

Create a clean environment

1. Review hygiene and sterile field. Confirm that you understand how to uphold surgical hand hygiene and donning sterile gloves. (3pts)

I understand how to uphold surgical hand hygiene and donning sterile gloves.

2. Identify at least 5 requirements to maintain a sterile field. (5pts)

Do not expose sterile field until ready to begin procedure

Keep sterile field visible

Only place sterile items in sterile field

Only touch sterile items

Do not reach out of the sterile field

3. Imagining that we are preparing an in-home environment to repair the laceration. Describe/outline step by step instructions OR create a short video recording demonstrating setting up and maintaining a suturing sterile field. Which material you plan to use as your sterile field for the instruments AND for under the client's buttocks. And how to transfer suturing instruments and accessory equipment without contaminating the space.

Wash hands thoroughly using Hibiclens for 2 minutes.

Check sterile packaging for expiration, moisture, and unsealed or torn package

Put client on clean flat surface covered in clean chux

Gather all supplies and place near location for procedure, including light

Open outer packaging of sterile gloves to use as sterile field

Open sterile instruments and suture package and drop on field, draw up lidocaine and drop on field, squeeze sterile lube in 1 corner

Don sterile gloves and proceed with procedure