

Updated 10/12/2025

MISSOURI USATF 50 KM (31.0685 MILES) RECORDS

FEMALE OPEN (Sub 5:00:00)

3:34:42*	Ibbetson	Sara	40 Ozark MO	2021	Frisco
3:43:47	Smith	Sadie	44 Kirkwood MO	2023	Frisco
3:47:34	Smith	Sadie	45 Kirkwood MO	2024	Frisco
3:50:02	Nielsen	Christy	37 Omaha NE	2012	Northface
3:57:52	Melchior	Jacqueline	42 Olathe KS 2012		Northface
3:59:55	Mutz	Jenna	37 Joplin MO 2017		36 Hours
4:07:29	Melchior	Jacqueline	41 Olathe KS 2011		Northface
4:07:38	Drouant	Alicia35	StL MO 2012		Northface
4:09:13	Lowrance	Becky	55 Branson MO	2013	Frisco
4:10:42	Lowrance	Becky	54 Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53 Branson MO	2011	Frisco
4:15:23	Kazmaier	Emily	36 Liberty MO	2012	Northface
4:17:09	Imgarten	Christi	27 Columbia MO	2012	Northface
4:18:12a	Lowrance	Becky	52 Branson MO	2010	Frisco
4:19:03	Johnson	Kathleen	47 Lenexa KS 2003		LBT
4:21:00	Waterman	Sarah	24 Springfield MO	2019	Frisco
4:21:42	Muntz	Jenna	37 Joplin MO 2018		Sizzling6
4:24:56	Xiong	Marsha21	KC MO 2011		Northface
4:27:39	Brady	Katie	35 Kirkwood MO	2023	Frisco
4:27:42	Bergin-Childers	Sparkle	40 Ballwin MO	2012	Northface
4:28:13	Munsterman	Kim	31 KC MO	2011	Northface
4:29:34	Buchheit	Jenny	25 Springfield MO	2005	LBT
4:29:45	Dickson	Jennifer	32 Chillicothe MO	2018	36 Hours
4:31:28	Euler	Laurie29	Conifer CO 2011		LBT
4:31:40	Biber	Rachel28	Nashville TN 2008		LBT
4:32:06	Cameron	Tiffany	41 Smithville MO	2005	LBT
4:32:16	Kumlien	Ashley28	Brookfield WI 2012		Northface
4:34:45	Schupp	Barbara	45 Lee'sSummit MO 2001		LBT
4:35:09	McHaffie	Lisa	47 Springfield MO	2016	Frisco
4:36:27	Schwarz	Haley	32 Columbia MO	2012	Northface
4:36:31	Jackson	Jacqueline	39 LS MO	2007	LBT
4:36:46	Flory	Ariela31	Eastview KY 2017		36 Hours
4:36:49	Mellon	Erin	29 Hull IL 2012		Northface
4:37:12	Toliver	Amanda39	Ozark MO 2021		Frisco
4:37:31	Jackson	Jacqueline	38 LS MO		2006 LBT
4:38:27	Elliott	Michelle	42 Centerview MO	2012	Northface
4:38:32	McKinnis	Karen	55 Fair Grove MO	2018	Frisco
4:38:41	Crowder	Tricia42	KC MO 2012		Northface
4:41:05	Merritt	Jamie	34 Wentzville MO	2022	Frisco
4:42:43	Schweitzer	Isabelle	58 Ithaca NY 2012		Frisco
4:42:43	Hinkle	Jacqueline	37 OP KS 2012		Northface
4:43:08	Jennings	Wendy	46 PV KS		2012 Northface
4:43:09	French	Kelly	43 Medford OR 2012		Northface
4:44:36	Buckholz	Laura	27 NY	2011	Northface
4:45:53	Schlegel	Michele	51 Festus MO 2022		Frisco
4:46:12	McKinnis	Karen	53 Fair Grove MO	2016	Frisco
4:46:41	Iranda	Laura	24 StL MO 2012		Frisco
4:47:12	Zimmerman	Natalie	31 Quincy IL 2021		Frisco
4:47:15	Calcagnino	Denise50	Syracuse NY 2018		Frisco
4:47:20	Habermehl	Angela27	Warrensburg MO 2012		Northface
4:47:51	Frike	Carol	42 BlueSprings MO	2012	Northface
4:49:49	Pfeifer	Laura	51 Bella Vista AR	2025	Frisco
4:50:16	Giese	Sheri	39 Weston MO 2012		Northface
4:51:59	Acree	Heather	34 Independnce MO	2012	Northface
4:52:09	Martinez	Melissa	41 Crocker MO	2012	Northface
4:52:12	Haden	Abbie	31 Fair Play MO	2014	Frisco
4:52:14	Bethay	Kristine	40 KC MO 2011		Northface
4:53:27	Frey	Rona	24 Olathe KS 2012		Northface
4:54:51	Henderson	Judith47	Denver CO 2004		LBT

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4:55:11	Jackson	Jacque41	LS MO	2009	LBT
4:55:37	Glackin	Alisha30	Clayton MO	2011	Frisco
4:56:02	Mohrmann	Rae	54 St Louis MO	2002	LBT
4:56:11	Hixon	Tracy	47 Chicago IL	2011	Northface
4:56:57	Hunter	Ally	29 Springdale AR	2016	Frisco
4:56:57	Reinbold	Claire40	Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry44	BonnerSprngsKS	2011	Northface
4:57:55	Gardner	Alex	46 LS MO	2013	LBT
4:58:17	Bailey	Jennie34	Claremore OK	2014	Frisco
4:58:52	Stodgel	Kristine	55 Boonville MO	2023	Frisco
4:58:53	Ochoa	Miki	31 Leawood KS	1999	LBT
4:58:59	Tobaben	Melissa	35 Olathe KS	2012	Northface
4:59:04	Boyd	Kelli	27 Omaha NE	2005	LBT

FEMALE 13-15

8:13:10*	Haupt	Mackenzie	15 Hallsville MO	2021	Frisco
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FEMALE 35-39 (Sub 5:40:00)

3:50:02	Nielsen	Christy	37 Omaha NE	2012	Northface
3:59:55*	Mutz	Jenna	37 Joplin MO	2017	36 Hours
4:07:38	Drouant	Alicia35	StL MO	2012	Northface
4:15:23	Kazmaier	Emily	36 Liberty MO	2012	Northface
4:21:42	Muntz	Jenna	37 Joplin MO	2018	Sizzling6
4:27:39	Brady	Katie	35 Kirkwood MO	2023	Frisco
4:36:31	Jackson	Jacqueline	39 LS MO	2007	LBT
4:37:12	Toliver	Amanda39	Ozark MO	2021	Frisco
4:37:31	Jackson	Jacqueline	38 LS MO	2006	LBT
4:42:43	Hinkle	Jacqueline	37 OP KS	2012	Northface
4:50:16	Giese	Sheri	39 Weston MO	2012	Northface
4:58:59	Tobaben	Melissa	35 Olathe KS	2012	Northface
5:05:11	Livingston	Nancy	38 OP KS	2005	LBT
5:05:36	Frike	Carol	35 BlueSprings MO	2005	LBT
5:06:38	Scott	Tehra	36 Mitchell SD	2011	Northface
5:15:16	Pope	Michelle	38 Liberty MO	2012	Northface
5:19:31	Long	Jaclyn36	Mayetta KS	2018	36 Hours
5:19:54	Mayfield	Lia	38 Ft Smith AR	2012	Frisco
5:24:43	Harlow	Lynette	36 Lenexa KS	2012	Northface
5:26:40	Bland	Melissa	37 Aurora CO	2025	Frisco
5:27:26	Griffin	Amy	39 Hillsboro MO	2016	Frisco
5:31:07	Lara	Amy	39 PV KS	2012	Northface
5:31:42	Linderer	Melanie	36 Liberty MO	2012	Northface
5:32:16	Smith	Teresa39	Flemington MO	2013	Frisco
5:32:25	Stripling	Kelly	38 KC MO	2007	LBT
5:32:28	Barnes	Cristal	39 Lawrence KS	2011	Northface
5:35:17	Bogan	Heidi	38 Bad Axe MI	2012	Northface
5:38:23	Kwiatkowski	Betsy	36 Fishers IN	2021	Frisco
5:38:48	Stark	Joy	37 Corinth MS	2015	Frisco
5:43:08	Hudson	Sue	37 W Plains MO	2015	Frisco
5:48:15	Ayers	Marlene	36 KC KS	1980	AAU
5:48:25	Gregalunas	Tiffany38	Smithville MO	2002	LBT
5:56:47	Urban	Holly	36 Lenexa KS	2011	Northface
5:58:30	Valdez	Myra	37 Shawnee KS	2012	LBT

FEMALE 40-44 (Sub 5:50:00)

3:34:42*	Ibbetson	Sara	40 Ozark MO	2021	Frisco
3:43:47	Smith	Sadie	44 Kirkwood MO	2023	Frisco
3:57:52	Melchior	Jacqueline	42 Olathe KS	2012	Northface
4:07:29	Melchior	Jacqueline	41 Olathe KS	2011	Northface
4:27:42	Bergin-Childers	Sparkle	40 Ballwin MO	2012	Northface
4:38:27	Elliott	Michelle	42 Centerview MO	2012	Northface
4:38:41	Crowder	Tricia42	KC MO	2012	Northface
4:43:06	Cameron	Tiffany	41 Smithville MO	2005	LBT

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4:43:09	French	Kelly	43 Medford OR	2012	Northface
4:47:51	Frike	Carol	42 BlueSprings MO	2012	Northface
4:52:09	Martinez	Melissa	41 Crocker MO	2012	Northface
4:52:14	Bethay	Kristine	40 KC MO	2011	Northface
4:56:57	Reinbold	Claire	40 Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry	44 BonnerSprngsKS	2011	Northface
4:59:11	Jackson	Jacque	41 LS MO	2009	LBT
5:03:54	Payne	Daphne	44 Joplin MO	2024	HitRoad
5:13:38	Bell	Stephan	40 Columbia MO	2018	Frisco
5:17:04	Adair	April	40 Covington TN	2015	Frisco
5:17:32	Overmeyer	Jenn	41 Tulsa OK	2016	Frisco
5:17:57	Kuznicki	Courtney	42 GrandRapids MI	2024	Frisco
5:19:09	Wilms	Helen	41 OP KS	2006	LBT
5:22:21	Dorris	Jennifer	43 Batesville AR	2019	Frisco
5:25:07	Winters	Marnie	43 LS MO	2011	LBT
5:28:11	Stillwell	Christy	42 Mtn Grove MO	2013	Frisco
5:29:49	Jackson	Jacque	44 LS MO	2012	LBT
5:33:31	Gautreaux	Terry	43 BlueSprings MO	2012	Northface
5:35:15	Pittman	Lori	43 OP KS	2012	Northface
5:39:37	Dryden	Jackie	41 Hannibal MO	2018	Frisco
5:40:11	King	Christa	42 Nixa MO	2014	Frisco
5:40:15	Pendergraft	Steph	43 Gamaliel AR	2018	36 Hours
5:41:25a	Rowe	Wei	43 Omaha NE	2010	Frisco
5:41:58	Pendergraft	Steph	47 Gamaliel AR	2022	Frisco
5:42:23	Himmelberg	Kelly	44 KC MO	2023	Frisco
5:43:47	Roberts	Sherri	40 Springfield MO	2015	Frisco
5:45:00	Lueckert	Nan	43 Smithville MO	2007	LBT
5:45:24	Homburg	Tara	40 Rogersville MO	2012	Northface
5:47:02	Sebastian	Alissa	41 GrainValley MO	2011	LBT
5:48:06	Setness Hoefs	Tana	41 Grand Forks ND	2012	Northface
5:48:25	Hughes	Shela	42 KC MO	2002	LBT

FEMALE 45-49 (Sub 6:00:00)

3:47:34*	Smith	Sadie	45 Kirkwood MO	2024	Frisco
4:19:03	Johnson	Kathleen	47 Lenexa KS	2003	LBT
4:34:45	Schupp	Barbara	45 Lee'sSummit MO	2001	LBT
4:35:09	McHaffie	Lisa	47 Springfield MO	2016	Frisco
4:43:08	Jennings	Wendy	46 PV KS	2012	Northface
4:54:51	Henderson	Judith	47 Denver CO	2004	LBT
4:56:11	Hixon	Tracy	47 Chicago IL	2011	Northface
4:57:55	Gardner	Alex	46 BlueSprings MO	2013	LBT
5:03:43	Reed	Tiffany	47 Smithville MO	2011	Northface
5:10:33	Wilms	Helen	46 OP KS	2011	Northface
5:10:34	Schupp	Barbara	48 PV KS	2004	LBT
5:14:54	Sigman	Jill	48 Republic MO	2018	Frisco
5:17:18	Jannin	Chellie	45 Jackson MO	2018	Frisco
5:17:31	Galligan	Mary Alice	48 KC MO	2003	LBT
5:23:06	Kim	Jamie	48 Topeka KS	2012	Northface
5:23:35	Gautreaux	Terry	46 Lk Lotawana MO	2015	LBT
5:25:07	Keller	Stephanie	46 NA	2012	Frisco
5:25:59	Bauer	Sarah	48 StL MO	2022	Frisco
5:31:39	Cherepak	Lisa	46 LkTapawingo MO	2012	LBT
5:31:45	Stillwell	Christy	46 Mtn Grove MO	2016	Frisco
5:32:34	Cook	Theresa	47 Bentonville AR	2016	Frisco
5:33:01	Gonzales	Annette	47 Olathe KS	2012	Northface
5:35:53	Martinez	Melissa	47 Crocker MO	2018	Sizzling6
5:36:34	Kroll	Stephanie	49 PV KS	2012	Northface
5:40:40	Isaacs	Cheryl	47 NA	2012	Frisco
5:42:02	Pearsall	Rhonda	46 Memphis TN	2013	Frisco
5:48:11	Briscoe	Shannon	46 Archie MO	2017	36 Hours
5:48:25	Galagan	Mary Alice	47 KC MO	2002	LBT
5:49:15	Cook	Theresa	46 Bentonville AR	2015	Frisco

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5:52:18	Abel	Lauren	49 Burlington KY	2012	Northface
5:53:18	Briscoe	Shannon	47 Archie MO	2018	Sizzling6
5:55:22	Terflinger	Jennie	46 Olathe KS	2018	Sizzling6
5:56:27	Cook	Pat	48 Warrensburg MO	2000	LBT
5:57:16	Bauer	Sarah	49 StL MO	2023	Frisco
5:59:27	Phillips	Jana	48 Strafford MO	2012	Frisco

FEMALE 50-54 (Sub 6:30:00)

4:10:42*	Lowrance	Becky	54 Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53 Branson MO	2011	Frisco
4:18:12a	Lowrance	Becky	52 Branson MO	2010	Frisco
4:46:12	McKinnis	Karen	53 Fair Grove MO	2016	Frisco
4:45:53	Schlegel	Michele	51 Festus MO	2022	Frisco
4:47:15	Calcagnino	Denise	50 Syracuse NY	2018	Frisco
4:49:49	Pfeifer	Laura	51 Bella Vista AR	2025	Frisco
4:56:02	Mohrmann	Rae	54 StL MO	2002	LBT
5:04:39	Schupp	Barbara	52 PV KS	2009	LBT
5:06:21	Weaver	Tonya	51 FayettevilleAR	2018	Sizzling6
5:08:55	Wilkinson	Connie	53 Joplin MO	2018	36 Hours
5:10:28	Wilkinson	Connie	52 Joplin MO	2017	36 Hours
5:17:48	Richards	Mary Lynne	50 Hannibal MO	2012	Northface
5:23:32	Nagel	Sharon	50 Theodosia MO	2015	Frisco
5:34:59	Orth	Angie	50 Ozark MO	2014	Frisco
5:38:59	Ruhs	Bobbie	51 Blair NE	2012	Northface
5:39:24	Bietau	Lisa	50 Manhattan KS	2009	LBT
5:42:52	Johann	Sandy	54 NA	2012	LBT
5:53:20	Pelfrey	Leah	51 Black Mtn NC	2021	Frisco
6:00:15	Bolte	Cyndy	53 New Haven MO	2011	Frisco
6:00:35	Shawhan	Rebecca	53 Springfield MO	2017	36 Hours
6:04:04	Foster	Emm	52 Republic MO	2011	Frisco
6:06:00	Kreeb	Kathi	53 Grovespring MO	2013	Frisco
6:06:59	Schuman	Darlene	52 Belton MO	2012	Northface
6:07:17	Ammon	Carolyn	52 PV KS	2009	LBT
6:08:04	Sloan	Patty	51 Greenwood AR	2023	Frisco
6:10:32	Bellman	Laura	50 KC MO	2009	LBT
6:14:25	Reed	Tiffany	53 Smithville MO	2017	36 Hours
6:14:39	Ruhs	Bobbie	50 Blair NE	2011	LBT
6:15:01	Taylor	Teresa	53 Greenwood AR	2023	Frisco
6:16:47	Wright	Robin	51 KC MO	2012	Northface
6:17:48	Cummings	Lynette	52 Nixa MO	2019	Frisco
6:23:10	Phillips	Jana	52 Strafford MO	2016	Frisco
6:28:02	Garrison	Beth	53 Cordova TN	2024	Frisco
6:28:26	Geschwind	Caryl	53 Rochester MS	2018	36 Hours
6:29:17	Fox	Ruth	51 Manhattan KS	2008	LBT
6:29:41	Ruhs	Bobbie	50 Blair NE	2011	Northface

FEMALE 55-59 (Sub 7:00:00)

4:09:13*	Lowrance	Becky	55 Branson MO	2013	Frisco
4:38:32	McKinnis	Karen	55 Fair Grove MO	2018	Frisco
4:42:43	Schweitzer	Isabelle	58 Ithaca NY	2012	Frisco
4:58:52	Stodgel	Kristine	55 Boonville MO	2023	Frisco
5:38:25	Hanson	Beth	55 Brentwood MO	2021	Frisco
5:49:45	Ferguson	Chrissy	57 Maumelle AR	2018	Frisco
5:59:59a	Shafer	Jeniece	58 Fort Worth TX	2010	Frisco
6:02:23	Daniels	Daryl	57 IndependenceMO	2011	LBT
6:02:29	Bossert	Kristine	55 Ash Grove MO	2014	Frisco
6:10:09	Bossert	Kristine	56 Ash Grove MO	2015	Frisco
6:10:24	Rogers	Bridget	59 Nashville TN	2021	Frisco
6:11:36	Bossert	Kristine	59 Ash Grove MO	2018	Frisco
6:13:35	Bealmear	Kendra	55 KC MO	2012	Northface
6:21:48	Ferguson	Chrissy	58 Maumelle AR	2019	Frisco
6:23:08	Bossert	Kristine	57 Ash Grove MO	2016	Frisco

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6:24:46	Fields	Miki	57	Newburgh IN	2021	Frisco
6:45:45	Noble	Karen	55	Springfield MO	2016	Frisco
6:45:59	Houpt	Tricia	55	Benton AR	2024	Frisco
6:46:32	Troisi	Cathy	56	Seneca Falls NY	2002	LBT
6:46:32	Elliott	Glendoria	57	Florissant MO	2021	Frisco
6:47:43	Murphy	Julie	58	Long Lane MO	2022	Frisco
6:51:07	Brattin	Valerie	59	St Charles MO	2021	Frisco
6:51:12	Bealmear	Kendra	56	KC MO	2014	Frisco
6:53:27	Stoecklein	Beth	56	Spring Hill KS	2001	LBT
6:54:22	Geary	Lisa	55	Marshfield MO	2021	Frisco
6:58:31	Dather	Lori	57	Conway AR	2023	Frisco
6:58:45	Kandt	Rebecca	56	Paola KS	2024	HitRoad
6:58:46	Ziegler	Kathy	57	Manchester MO	2018	Frisco

FEMALE 60-64 (sub 8:00:00)

5:54:15*	Quesenberry	Diane	64	Brookline Stn MO	2023	Frisco
5:59:54	Luck	Gayann	61	Greenwood MO	2023	Frisco
6:22:56	Shaefer	Sharon	62	New Blmfield MO	2015	Frisco
6:24:52	Shafer	Jeniece	60	Ft Worth TX	2012	Frisco
6:26:12	Troutman	Verna	60	Blue Springs MO	2003	LBT
6:30:17	Wilson	Sheree	61	Webb City MO	2017	36 Hours
6:33:21	Ritz	Mary	63	Cody WY	2018	Frisco
6:51:43	Stewart	Debbie	61	Ozark MO	2011	Kickin66
6:53:54	Abrahams	Linda	61	Branford CT	2013	Frisco
6:58:03	King	Barry	61	Lincoln NE	2024	Frisco
7:06:22	Brister	Beverly	60	Benton AR	2024	Frisco
7:06:40	Smith	Debbie	64	Joplin MO	2021	Frisco
7:14:14	Nicholls	Sheri	60	Huntington AR	2021	Frisco
7:15:09	Miller	Irell	62	Springfield MO	2018	Frisco
7:38:35	Haynes	Deborah	62	Ashland MO	2021	Frisco
7:54:27	Smith	Chau	63	Oak Grove MO	2013	LBT

FEMALE 65-69

6:14:52*	Quesenberry	Diane	65	Brookline Stn MO	2024	Frisco
6:21:26	Pike	Brenda	65	Battlefield MO	2025	Frisco
6:22:38	Smith	Debbie	65	Joplin MO	2022	Frisco
6:32:06	Quesenberry	Diane	66	Brookline Stn MO	2025	Frisco
6:42:56	Henke	Sandy	65	Lk in Hills IL	2019	Frisco
7:04:27	Wilson	Sheree	65	Webb City MO	2022	Frisco
7:13:57	Wilson	Sheree	68	Webb City MO	2025	Frisco
7:17:34	Kramer	Kathryn	65	Germantown MO	2019	Frisco
8:44:57	Nepsted	Trudy	68	Westwd Hills KS	1999	LBT
9:07:57	Pickering	Molly	66	Bartlett TN	2023	Frisco
9:29:40	Nepsted	Trudy	69	Westwd Hills KS	2000	LBT

FEMALE 70-74

7:57:10*	Otte	Mary	73	KC MO	1998	LBT
8:01:34	Goslin	Carol	74	KC MO	2019	Frisco
10:20:50	Nepsted	Trudy	71	Westwd Hills KS	2002	LBT

FEMALE 75+

7:39:20*	Goslin	Carol	76	KC MO	2021	Frisco
8:58:58	Goslin	Carol	77	KC MO	2022	Frisco

MALE OPEN (Sub 4:00:00)

3:02:34	Wardian	Michael	37	Arlington VA	2011	Northface
3:15:13*	McDougal	Jordan	25	Warrenton MO	2012	Northface
3:17:35	Fussner	Michael	47	Kirkwood MO	2023	Frisco
3:18:15	Fry	Eric	44	LS MO	2023	Old 210
3:23:48	Lavin	Travis	34	Golden CO	2022	Frisco
3:24:14	Held	David	19	Republic MO	2024	Frisco
3:29:47	Murphy	Jonathan	28	Nixa MO	2024	Frisco

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3:33:15	Nott	Todd	35 Plattsmouth NE	1999	LBT
3:34:48	Fisher	Dann	47 Manhattan KS	2010	LBT
3:35:24	Marshall	Andrew	39 KC MO	2021	Frisco
3:37:01	Helfenstein	Alain	28 Switzerland	2012	Northface
3:37:19	Langfitt	Colin	32 Republic MO	2021	Frisco
3:38:24	Leiboult	Richard	54 Ozark MO	2011	Frisco
3:38:57	Stack	Nathan	26 Lincoln NE	2011	Northface
3:41:13	Ayers	Rich	36 KC KS	1980	AAU
3:42:26	Nunn	W Sean	37 Raytown MO	2005	LBT
3:42:56	Presar	David	36 KC MO	1998	LBT
3:44:11	Zimmerman	Kevin	34 Springfield MO	2019	Frisco
3:44:32	Kreibach	Henry	35 NA	1980	AAU
3:45:23	Voldman	Dmitri	46 Overland Pk KS	1999	LBT
3:45:31	Nott	Todd	42 Plattsmouth NE	2006	LBT
3:48:00	Buehler	Gregg	40 Olathe KS	2011	Northface
3:48:33	Plucinski	Mark	52 Joplin MO	2007	LBT
3:49:33	Rueckert	Jesse	32 St Cloud MN	2012	Northface
3:50:36	Foster	Stephen	52 Webb City MO	2022	Frisco
3:50:59	Sigle	Ben	31 Manhattan KS	2011	Northface
3:51:52	Trnavsky	Robert	26 KC MO	2012	Northface
3:52:00	Tourret	Jean-Marie	43 Overland Pk KS	1999	LBT
3:52:27	Didier	Hannon	37 FtLeavenwrthKS	2012	Northface
3:54:26	Hellhake	Timothy	47 Independnce MO	2012	Northface
3:55:31	Petty	Clinton	49 Willard MO	2016	Frisco
3:56:10	Hankins	Grover	39 NA	1980	AAU
3:57:40	Hola	Tim	38 Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37 Manhattan KS	2000	LBT

MALE 10-11

5:24:34*	Gaddis	Colton	10 Ash Grove MO	2024	HitRoad
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MALE 17-19

3:24:14*	Held	David	19 Republic MO	2024	Frisco
4:02:21	Barger	Derrick	19 Willard MO	2019	Frisco
4:19:50	Barlett	Payton	17 Lake Ozark MO	2017	36 Hours
4:46:20	Gardner	Nicholas	18 Columbia MO	2012	Northface
5:13:44	Quintana	Alvaro Pino	19 KC MO	2012	Northface
6:39:04	St Clair	Samuel	17 Glencoe MO	2012	Northface

MALE 35-39 (Sub 4:40:00)

3:02:34	Wardian	Michael	37 Arlington VA	2011	Northface
3:32:17*	Smith	Darin	37 Liberty MO	2022	Old 210
3:33:15	Nott	Todd	35 Plattsmouth NE	1999	LBT
3:35:24	Marshall	Andrew	39 KC MO	2021	Frisco
3:41:13	Ayers	Rich	36 KC KS	1980	AAU
3:42:26	Nunn	W Sean	37 Raytown MO	2005	LBT
3:42:56	Presar	David	36 KC MO	1998	LBT
3:44:01	Smith	Darin	36 Liberty MO	2021	Old 210
3:44:32	Kreibach	Henry	35 NA	1980	AAU
3:52:27	Didier	Hannon	37 FtLeavenwrthKS	2012	Northface
3:56:10	Hankins	Grover	39 NA	1980	AAU
3:57:40	Hola	Tim	38 Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37 Manhattan KS	2000	LBT
4:04:57	Moon	Kenn	39 OP KS	2012	Northface
4:09:50	Sicher	Nathan	37 Joplin MO	2018	Sizzling6
4:13:45	Kasal	Jeffrey	36 StL MO	2012	Frisco
4:15:00	White	Byron	39 NA	1980	AAU
4:17:33	Wright	Steven	38 Nixa MO	2019	Frisco
4:20:27	Crisman	Mark	38 Manhattan KS	2001	LBT
4:22:24	Fisher	Dann	39 Manhattan KS	2002	LBT
4:24:34	Allen	Bart	39 Lenexa KS	2012	Northface
4:26:28	Dickens	Aaron	37 Van Buren AR	2018	Frisco

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4:27:01	Weber	Josh	36 Westwood KS	2011	Northface
4:27:25	O'Neal	Creighton	35 Shawnee KS	2006	LBT
4:30:43	Crisman	Mark	38 Mulvane KS	2002	LBT
4:32:49	Lowder	Garrett	36 Marshfield MO	2024	Frisco
4:33:37	Amos	Kyle	36 Olathe KS	2011	LBT
4:36:00	Lind	Rick	35 Iola KS	1998	LBT
4:38:13	Scheer	Cory	36 Liberty MO	2012	Northface
4:38:29	Dayton	Frank	36 Manhattan KS	1999	LBT
4:38:55	Lazarus	Peter	37 LS MO	2006	LBT
4:39:42	Everhart	Dave	35 Shawnee KS	2012	Northface
4:39:43	Hay	Bryan	38 KC MO	2012	Northface

MALE 40-44 (Sub 5:00:00)

3:18:15*	Fry	Eric	44 LS MO	2023	Old 210
3:45:31	Nott	Todd	42 Plattsmouth NE	2006	LBT
3:48:00	Buehler	Gregg	40 Olathe KS	2011	Northface
3:52:00	Touret	Jean-Marie	43 Overland Pk KS	1999	LBT
4:01:02*	Myers	Randy	42 Lawson MO	2011	Northface
4:01:32	Nowacki	Michael	43 San Diego CA	1998	LBT
4:05:21	Mays	Jamie	42 Olathe KS	2011	Northface
4:08:41	Atwell	Ken	44 Overland Pk KS	1980	AAU
4:12:25	Maness	Paul	43 Springfield MO	2013	Frisco
4:14:29	Zacks	Jeff	43 U City MO	2014	Frisco
4:16:00	Crisman	Mark	42 Ft Meade MO	2006	LBT
4:16:22	Stafford	Dan	44 Apex NC	2019	Frisco
4:17:05	Maher	Ryan	40 Fenton MO	2022	Frisco
4:17:08	Scroggs	Doug	43 NA	1980	AAU
4:18:10	Benz	Dan	44 St Joseph MO	2014	LBT
4:19:04	Schneidewind	Darin	40 Lyndon KS	2009	LBT
4:20:46	Schoenlaub	Paul	44 St Joseph MO	2003	LBT
4:22:51	Witherspoon	Jerry	44 BlueSprings MO	1980	AAU
4:24:12	Middaugh	Chris	40 Lees Summit MO	2016	Frisco
4:26:09	Tripp	Eric	40 Mtn View MO	2021	Frisco
4:26:16	Shubert	Daniel	43 Springfield MO	2022	Frisco
4:30:23	Ampleman	Jim	41 Springfield MO	2012	Frisco
4:30:52	Jones	Chris	42 OP KS	2012	Northface
4:33:37	Miller	Doug	40 Olathe KS	2011	LBT
4:36:08	Cassidy	Bob	43 Leawood KS	2004	LBT
4:36:13	Reeves	James	44 Bentonville AR	2013	Frisco
4:36:27	Slight	Ryan	43 Springfield MO	2019	Frisco
4:36:49	Koeller	Kris	40 New Canton IL	2012	Northface
4:37:08	Hertell	Matthew	40 Manchester MO	2006	LBT
4:38:47a	Lopez	Robert	43 Seattle WA	2010	Frisco
4:39:16	Miller	Doug	41 Olathe KS	2012	LBT
4:41:14	Maness	Paul	44 Springfield MO	2014	LBT
4:41:54	Nosek	Benjamin	43 Milton MA	2018	36 Hours
4:43:27	Johnson	Stuart	44 Shawnee KS	2003	LBT
4:46:19	Roth	Don	41 PrairieVllg KS	1980	AAU
4:47:34	Slight	Ryan	42 Springfield MO	2018	Frisco
4:50:03	Wilde	David	44 CpGirardeau MO	2018	Frisco
4:54:49	Murphy	Dan	40 Smithville MO	2006	LBT
4:54:49	McGarvey	Ronald	40 Columbia MO	2015	Frisco
4:55:56	Moore	Wayne	44 Fenton MO	2012	Northface
4:56:50a	Flaspohler	Brian	42 StL MO	2010	Frisco
4:58:06	McKay	Matthew	40 Springfield MO	2023	Frisco
4:59:07	Mason	Troy	42 Omaha NE	2005	LBT

MALE 45-49 (Sub 5:30:00)

3:17:35*	Fussner	Michael	47 Kirkwood MO	2023	Frisco
3:34:48	Fisher	Dann	47 Manhattan KS	2010	LBT
3:45:23	Voldman	Dmitri	46 Overland Pk KS	1999	LBT
3:54:26	Hellhake	Timothy	47 Independnce MO	2012	Northface

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3:55:31	Petty	Clinton	49 Willard MO	2016	Frisco
4:02:34	McCreight	Scott	47 Leawood KS	2011	Northface
4:03:43	Scruggs	Sam	49 KC MO	2012	Northface
4:11:56	Highfill	Bob	49 NA	1980	AAU
4:14:26	House	James	49 Jackson MS	2016	Frisco
4:16:31	Petty	Clinton	48 Willard MO	2015	Frisco
4:27:09	Schmitt	Craig	48 Smithville MO	2012	Northface
4:27:16	Bach	Norm	45 MarshalltownIA	2012	Northface
4:28:20	Hughes	Kendall	49 Smithville MO	2011	Northface
4:29:01	Brand	Elliot	48 Leawood KS	2021	Old 210
4:32:28	Talon	Brian	46 Southington CT	2018	36 Hours
4:39:09	Henry	David	48 Omaha NE	2009	LBT
4:39:12	Wilbers	Chris	49 Springfield MO	2015	Frisco
4:40:27	Nguyen	Brett	45 Ft Smith AR	2014	Frisco
4:42:41	Turcotte	Alain	47 St Antonin CAN	2015	Frisco
4:43:00	Lewis	Jeff	48 Olathe KS	2012	Northface
4:43:37	Lundgren	Mike	48 Fairway KS	1999	LBT
4:43:42	Crane	Freddy	45 Desoto MO	2018	Frisco
4:45:41	Kircher	Eli	46 Billings MO	2018	Frisco
4:46:42	Foes	Jeffrey	46 Alton MO	2012	Frisco
4:47:13	Bader	Daniel	49 StL MO	2022	Frisco
4:48:22	Elliott	Tim	48 Spring Hill KS	2012	Northface
4:50:57	Barbee	Mark	49 Boston MA	2011	Northface
4:53:27	Woody	Jeff	47 Knoxville TN	2011	Northface
4:55:04	Lundgren	Mike	47 Fairway KS	1998	LBT
4:55:05	Mason	Troy	45 Omaha NE	2007	LBT
4:55:27	Mason	Troy	46 Omaha NE	2008	LBT
4:55:40	Mason	Troy	47 Omaha NE	2009	LBT
4:55:58	Wolf	Houston	49 Cordova TN	2013	Frisco
4:56:14	Wehling	Jeff	48 Springfield MO	2013	Frisco
4:56:22	Chappell	Ken	46 Lebanon MO	2014	Frisco
4:59:10	Prochelo	Gary	47 Leawood KS	2011	Northface
5:02:52	Clouse	Darrin	47 Battlefield MO	2018	Frisco
5:04:22	Ewers	Ken	46 Jeff City MO	2018	Frisco
5:05:47	Shives	Greg	49 OP KS	2012	Northface
5:05:49	McCreight	Scott	48 OP KS	2012	Northface
5:05:54	Klippenstein	Brian	48 Platte City NE	2011	LBT
5:09:47	Sammur	Wael	49 Raymore MO	2011	Northface
5:10:05	Allen	William	48 Lawrence KS	2024	Frisco
5:10:30	Bracker	Kevin	46 Carl Junction MO	2015	Frisco
5:11:05	Mauro	Albert	45 KC MO	2012	Northface
5:11:16	Klippenstein	Brian	49 Platte City MO	2012	Northface
5:16:03	Fetter	Jimmy	46 Perkins OK	2018	Sizzling6
5:19:44	Hawks	Jay	47 Parsons KS	2017	36 Hours
5:21:59	Harris	James	48 Grain Valley MO	2011	Northface
5:23:39	Holmes	Ben	45 Lenexa KS	2002	LBT
5:26:23	Hawks	Jay	46 Parsons KS	2016	Frisco
5:26:43	Cochran	Brian	45 Fayetteville AR	2016	Frisco
5:28:27	Harris	James	48 Grain Valley MO	2011	LBT

MALE 50-54 (Sub 5:50:00)

3:38:24*	Leiboult	Richard	54 Ozark MO	2011	Frisco
3:48:33	Plucinski	Mark	52 Joplin MO	2007	LBT
4:02:44	Seymour	Jim	50 Ladue MO	2021	Frisco
4:20:27	Young	Steve	51 Jeff City MO	1998	LBT
4:22:35	Iversen	Mark	53 Mankato MN	2012	Northface
4:22:53	Weeks	John	51 Burnsville MN	2014	Frisco
4:26:26	Enearl	Brian	53 Mt Pleasant IA	2018	Frisco
4:27:45	Foes	Jeff	50 Alton MO	2016	Frisco
4:29:21	Boyd	Robert	53 NA	1980	AAU
4:34:19	Sammur	Wael	50 Raymore MO	2012	Northface
4:40:48	Schuman	Greg	54 Belton MO	2012	Northface

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4:45:22	Stout	Nathan	51	OP KS	2012	Northface
4:56:25	Jones	Steve	50	LS MO	2013	LBT
4:52:50	Munson	John	54	OP KS	2011	Northface
5:01:12	Hanson	Scott	50	LakeQuivira KS	2010	LBT
5:02:00	Mason	Troy	50	Omaha NE	2010	LBT
5:02:17	Vilardo	Jonathan	50	BartlesvilleOK	2024	Frisco
5:02:30	Woelk	Linley	50	Marion IA	2006	LBT
5:07:22	Juskiewicz	Nicholas	51	Albuquerque NM	2012	Northface
5:09:21	Dobratz	Jeff	50	Hutchinson KS	2012	Northface
5:10:30	Schupp	Mike	53	PV KS	2004	LBT
5:10:36	Stumpff	Jim	54	OP KS	2012	Northface
5:12:24	Wendel	Jonathan	51	Ames IA	2006	LBT
5:13:59	Woolsey	Bill	54	KC MO	2006	LBT
5:16:23	Hurst	Craig	52	Raymore MO	2015	Frisco
5:17:32	Gray	Rodney	51	Springfield MO	2014	Frisco
5:18:23	Wehling	Jeff	54	Springfield MO	2018	36 Hours
5:19:52a	Sartwell	Joel	50	Columbia MO	2010	Frisco
5:20:08	Bracker	Kevin	50	Joplin MO	2019	Frisco
5:22:13	Sheldon	Jim	50	BonnerSprngsKS	2011	Northface
5:25:58	Chappell	Ken	51	Lebanon MO	2019	Frisco
5:27:15	McGuire	Dave	51	KS	2005	LBT
5:28:05	Embretson	Scott	53	Republic MO	2013	Frisco
5:28:27	Schupp	Mike	54	PV KS	2005	LBT
5:29:26	White	Brian	52	Willard MO	2024	Frisco
5:34:29	Eden	Robert	52	Clever MO	2025	Frisco
5:35:57	Sullivan	Jim	54	Orlando FL	2006	LBT
5:36:35	Vernon	Larry	53	Springfield MO	2017	36 Hours
5:36:47	Streubel	Jason	50	Springfield MO	2024	Frisco
5:38:18	Stewart	James	52	St Robert MO	2025	Frisco
5:40:57	Newman	David	52	Bentonville AR	2013	Frisco
5:41:39	Fleming	Bruce	52	Milwaukie OR	2019	Frisco
5:43:50	Maness	Paul	53	Branson MO	2023	Frisco
5:47:37	Carter	Gary	53	Parsons KS	2017	36 Hours
5:49:23	Richey	Glenn	54	St Joseph MO	2007	LBT

MALE 55-59 (Sub 6:10:00)

4:04:57	Munson	John	56	Olathe KS	2012	Northface
4:23:33*	Stubblefield	Lee	58	Cassville MO	2014	Frisco
4:23:44	Stubblefield	Lee	55	Cassville MO	2011	Kickin66
4:25:32	French	Harrison	56	Rogers AR	2016	Frisco
4:31:08	Baxter	Mike	56	Springfield MO	2011	LBT
4:36:28	Giles	David	59	Aurora MO	2015	Frisco
4:51:39	Ellis	Randy	59	Sapulpa OK	2011	Frisco
4:52:22	Beach	Ken	58	Raytown MO	2010	LBT
4:56:05	Fattman	Ken	56	OverlandParkKS	2011	LBT
4:57:33	Flott	Lance	55	OldSaybrook CT	2013	Frisco
5:02:01a	Richey	Glenn	57	Liberty MO	2010	Frisco
5:06:32	Schupp	Mike	58	PV KS	2009	LBT
5:07:32	Beach	Ken	59	Raytown MO	2011	Northface
5:07:47	Stubblefield	Lee	59	Cassville MO	2015	Frisco
5:08:11	Lehmer	Jim	57	Jeff City MO	2018	Frisco
5:10:59	Hogan	Dick	57	Des Moines IA	2003	LBT
5:18:39	Rogers	Jeff	55	Canyon MO	2015	Frisco
5:18:42	Beach	Ken	59	Raytown MO	2011	LBT
5:18:47	Hoehn	Kurt	55	Nokonis IL	2021	Frisco
5:25:35	Detore	Tom	58	Lenexa KS	2006	LBT
5:27:16	Aleman	Stephen	59	Springfield MO	2013	Frisco
5:28:40	Detore	Tom	59	Lenexa KS	2007	LBT
5:30:40	Lintvedt	Curtis	57	Exeter NH	2004	LBT
5:34:50	McNichols	James	56	Dyersburg TN	2021	Frisco
5:36:19	Horning	Steve	59	Independnce MO	2012	Northface
5:38:07	Steffen	Ernst	58	KC MO	2011	LBT

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5:38:18	Bell	Dave	56 Highlands R CO	2018	36 Hours
5:40:03	Richey	Glenn	58 St Joseph MO	2011	Northface
5:47:55	Hogan	Dick	56 Des Moines IA	2002	LBT
5:49:36	Hogan	Dick	55 Des Moines IA	2001	LBT
5:50:55	Johnson	David	58 Odessa TX	2012	Frisco
5:51:16	Griffiths	Nile	58 StL MO	2012	Northface
5:59:50	Russell	Dean	55 Parkville MO	2011	LBT
6:09:52	Hickam	Terry	55 BlueSprings MO	2000	LBT

MALE 60-64 (Sub 6:50:00)

4:07:57*	Coeme	Henri	63 Neosho MO	2016	Frisco
4:25:33	Gilbert	Bruce	63 Lenexa KS	2012	Northface
4:36:34	Beach	Ken	60 KC MO	2013	Frisco
4:37:44	Gilbert	Bruce	61 Lenexa KS	2011	Northface
4:40:32	Blazi	Tom	63 Washburn MO	2025	Frisco
4:52:04	Beach	Ken	60 KC MO	2012	Northface
4:54:03	Keating	Rick	61 Bridgeton MO	2018	Frisco
5:16:10	Detore	Tom	63 Lenexa KS	2011	LBT
5:16:59	Woods	Bob	60 Baldwin KS	2011	Northface
5:17:42	Dewar	Bob	60 Springfield MO	2005	LBT
5:32:48a	Dewar	Bob	64 Springfield MO	2010	Frisco
5:36:35	McDermott	Jim	64 Camdenton MO	2018	Frisco
5:38:01	Hughes	Steve	63 Little Rock AR	2012	Frisco
5:39:45	Bukas	Randy	60 Flora IL	2016	Frisco
5:50:54	Risser	Robert	64 Cameron MO	2004	LBT
5:51:03	Harden	Jodie	60 Germantown TN	2014	Frisco
5:56:10	Meinking	Dennis	63 KC MO	2011	Northface
5:57:26	Cheffins	Tom	63 Shirley AR	2018	Frisco
6:00:20	Risser	Robert	63 Cameron MO	2003	LBT
6:06:26	Ravi	Nathan	61 Chesterfield MO	2013	Frisco
6:07:35	Munson	Steve	61 Grangeville ID	2015	Frisco
6:11:51	Harden	Jodie	62 Germantown TN	2016	Frisco
6:14:02	Taylor	Edward	63 Pineville LA	2013	Frisco
6:14:21	Harrison	Keith	62 Rogersville MO	2018	36 Hours
6:17:05	Simpson	James	63 HuntngtnBch CA	2005	LBT
6:18:48	Martin	Brad	62 Branford CT	2013	Frisco
6:27:19	McCarthy	Denis	61 StL MO	2021	Frisco
6:28:10	Detore	Tom	62 Lenexa KS	2010	LBT
6:28:19	Grigg	Duane	60 Gainesville MO	2011	Kickin66
6:28:46	Moore	Arthur	62 Strongsville OH	1999	LBT
6:30:44	Grigg	Duane	64 Gainesville MO	2015	Frisco
6:36:25	Harrison	Keith	61 Rogersville MO	2017	36 Hours
6:41:02	Woods	Bob	63 Baldwin KS	2014	Frisco
6:42:38	Morgan	Paul	61 AltamonteSprFL	2002	LBT
6:47:09	Detore	Tom	61 Lenexa KS	2009	LBT
6:47:35	Grigg	Duane	60 Gainesville MO	2011	Frisco

MALE 65-69 (Sub 7:00:00)

4:10:29*	Coeme	Henri	68 Neosho MO	2021	Frisco
4:12:26	Coeme	Henri	69 Neosho MO	2022	Frisco
4:51:25	Coeme	Henri	65 Neosho MO	2018	36 Hours
5:21:34	Giles	David	67 Aurora MO	2023	Frisco
5:27:56	Giles	David	66 Aurora MO	2022	Frisco
5:36:32	Dewar	Bob	65 Springfield MO	2011	Northface
5:41:58	Wollard	Allyn	66 Nixa MO	2017	36 Hours
5:54:14	Quesenberry	Tom	65 BrooklineStnMO	2023	Frisco
5:58:42	Wollard	Allyn	67 Nixa MO	2018	36 Hours
6:00:54	Jolley	Dan	66 Springfield MO	2013	Frisco
6:09:52	Stauffer	Harry	66 Independnce MO	2000	LBT
6:14:53	Quesenberry	Tom	66 BrooklineStnMO	2024	Frisco
6:26:04	Dewar	Bob	69 Springfield MO	2015	Frisco
6:32:11	Quesenberry	Tom	67 BrooklineStnMO	2025	Frisco

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6:35:23	Dewar	Bob	66 Springfield MO	2012	Frisco
6:45:41	Hill	Randall	68 FairviewHts IL	2012	Frisco
6:45:45	Dewar	Bob	67 Springfield MO	2013	Frisco

MALE 70-74 (Sub 8:40:00)

4:38:04*	Coeme	Henri	70 Neosho MO	2023	Frisco
4:51:22	Coeme	Henri	71 Neosho MO	2024	HitRoad
6:14:55	Nino de Rivera Lajous,	Carlos	70 Lincoln NE	2015	Frisco
6:42:30	Grigg	Duane	70 Gainesville MO	2021	Frisco
6:48:58	Zirbel	Glen	71 Ankeny IA	2001	LBT
6:52:10	Kolander	Robert	70 Troy MO	2022	Frisco
6:52:52	Nino de Rivera Lajous,	Carlos	71 Lincoln NE	2016	Frisco
6:53:07	Grigg	Duane	71 Gainesville MO	2022	Frisco
7:27:02	Dewar	Bob	70 Springfield MO	2016	Frisco
7:30:24	Grigg	Duane	74 Gainesville MO	2025	Frisco
7:34:39	Dewar	Bob	73 Springfield MO	2019	Frisco
7:36:22	Ingalls	Frank	73 WichitaFallsTX	2018	Sizzling6
7:45:12	Grigg	Duane	73 Gainesville MO	2024	Frisco
7:45:35	Dewar	Bob	72 Springfield MO	2018	Frisco
7:53:16	Nino de Rivera Lajous,	Carlos	74 Lincoln NE	2019	Frisco
8:20:58	Hodges	Sherman	74 Glenview IL	2009	LBT
8:23:46	Nino de Rivera Lajous,	Carlos	73 Lincoln NE	2018	Frisco
8:33:26	Bruckert	Eugene	72 ArlingtnHts IL	2007	LBT

MALE 75+

8:16:44*	Dewar	Robert	76 Springfield MO	2022	Frisco
8:41:08	Dewar	Robert	77 Springfield MO	2023	Frisco

36 Hours	36 Hours of Jack-Carthage
AAU	MO Valley AAU 50km-Blue Springs
Kickin66	Kickin' Route 66-Lebanon to Springfield (headwind 2011)
LBT	Little Blue Trace Blue Springs 50 Km Trail Run
FriscoFrisco	Highline Springfield 50 km
	(aided course in 2010 only)

Old 210	Old 210 Classic-Liberty
Northface	Northface Endurance Challenge-KC
Sizzling6	Sizzling Six Shooter-Carthage
HitRoad	Hit the Road,Jack-Carthage