

BOOK RECOMMENDATIONS

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Please provide a book title, author and a short description of what it is about.

1. The Art of Coming Home - by Craig Storti

A valuable resource for expatriates returning home, the families returning home with them, their employers, and family or friends who want to understand and support their transition.

2. The Art of Crossing Cultures - by Craig Storti

This book has become a standard guide to the experience of living and working in another country. Whether you're in business or government, a foreign student or a foreign aid worker, *The Art of Crossing Cultures* describes what it's like to encounter another culture, to be thrown by it, and to make the adjustments necessary to succeed and feel at home in an overseas environment. In the book Craig Storti takes readers through the stages of cultural adjustment - from culture shock to successful adaptation - with numerous anecdotes from the world of business, diplomacy, and foreign aid.

3. The re-entry roadmap - by Cate Brubaker. PhD

Filled with fresh insights, thought-provoking activities, and actionable advice, the Re-entry Roadmap gives you the keys to greater insight, meaning, and ease in re-entry by helping you:

- (1) Process your complex emotions,
- (2) Navigate changing relationships,
- (3) Talk about your life abroad in a way that engages others,
- (4) Be the authentic, global person you've become...everywhere,
- (5) Create a future that's even better than your past! .

This lively, humorous, and engaging guide then shows you how to put what you've learned about yourself into a plan of action - your "Forward Launch" - for living a beautiful, meaningful, and satisfying global life that you love no matter where in the world you are.

4. The Art of Travel - by Alain de Botton.

In THE ART OF TRAVEL, Alain de Botton, takes us on a journey through the satisfactions and disappointments of travelling. Dealing - among other things - with airports, exotic carpets and hotel mini-bars, this humorous and thought-provoking book reveals the hidden motivations, expectations and complications of our voyages into the wide world.