

20 Meal Theme Ideas

1. Meatless Monday – Go meatless for a meal and try something new!
2. Taco Tuesday – My favorite day of the week!
3. Stir Fry Friday – Stir Fry is healthy, easy and you don't have to just enjoy on Friday!
4. You're On Your Own – This might be my favorite. Let' the kids (or your spouse) figure it out. You are literally on your own.
5. Pantry Picnic – Shop your own pantry and have a picnic!
6. Freezer Fun – Go through the freezer and see what is about to expire or dig deep and use something from the very back of the freezer!
7. Tropical Island – Wish you were on the beach somewhere? Me too. Even if you can't have your toes in the sand, a tropical menu will brighten any menu!
8. Soup + Sandwich – Use those canned soups and make a sandwich for the perfect pair.
9. Pasta Night – Any pasta of your choice!
10. Pizza Night – Always fun to make your own but frozen is just as yummy!
11. Breakfast for Dinner – Enjoy your favorite breakfast foods
12. Burger Bar – Grill some burgers and set out all the toppings!
13. Fish Friday – Bake or Grill your favorite fish! Fridays are great but any night will do!
14. Book Club – Do you ever read a book and notice it has lots of fun food? Pick your favorite book, start looking for those unique foods and then make them to enjoy!
15. Copy Cat – What is your favorite meal at your favorite restaurant? Try and replicate it!
16. Happy Hour – No, not *that* kind of happy hour. This one is all about appetizers! Pick all of your favorites and serve them as the main meal.
17. Mediterranean Monday – Research your favorite Mediterranean dish and enjoy!
18. Side Dish Saturday – Sometimes the best part of the meal is the side dish! For this fun theme night, only serve side dishes!
19. Kid's Choice – Let's the kids pick tonight. Anything they choose! Even if it's brownies! Ok, especially if it's brownies!
20. Take Out Night – I know how hard cooking meals night after night can be. Give yourself a break and just get some take out.