

Carlmont High School

A California Distinguished High School

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PE Absences and Medical Excuses

Absences:

PE is a State mandated course.

Students earn credit in PE by meeting the course standards.

If a student is absent, they are missing the opportunity to meet the standards.

- Students who have EXCUSED absences will have options to recover any material lost due to their absence.
- If a student is unable to participate in PE, the parents or guardians must email the individual teacher on the day the student is excused, with their phone number included. This excused communication is considered valid for three days.
- If the student cannot participate in PE beyond that three day time limit, the student must provide a PE Medical excuse. This must come from a medical doctor, and must include the dates that impact the student's ability to participate in PE.

PE Medical Excuse:

If the PE medical excuse is of extensive time, the student may not be eligible for credit for PE; they are, however, "exempt" from that quarter of PE if they are on medical for more than 15 days, as specified in the Medical Excuse. They will not have to make up the PE Course. They can be placed as a clerk to receive 1.25 "elective" credits for the quarter.

It should be noted that a PE Medical excuse does not replace the credits required by the SUHSD for graduation. Students must still earn 220 credits, but students do not have to have specific PE credits for the quarters from which they were excused. They may fill those credits with other courses.

Sequoia Union High School District