

Kia ora koutou

At last week's sensemaking retrospective we (Caroline, Clare, Hannah, Peter, Nigel) agreed to continue to meet fortnightly. The key improvement would be to run sessions at the same venue and time, to increase stability. Caroline and Peter are keen to facilitate in the next round.

A few of the needs people felt these sessions were meeting for them are connection, belonging, solidarity, support (giving and receiving), friendship, feeling heard/acknowledged, community, and learning.

The sessions are helping us to feel more grounded and less isolated in our day-to-day work, and we're supporting each other to build our 'inner and other' skills.

A reflection from Clare on shifting from trying to push or force change to finding and supporting aligned emergence resonated strongly with the group. We had been discussing a range of directions we could go, before agreeing that 'stabilising our core' was most important right now. This means decisions and improvements to increase stability and keeping the group small.

The importance of retrospectives for our adventure was also noted. Retrospectives will give us ownership/agency over our shared direction, and enable transformation if needed. However, running a retrospective in place of a session does mean we miss a sensemaking opportunity.

Actions needed to set up the next round:

Opt-in: Please let me know if you are keen to commit to the next round. Five to seven people is a good number, both for group practice and logistics. If space opens up we could invite other people with agreement from the wider group. I think we do need to take time to meet up outside of the fortnightly sessions. The more effort we make to get to know each other, the more we will be able to trust each other, and the more we'll be able to learn together.

Venue: Please let me know if you are able to book the next two to four sessions.

Time: Let's standardise to fortnightly at 12pm. We could have some flexibility - prioritise our sensemaking sessions in your diary, but if you know in advance that 12 won't work, you could check with the group and host to see if we can shift.

Changes & suggestions: I'm writing this a couple of days after our meeting so will be far from perfect. Please let me know if I've got anything wrong or missed anything.

Nga mihi nui, I'm loving this adventure and really looking forward to the next chapter.