

Changeology Fall 2017 Week 6 10/15/17

Getting to Know You

- 1.) Tell a story of a time when you saw someone trying to help or you tried to help but it went wrong in a comical way.
- 2.) What keeps you from helping people?
- 3.) What do you do in your life that is a good example of how you help and love others? What do you do that shows you struggle to help and love others?
- 4.) Looking back at your notes from this week's teaching, was there anything you heard for the first time or that caught your attention, challenged you, or confused you?

Into the Bible

- 5.) Read 1 John 4:7-21. This passage talks a lot about love--why we love, who loved us first, and much more. What stands out to you?
- 6.) Read John 13:34-35. What do you think it would look like in a tangible, daily life sort-of-way to love one another like Christ calls us to love in this passage?
- 7.) Read 1 Corinthians 13. This is known as the love chapter in the Bible and essentially shows us how to love. Of the many ways listed, in which do you feel you do a good job and in which do you struggle?

Application

- 8.) Which do you think is more important and influential in your self-change process: (1) focusing on your issues and working on your own needs or (2) focusing on others and helping and serving them? Why? How has that been displayed in your past, and what does that mean for you moving forward?
- 9.) How has your faith journey and personal circumstances uniquely prepared you to help others? How can you put that into action? Who do you feel called to help?
- 10.) Is there anything from the previous weeks that you would like to discuss further or update the group on? Share with your group any progress or positive steps you have taken so they can celebrate with you. Also, share any other praise or prayer requests with your group.