

HVERFORD COLLEGE

Preparing for Your First Winter at Haverford

If you're coming from a warm climate, it will be important for you to ensure that you have clothes and shoes that will keep you comfortable and safe during the winter months. The coldest months are typically January - March where temperatures can go below freezing and we may get snow and ice. Stores usually start selling fall and winter clothing and items starting in September.

Tips for dressing for winter:

- Layers! Usually more fitted and lighter items worn closer to the body and then being able to add jackets/coats, etc to add additional protection from the cold.
- Protect your extremities - gloves, scarves, winter hats, warm socks will be important in keeping you comfortable
- Waterproof shoes - you'll be walking through snow and ice during the winter so you'll want to have waterproof boots/shoes to keep your feet warm and it's important that they have good traction as ice can get really slippery

I recommend that you watch this [video](#) on winter essentials for your first Northeast winter. [This is another great student post](#) from a student from MIT and explains layering.

[Uniqlo](#) has really affordable layering basics as well as items to keep you extra warm. You can also try [Target](#), [Walmart](#), [Kohls](#), [JCPenney](#), [Amazon](#), [the Gap](#), [Old Navy](#), [H&M](#), and [Macys](#) for winter clothing.

For those wanting to buy outdoor/waterproof/heavy duty winter gear, I recommend you check out:

- [North Face](#)
- [REI](#)
- [LLBean](#)
- [Lands End](#)
- [Columbia](#)
- [Timberland](#)
- [Sperry](#) (shoes only)
- [Merrell](#)
- [EMS](#)

Need financial help getting winter gear? Email Julian Jackson at jjackson2@haverford.edu as you may be able to get support via [LIFTFAR](#).

You can use the list below to give you a sense of what items you may need to consider buying (approximate # of items):

Winter Clothing Essentials

- Winter Coat (1)** - should be windproof and water resistant
- Skull Cap/Beanie/Knit Cap (2)**
- Scarf (2)** - knit and/or waterproof
- Gloves (2)** - knit and/or waterproof
- Leather/Waterproof Shoes/Boots (1)** - should have good tread for slick/iced surfaces
- Zip Up Hoodie/Button Down Sweater (3)** - warm enough for outside, light enough for inside
- Mid-Size Jacket (1-2)** - weatherproof and light enough for cool (not cold) weather
- Pants (3-4)** - khakis, jeans, polyester, leggings, sweatpants
- Light Sweater/Flannel Shirt/Long Sleeve Shirt (5-7)** - for wear as regular inside clothing
- Heavy Socks (1-2)**
- Slippers (1)**
- Above-the-ankle Socks (5-7)**
- Undershirts (5-7)** - should be light enough to keep you warm and fit under regular clothes