

Ron Malcolm

High School

- Graduated from Blue Earth High School (Minnesota)
- State Wrestling Champion (1951)

College

- Wrestled at the University of Minnesota
- Lettered all four years
- Captain his senior year

Coaching

- Worthington High School wrestling coach (1956-58)
- Wrestling: thirty-three years (1959-77, 1979-92)
 - Eighteen Conference titles
 - Six District titles
 - Seventeen Region/Section titles
 - Three State Championship (1959, 1977, 1990)
 - Four State Runner-ups (1963, 1979, 1982, 1985)
 - Two State Consolation titles (1976, 1989)
 - Coached eighteen Individual State Champions
 - Coached four Olympic Wrestlers

Honors

- 1976 Coach of the Year
- 1981 Minnesota Wrestling Coaches Dave Bartelma Hall of Fame
- 1982 National Wrestling Coaches Association Award
- 1998 Minnesota High School Coaches Hall of Fame
- 2001 Minnesota State High School League All Activities Hall of Fame
- 2003 Minnesota Chapter of the National Wrestling Hall of Fame- Lifetime Service to Wrestling