



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: [Health, Safety and Liability Guidelines](#) & [TD Manual](#)

Nearest Hospital

Name: Rex Holly Springs Hospital

Address: 850 S Main St, Holly Springs, NC 27540

Phone Number: (984) 960-1800

Map Link: [📍 Rex Holly Springs Hospital](#)

Medical Services provided at tournament

Athletic Trainers on site.

Where will the medical staff be at the event

Trainers will be located at tournament HQ.

How can teams contact the medical staff (phone, radio)

Trainer's contact numbers will be shared with teams on the day of the event.



How will event staff communicate weather, emergency & schedule changes to teams

Any changes to schedule will be communicated via text and email.

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 100 F (see [NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.