## Reservoir HS Outdoor Track & Field: Winter 2024/2025

**Coaches:** Head Coach – Philip Rogers

Head Coach – Bobby Gessler Assistant Coach – Mekhi Landon Assistant Coach – Tyrone Hickson (410) 888-8850

progers@hcpss.org gesslermd@aol.com

Website: <a href="https://xctf.rhsgators.com/track/">https://xctf.rhsgators.com/track/</a>

Day	Date(s)	Event	Location	Miscellaneous Info
Friday	November 15	First Day of Practice	Reservoir HS Bleachers	3:00pm - 5:00pm
Saturday	November 16	Saturday Practice	Reservoir HS	8:00am - 10:00am
Monday - Wednesday	Nov 18 - Nov 20	Team Practice	Reservoir HS	3:00pm - 5:00pm
Thursday	November 21	Required Parent/Athlete Meeting	Virtual Meeting 7:00 - 8:00pm	LINK: CLICK HERE
Thursday	November 21	Team Time Trials	Reservoir HS	Required to Attend
Monday	November 25	Team Time Trials, Day 2	Reservoir HS	For Those who wanted to re-run and/or run the 200m or 800m
Tuesday - Saturday	November 24th - November 30th		es will be expected to co <mark>mplete</mark> ne schedule of workouts for the	
Monday	December 2	Begin Normal Team Practice Schedule	Reservoir HS	3:0 <mark>0pm - 5:00pm</mark>
Friday	December 6	Howard County League Meet #1	PG Complex	Bus Provided Meet Starts: 3:45pm Bus Departs: 1:45pm Home: Approx 9:15pm
Friday	December 13	Mercersburg Season Opener	Mercersburg Academy (PA)	Bus Provided Meet Starts: 4:00pm Bus Departs: 12:15pm Home: Approx 10:30pm Bring your own food and drinks
Monday	December 16	Howard County League Meet #2	PG Complex	Bus Provided Meet Starts: 3:45pm Bus Departs: 1:45pm Home: Approx 9:15pm
Saturday	December 21	Howard County Winter Festival	PG Complex	Bus Provided, but recommend you self-transport Meet Starts: 9:30 AM Bus Departs: 7:50am Home: Approx 6:00pm
Winter Break	Dec 23 - Jan 1	During this week athlete Here is the	es will be expected to complete ne schedule of workouts for the	e workouts on their own. e athletes
Friday	December 27	IceBox Invitational If you can attend, you must indicate that by filling out this GOOGLE FORM	PG Complex	Bus Provided, but recommend you self-transport Meet Starts: 10:00 AM Bus Departs: 8:15am Home: Approx 5:00pm
Friday/Saturday	January 3 - January 4	Hispanic Games Track & Field Invitational	New York, New York	This is an Invitational Event. Approximately 40 athletes will be invited to attend. The approximate

				cost of the trip will be \$165	
Tuesday	January 7	Howard County League Meet #2	PG Complex	Bus Provided Meet Starts: 3:45pm Bus Departs: 1:45pm Home: Approx 9:15pm	
Saturday	January 11	Montgomery County Invitational	PG Sports and Learning Complex	Bus: 7:15am (1 Busses) Start Time: 9:00am Select Athletes will attend	
Thursday	January 16	Howard County Championships	PG Sports and Learning Complex	Bus Provided Meet Starts: 3:45pm Bus Departs: 1:45pm Home: Approx 8:45pm Select Athletes will attend	
Friday	January 17	Team Pictures	Reservoir HS	3:00pm	
Tuesday	February 4	3A South Regional Indoor Track & Field Championships	PG Sports and Learning Complex	Bus: 11:15am (1 BIG Bus) Start Time: 1:00pm Select Athletes will attend	
Wednesday	February 19	3A Indoor Track & Field State Championships	PG Sports and Learning Complex	Bus: 11:15am (1 Bus) Start Time: 1:00pm Select Athletes will attend	
SPECIAL NOTE:	We will have a team banquet, but the banquet will be a joint banquet with Indo <mark>or and Outdoor Track &amp; Field.</mark> The banquet will be held the week following Memorial Day.				