed below.

Please fill out the [Google Form](#) with the worker's name and their first and second choices. We will make every attempt to place workers in one of their desired positions. Your worker should be knowledgeable of the assignment and should be able to officiate the event. They should report to their assignment no later than 4:00. If you do not provide an adult worker, your coaching staff will be assigned the responsibility. Worker assignments will be finalized at the coaches seed meeting on Monday, May 1st.

4 x 100 Meter Relay

- Exchange Zone #1 – Orange to Orange
St. Charles East and Glenbard North
- Exchange Zone #2 – Orange to Orange
Wheaton Warrenville South and Wheaton North
- Exchange Zone #3 – Orange to Orange
Geneva and Lake Park

4 x 200 Meter Relay

- Exchange Zone #1 and #3– Red to Red; Orange to Orange
Batavia and Geneva
- Exchange Zone #2 – Red to Red
Meet Referee and Starters

Officials

Meet Referee - Ken Helberg, Naperville (IHSA #24367)
Starter - Steve Johnson, Woodridge (IHSA #82616)
Starter - Mike Harland, Wheaton (IHSA #23599)

Scoring

Eight places will be scored (10-8-6-5-4-3-2-1).

Awards

Varsity - Medals will be awarded for the Top 6 places.
Junior - Ribbons will be awarded for the Top 6 places.

Bus Parking

All buses should drop athletes off and park either in the circle. WWS personnel will be directing all bus parking. Please see the [facility map](#) for details.

Restrooms

Restrooms are located in the back of the concession stand. Please see the [facility map](#) for details.

Blocks

Wheaton Warrenville South High School will provide starting blocks.

Relay/Runway Markers

Absolutely no tape may be used for relay or runway marks. Chalk will be provided.

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- Facilities** Our track was resurfaced in the Summer of 2023 and is an all weather nine-lane 400-meter track. No spikes longer than ¾" may be used. Shot Put and Discus platforms are concrete. Concessions and restrooms are available at the Northeast corner of the track. Please see the [facility map](#) for details.
- High Jump | Pole Vault** Starting heights will be determined at the coaches seed meeting
- Shot Put | Discus** Varsity & Junior Varsity: 3 Throws – 9 to Finals, 3 Throws)
- Long Jump | Triple Jump** Varsity & Junior Varsity: 3 jumps – 9 to Finals, 3 Jumps)
- Games Committee** The Games Committee shall consist of the Meet Manager and all Head Coaches.
- Team Camps** Please keep all team camps outside the fenced track area and out of the home stretch (East) bleachers.
- The only exception to this is the grass area to the North of the first curve. You may use this area, but please make sure your team is aware of their proximity to the track. Teams may use the West (Visitors) Bleachers and grass areas outside the fenced track. Please see the [facility map](#) for details.
- Questions** Rob Harvey
Head Girls and Boys Track & Field Coach
robert.harvey@cusd200.org
Cell – 630-670-6383

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