

CPR Graduation Requirement



The Healthy Kids Act requires that all students participate in a CPR training program that could lead to CPR certification. (However, achieving certification status is not required of the students.) **Online training will not fulfill the requirement.** It will be the parents' responsibility to see that this requirement is completed. CPR Training will be offered in most Physical Education courses as well as in Health and Nutrition classes. Additional classes outside the school day will be offered periodically throughout the year. Other options for CPR training are listed below. The training can be fulfilled before the student is enrolled at DCHS. Completion verification should be submitted to [Mrs. Kelly](#) in Student Services.

DOWLING CATHOLIC CPR COURSES

All Juniors and Seniors enrolled in a PE/Health/Nutrition class in the fall or spring will be trained (not certified) through their PE class. They do not need to sign up for a separate CPR course.

DCHS CPR certification courses will be held after school from **3:30 to approximately 5:30 in room 500** on the following dates:

- Dates - **TBA**
- Students can sign up and [pay \(\\$40\) online](#) for one of the classes. There must be a minimum of 5 students to hold a class and the maximum is 10 students per class.
- Students who have taken the class at DCHS and need to retrieve their certification card, should go to: <http://heart.org/cpr/mycards>

OTHER OUTSIDE RESOURCES

American Red Cross

Course: Adult CPR & AED | Contact: 1-800-Red-Cross | www.redcross.org/local/iowa/training

Maria Calhoun RN, BSN

Course: CPR/First Aid training | Contact: 515-314-9561 OR classes@cpr4uia.com | \$43 | At St. Theresa Catholic Church

- Classes can be scheduled on an individual or group basis depending on instructor availability. **Please call/email to inquire.**

Mercy College Training Center

Course: Heartsaver CPR & AED | Contact: 515-643-3180 |

<http://www.mchs.edu/Academics/Continuing-Education-and-CPR/CPR-and-First-Aid>